# South Carolina School Bus Driver Training Handbook and Workbook 



# Issued by the <br> South Carolina Department of Education 

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State Superintendent of Education

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## Foreword

Dear Prospective School Bus Driver:
Our vision is that all students graduate prepared for success in college, careers, and citizenship. A safe and efficient school transportation system is critical to realizing this vision. School bus drivers play a vital role ensuring that students have access to educational resources that prepare them for the future.

Each year, nearly half of the state's 750,000 students ride a school bus to or from school. South Carolina operates over 5,515 school buses that travel 450,000 miles each weekday. Despite challenges of an aging fleet and long routes, school bus drivers perform an outstanding job to safely transport students to school and back home each day. Drivers are oftentimes the very first public education face and the last public education face that students see each day. Being a school bus driver can be a fulfilling career.

I wish you the best as you undertake this important training program to become a highly skilled school bus driver.

Sincerely,

Molly M. Spearman
State Superintendent of Education

## Section I <br> Driver Responsibility, Laws and Regulations

## A. How to Become a School Bus Driver

Step 1. Fill out an application and pick up materials to read about the training.
Step 2. Complete the training program, which consists of classroom and behind-the-wheel instruction.
Step 3. Make passing scores on the written examinations at the Department of Motor Vehicles.
Step 4. Show through a physical examination that you are physically able to drive a bus and can see and hear well.
Step 5. Get a CDL (commercial driver's license) permit.
Step 6. Pass a physical performance test.
Step 7. Complete the behind-the-wheel instruction.
Step 8. Pass the road skills test, receive a valid CDL to transport passengers/students, and receive a Department of Education school bus certificate.

## B. The Professional School Bus Driver: Role and Responsibilities

As a school bus driver, you play a vital role in today's school system. Every day, you are responsible for transporting the community's most precious cargo-its children-to school safely, efficiently, and economically.
You are an important person in the educational life of the students. You are the first school representative to see students in the morning and are often the last to see them in the evening. By doing your job well, you serve as a positive role model for students and influence their attitude toward school. You also provide the most regular contact that parents and other citizens have with the school system and thus act as goodwill ambassador for the school.

## CHARACTERISTICS OF A PROFESSIONAL SCHOOL BUS DRIVER

Driving a school bus is an enormous responsibility. You are responsible to your passengers, your passengers' parents, your employer, your supervisor, school officials, your fellow bus drivers, and the general public. In order to meet these responsibilities, a professional school bus driver should possess certain characteristics. A professional school bus driver must

- have the knowledge and skills necessary to operate a school bus safely;
- be dependable;
- care about children;
- practice good judgment;
- have a positive attitude;
- be able to stay calm;
- be firm, fair, and consistent when dealing with students;
- be able to communicate clearly to others;
- be free from the effects of alcohol, illegal drugs, and medication; and
- be clean, neat, and appropriately dressed.


## C. The Safety Team

The responsibility for transporting students to school safely and efficiently is a team effort that begins at the state level and flows through the local school district to you, the school bus driver. You are an important member of the Safety Team.

## SAFETY TEAM MEMBERS

## South Carolina General Assembly

- allocates funds and passes laws for the entire system of public education, including the school bus system.


## State Board of Education

- implements federal and state laws dealing with education,
- approves regulations and sets policies for all aspects of education including transportation, and
- recommends education budget to the General Assembly.


## State Department of Education, Office of Transportation

- provides guidance in carrying out federal and state laws and regulations concerning pupil transportation,
- maintains buses and compiles vehicle safety records, and
- trains and tests school bus drivers.


## School Districts

- provide and administer a pupil transportation system for eligible students living within the school district (using a system that is consistent with the federal and state laws and regulations) and
- train and test school bus drivers.


## Pupil Transportation Offices

- hire and train school bus drivers,
- administer and supervise all pupil transportation personnel,
- map bus routes,
- keep driver safety records,
- supervise safety programs, and
- communicate with parents and teachers.


## School Principals or Other Designated Administrators

- resolve behavior problems referred by driver,
- supervise safety programs,
- communicate with parents and teachers about bus safety issues, and
- ensure a safe loading and unloading area at school for students.


## Teachers

- serve as information source for bus driver concerning special health and other problems of students,
- teach school bus safety, and
- help young students get on and off the bus


## Bus Drivers

- transport students safely and efficiently;
- follow all rules, regulations, and policies;
- drive only when in good mental and physical condition.
- complete all bus inspections;
- instruct passengers on proper bus behavior;
- report all bus safety hazards and defects;
- report all hazards along the route and at bus stops;
- provide first aid as necessary;
- resolve discipline problems on the bus;
- report discipline problems; and
- serve as a role model for students.


## Parents

- ensure that their children arrive at the bus stop on time,
- reinforce safety rules, and
- monitor the behavior of students going to and from the bus stop and while students are waiting for the bus.


## D. Laws and Regulations: Hiring and Eligibility for Continued Employment REQUIREMENTS FOR HIRING

## Federal Standards

Every person who is hired to drive a school bus in the United States must

- have a valid driver's license which meets the requirements in state and federal law to operate a school bus-type vehicle,
- be at least eighteen years old, and
- meet all special physical, mental, and moral requirements established by the particular state.


## State Standards

South Carolina law mandates that in order to be hired as a public school bus driver, an individual must

- meet all requirements for the commercial driver's license for transporting students;
- have no more than 4 current points against his or her driving record at the Department of Motor Vehicles;
- have had no more than 4 points against his or her driver's license in the previous twelve months;
- have not had his or her driver's license suspended for a moving violation within the previous twelve months;
- complete the school bus training program within one hundred eighty days of completing classroom instruction;
- pass a medical examination performed by a medical examiner listed on the Federal Motor Carrier Safety Administration (FMCSA) National Registry of Certified Medical Examiners;
- pass tests designed to identify illegal drug and alcohol use, with one of these tests being given prior to initial certification and the others being unannounced and random;
- have at least twelve months of driving experience;
- undergo a criminal background check and have good moral habits.


## Local Standards

Each school district may have further requirements for the employment of school bus drivers. Learn what these local requirements are.

## REQUIREMENTS FOR CONTINUED ELIGIBILITY FOR EMPLOYMENT

Once you have met all the requirements and have been hired as a school bus driver, you must meet these continuing requirements:

- You must maintain a valid driver's license which meets the requirements in state and federal law to operate a school bus-type vehicle.
- You must successfully complete a school bus road test and physical performance test prior to license expiration date.
- You must maintain a valid school bus certificate as mandated by the State Department of Education.
- You must successfully complete an interim behind-the-wheel road skills assessments and physical performance tests at specified intervals through your driver licensing period.
- You must report any conviction of traffic violation (except a parking ticket) to your the supervisor (in writing) within thirty (30) days of the conviction.
- If you accumulate more than $\mathbf{4}$ points against your license your SCDE certificate will be suspended.
- You must report any suspension, revocation, or cancellation of your CDL to your bus supervisor before the end of the next business day following the suspension, revocation, or cancellation.
- You must not operate the school bus with any measurable amount of alcohol in your body.
- You must agree to be tested (randomly) for drugs and alcohol.
- You must complete required in-service training as mandated by the State Department of Education.
- You must obey laws and regulations concerning speed, railroad crossings, the loading and unloading of students, the wearing of seatbelts, and the care and maintenance of the bus. (These will be discussed in greater detail later.)
- You must also obey any local rules and regulations specific to your district.


## BUS DRIVER LIABILITY

Many potential bus drivers are concerned about their personal liability if a collision occurs or if one student is injured by another. Currently, the State carries an insurance policy to cover personal injury and property damage in the event of a collision that occurs during the routine operation of the bus. Local school districts carry insurance to protect the driver, as a school district employee, if one student injures another. Insurance will not cover the driver who commits a felony or gross negligence.

# Section II <br> Basic Operations 

## A. School Bus Inspections

You are responsible for inspecting your bus and for keeping it clean on a daily basis. Preventive care and maintenance help to ensure the health and safety of the students on board and help to prolong the life of the bus.

## Cleaning the Bus

Each day, you must take the time to clean your bus. In the morning, be sure your windshield and all mirrors are clean and clear. After each run, be sure that the floor is swept, all trash is picked up, any waste container is emptied, and no student items are left on or under the seats. Inspect the back of your bus after each trip and clean the back windows, lights, and reflectors as needed. If you have a positive attitude about keeping the bus clean, students will too.

You must also be sure to keep the bus sanitary. Follow the procedures for cleaning up any body fluid spills described in the "Universal Precautions" section of this handbook.

The State reimburses each district for cleaning time each month. This means that you are being paid from state funds for routine cleaning.

Follow your district's policy for washing the bus.

## THE IMPORTANCE OF BUS INSPECTIONS

There are three types of inspections you are required to perform: the pre-trip inspection, the during-trip inspection, and the post-trip inspection. Follow set procedures to detect possible mechanical and/or physical conditions that may affect the safe operation of the bus.

## See Appendix A for the South Carolina Department of Education pre-and post-trip inspection policy for school buses.

It is necessary to inspect the bus

1. to comply with federal and state regulations;

2 to keep the bus in a safe and efficient operating condition;
3. to prevent breakdowns;
4. to lower maintenance costs;
5. to prolong the life of the vehicle; and
6. to eliminate delays, inconveniences, and frustrations.

During the pre-trip, during-trip, and post-trip inspections, you are acting as a school bus detective, looking for clues to find out if your vehicle is safe to transport children. Each inspection requires you to look, listen, smell, and feel for signs of trouble. By doing this, you will discover potential hazards before they become a problem.

## Pre-Trip Inspection

You are required to conduct a pre-trip inspection each time you operate the bus. There are two types of pre-trip inspections:

1. the CDL pre-trip inspection that is required for you to obtain your commercial driver's license and
2. the school bus pre-trip inspection that you are required to perform when you drive a state-owned school bus.

You should conduct your pre-trip inspection according to a regular procedure and follow the checklist. The total inspection should take about five to ten minutes. If you find anything unsafe during any inspection, call maintenance.

## Use the checklist in the Handbook's Appendix B to conduct your school bus inspections.

## Front of the Bus

1. Check the lenses. Make certain that they are clean and are not broken or missing.
2. Check the windshield. Make certain that it is clean and there are no obstructions and no clutter in dash area.
3. Check the mirrors. Make certain that they are clean, not cracked and securely attached.
4. Check the crossing gate. Check the cable to be sure it is not frayed.
5. Check on the ground underneath the front of the bus for any excessive leaks.

## Driver's Side of the Bus

1. Check the stop arm.

Make certain that the lenses (front and back) are clean and are not broken or missing.
Make certain that the cable is not frayed.
Make certain that the diaphragm is not damaged or cracked.
2. Depending on the type of bus you are driving, you may need to close the air tank drain valves (turn to the horizontal position) if they are open.
3. Check the front tires.

Check the inflation of both tires.
Check the lug nuts for rust (an indication that they are loose). Be sure no lug nuts are missing.
Check the hub seal for any excessive leakage of oil.
4. Check the lenses and reflectors. Make certain they are clean and are not broken or missing.
5. Check the side emergency door. Open and close it on every pre-trip inspection to keep handle moving freely and the door from sealing shut.
6. Check for any general damage to the side of the bus. Before leaving on a trip, report any damage that you find.
7. Check the rear tires.

Check the inflation of both tires.
Check the lug nuts for rust (an indication that they are loose). Be sure no lug nuts are missing.

Check the axle seal for any excessive leakage of oil.
8. Make certain that the battery box door is closed securely.

## Rear of the Bus

1. Check the lenses and reflectors. Make certain they are clean and are not broken or missing.
2. Make certain that the back glass is clean.
3. Check on the ground for any excessive leaks.

## Passenger Side of the Bus

1. Check the rear tires.

Check the inflation of both of the tires.
Check the lug nuts for rust (an indication that they are loose). Be sure no lug nuts are missing.
Check the axle seal for any excessive leakage of oil.
2. Check the side emergency door. Open and close it on every pre-trip inspection to keep handle moving freely and the door from sealing shut.
3. Check the lenses and reflectors. Make certain they are clean and are not broken or missing.
4. Check for any general damage to the side of the bus. Before leaving on a trip, report any damage that you find.
5. Check the fuel area for any excessive leakage.
6. Check the front tires.

Check the inflation of both tires.
Check the lug nuts for rust (an indication that they are loose). Be sure no lug nuts are missing.
Check the hub seal to make certain there is no excessive leakage of oil.
NOTE: Always keep a broom on your bus to sweep dirt off of high lenses, mirrors, reflectors and the back of bus. Always keep a clean towel or rag on your bus to wipe clean low lenses, mirrors, and reflectors.

## Inside the Bus

1. Put key into ignition and turn it one notch to left (to turn on the accessories). Walk toward the back of the bus. As you go, check for people or animals that should not be on the bus. In addition, check for new damage or vandalism to the bus.
2. Returning to front of bus, open all emergency exits to check for the sound of the buzzer and to examine the working condition of the handles.

NOTE: Do not check the rear emergency exit window. It is checked on a regular basis by maintenance.

## Getting Ready to Drive

1. Adjust your seat and adjust your steering wheel, if that is possible.
2. Check to see that the mirrors are adjusted correctly. Adjust if necessary.
3. Fasten and adjust your seat belt.
4. Check that the parking brake is set.
5. Check to see that the gear selector is in " N " for neutral. (The bus has no " P " for park.) The bus will not start if the gear selector is not in neutral.
6. Start the engine:
A. Turn on the ignition. (Do not engage the starter.)
B. When the glow-plug indicator light goes off, engage the starter.
C. Do not race the engine. Idle just above the stalling point.

## Begin checking all the gauges.

1. Immediately check oil pressure gauge and battery gauge to be sure pressure is in normal operating range. If it is not, turn engine off and place a maintenance call to the bus shop.
2. Next, check air pressure gauge to be sure the air pressure is building. If it is not, turn engine off and check air valves to be sure they are closed completely. If valves are closed completely and air pressure is still not building, place a maintenance call to the bus shop.
3. Now, check the fuel gauge for a sufficient amount.
4. The transmission and water gauges will not rise to normal operating range until you begin driving. While you are waiting for the air pressure to build, continue to check all gauges for normal operating ranges.
5. When air pressure builds to around 70 to 90 psi (your door will begin slowly to close), initiate eight-light warning system to be sure that the stop arm and crossing gate are working properly. If you have a teammate, have him or her check to see if the warning lights and the stop lights are operating correctly. Remember that you should not leave the driver's seat if the engine is on.
6. Close the door to deactivate the warning light system.
7. Activate the override switch. Then follow the procedure explained in item 8 , above. When you have completed the procedure, deactivate the override switch.
8. Continue to monitor your gauges. When the air pressure gauge registers at least 100 psi , you are ready to begin your trip.

## During-Trip Inspection

While you are driving, always listen, look, feel, and smell for problems.

## Listen for

engine knocking sounds;
clicking or tapping noises;
continuous or intermittent squeals or squeaks;
loud exhaust noise;
engine backfiring, missing, popping;
any unusual noises; and
warning buzzers.

## Look for

warning indicators on all gauges (see the Handbook's Appendix C), warning indicator lights on dashboard instruments (see the Handbook's Appendix C), excessive smoke coming from the exhaust, smoke coming from under the hood or dash, and smoke or fire coming from tires.

## Feel for

excessive vibrations,
low-speed or high-speed shimmy,
hard steering or steering wander, and change in brake pedal tension.

## Smell for

odor of fuel,
odor of burning rubber, odor of burning oil, and odor of exhaust fumes.

## Post-Trip Inspection

1. Secure the bus by setting the park brake and placing the gear selector in neutral.
2. Let the bus idle for two to three minutes (transit buses). DO NOT leave your seat during this time.
3. While the bus is idling, turn off all switches (lights, wipers, heaters, etc.).
4. Turn off the ignition, and take the key with you.
5. Check underneath all seats for sleeping children.
6. Check seats for student belongings and vandalism.
7. Close all windows, and exit the bus with broom in hand.
8. Drain the air from the braking system until the gauges read zero (0) using the method appropriate for your bus. This may mean pumping the brake pedal, using a dashmounted air drain, or opening all of the exterior air tank drain valves.
9. Once the air has drained from the system, go to the back of the bus and clean the windows, lens, and reflectors.
10. Reenter the bus and sweep the inside, picking up trash and emptying the wastebasket.
11. Secure the broom, exit the bus, and manually close the door.
12. Check the exterior of the bus for any external damage.
13. Turn in a maintenance repair report if it is needed.

## REPORTING UNSAFE CONDITIONS

You must not drive the bus if you detect a problem that could prevent its safe and/or legal operation.

- If you discover a major problem with the bus during your pre-trip, during-trip, or posttrip inspections, notify the maintenance shop and your supervisor immediately.
Examples of major problems are
a. headlight; tail light: horn
b. stop arm malfunction;
c. any problem with brakes, eight-light warning system, or hazard lights;
d. mirrors broken or incapable of being manually adjusted; and
e. fluid leaks.
- If you detect a minor problem that does not require a service call, fill out the proper form and submit it to your supervisor and/or maintenance shop, according to district policy.
Examples of minor problems are
a. torn seat cover,
b. student window will not close or open, and
c. child safety alarm will not come on.

Once the problem has been fixed, maintenance personnel will sign the form and return a copy to your bus supervisor. You should check for this copy to be sure that the problem has been addressed.

## B. Driving Fundamentals

## POTENTIAL SAFETY PROBLEMS POSED BY THE SIZE OF THE BUS

It is important for you to be aware of the kinds of safety problems posed by the size of the school bus so that you can take the necessary precautions while driving. The large size of the bus makes it difficult to monitor students who are entering and leaving the bus loading area. Other problems related to the size of the bus are specified in the following lists.

- The length of the school bus can make it difficult to
a. merge with other traffic;
b. change lanes;
c. know when to begin turning the steering wheel for turns;
d. see and judge distances in the rear, making it difficult to back up the bus;
e. maintain a smooth ride for those sitting in the back of the bus; and
f. avoid dragging the bottom when driving up or down steep grades.
- The width of the school bus can make it difficult to
a. maneuver past vehicles on two-lane roads, especially trucks and other buses with extended mirrors,
b. maneuver between vehicles in adjacent lanes, and
c. avoid objects along the side of the road.
- The height of the school bus can make it difficult to
a. clear some overpasses;
b. maintain the center of gravity and keep the bus stable (the bus floor is 3 feet above the ground, a high center of gravity that makes the bus more prone to tip over in erratic steering conditions, and the center of gravity is even higher when the bus is fully loaded, since the bus seats are $11 / 2$ feet above the floor); and
c. avoid overhanging tree limbs and cables.
- The low bumpers and skirting on the school bus (these are about 18 to 26 inches high), along with the low undercarriage, can make it difficult to
a. go up or down short, steep grades such as driveways, especially when the bus is loaded;
b. back into a parking space; and
c. avoid dragging the bottom when going over rough roads and railroad grade crossings.
- The weight of the school bus can make it difficult to
a. cross some bridges,
b. speed up, and
c. stop.
- The height of the bottom step (about 14 inches from the ground) can make it difficult for small children to get on and off the bus. The danger is that the child may slip on the step and then slide under the bus.

By knowing the physical size of the bus-its width, height, length, and weight-you will be better able to avoid potential hazards and carry out your responsibility of delivering your precious cargo each day.

## MIRRORS

No other part of the bus is more necessary for the safety of students than the system of mirrors. The federal government requires that mirrors be properly adjusted and has devised standards for that adjustment.
These standards require that the bus driver be able to see one-foot-high cylinders placed in the following positions:
a. 12 inches from each of the four wheels,
b. directly in front of the bumper,
c. 6 feet and 12 feet in front of the bumper,
d. 6 feet and 12 feet out from the rear axle, and
e. 200 feet from the rear of the bus.

All mirrors on the bus must be properly adjusted to reduce the risk of injury to a student. Many accident investigations reveal that the drivers were unable to see critical areas around the bus because their mirrors were not properly adjusted. These blind spots have caused drivers to run over their student riders.

## During loading and unloading, you must

A. Use your crossover convex mirrors on the front of the bus to look down to the pavement, where smaller students or those who stoop down can be seen. Studies show that younger children have been killed when the driver was looking only at the standing-height level.
B. Look long enough and carefully enough in your mirrors to see even the smallest children. (Small children are especially difficult to see when they wear neutral colors.)

Buses today are equipped with a variety of sizes and kinds of mirrors because research has shown that such mirrors are necessary. However, no mirror system will keep children safe if the driver does not keep the mirrors clean and in proper adjustment and use them correctly.

## Mirror Adjustment

It is best to have someone assist you in adjusting the outside mirrors for the first time you drive a particular bus.

1. Use both hands when adjusting mirrors, including the inside rearview mirror. They will break if forced. Adjust the inside rearview mirror so that you can see passengers as well as the side and rear windows.
2. Adjust the left and right outside rearview mirrors (west coast or top mirror in the double nickel, depending on your bus type) so that you can barely see the side of the school bus. You should see about 12 feet from the outside rear tires and see at least 200 feet behind you (about 5 bus lengths).
3. Adjust the left and right convex mirrors (mirrors below the outside rearview mirrors) so that you can see just outside the view of the rearview mirrors above them. You should be able to see the outside service door in the right convex mirror.
4. Adjust the crossover mirrors (7-inch cross view convex or cat eye convex) so that you can see a bit of the front bumper and as much of the front roadway as possible. You also must see the area around the front wheelbase on the right and left.

The importance of proper mirror adjustment is critical to safe driving. If the mirrors are a "bad fit" for you, you may need to have a mechanic assist you in adjusting them.

## DEPTH PERCEPTION

To prepare yourself to operate the bus, you must know about your own visual limitations. Many bus drivers have poor depth perception that likely contributes to most school bus accidents. This poor depth perception causes drivers to misjudge distances. They are likely to turn in front of another vehicle, misjudging the speed and location of the other vehicle. They may be unable to judge the amount of roadway available for their bus, causing unsafe conditions at intersections and railroad crossings. Most importantly, poor depth perception hampers drivers in judging the distance they need to back, turn, and maneuver the bus in and around other objects.

Depth perception worsens considerably with age. (No surprise.) However, certain procedures help us to compensate for poor depth perception. If your depth perception is poor, your on-the-road-driving instructor will help you compensate by using and practicing various procedures.

## REFERENCE POINTS

A reference point is some fixed object or point on your bus that when lined up with points outside the bus will give you consistent reference to judge when to turn, move, stop, line up your bus, or judge the amount of space available around your bus. When you take part in on-the-road training, your instructor will assist you in selecting reference points for the bus that you will use during training. It is important for you to train yourself to select and use reference points with the bus assigned to you once you are employed.

## GETTING READY TO DRIVE

1. Adjust your seat and adjust your steering wheel, if that is possible.
2. Check to see that the mirrors are adjusted correctly. Adjust if necessary.
3. Fasten and adjust your seat belt.
4. Check to see that the parking brake is set.
5. Check to see that the gear selector is in " N " for neutral. (The bus has no " P " for park.) The bus will not start if the gear selector is not in neutral.

Start the engine (diesel):
A. Turn on the ignition. (Do not engage the starter.)
B. Wait for the Wait to Start (or Glow Plug) light to go off before engaging the starter.
C. Do not race the engine. Idle just above the stalling point.
6. Begin checking all the gauges, as in the pre-trip inspection.

## PUTTING THE BUS IN MOTION

1. Check all mirrors.
2. For buses with air brakes, make sure your air pressure has built up to 100 psi or higher.
3. Be sure that the door is closed and all passengers are seated before you move the bus.
4. Hold your foot on the service brake and move the gear selector to "D" for drive.
5. Give a turn signal.
6. Check the mirrors again, and check the blind spots.
7. When the way is clear, release the parking brake.
8. Check mirrors and blind spots once again before proceeding.
9. Keep both hands on the wheel at all times except when you are operating signals.

## STEERING

1. Hold the steering wheel with both hands. The left hand should be at 10 o'clock and the right hand at 2 o'clock.
2. Place hands on the outside of the steering wheel with thumbs on top.
3. Use the hand-over-hand method of steering.

## SEEING ALL AROUND

A school bus driver must know at all times what is ahead, beside, and behind the bus. This requires constant looking ahead and around and using the system of mirrors. Focus your sight on the road ahead, but also constantly move your eyes to take in the "big picture": scan the area around you every 5 to 7 seconds using mirrors, windows, and direct vision.

- Check all mirrors frequently.
- Look ahead for possible dangers.


## Looking Ahead

You must look ahead to the distance you will travel in the next $\mathbf{1 2}$ to $\mathbf{1 5}$ seconds. In city and suburban driving, this means you must look ahead about one block. At highway speeds, you should look ahead about a quarter of a mile.

## How else can I estimate how far ahead 12 to 15 seconds is?

You can pick out an object ahead that you think is about 12 to 15 seconds away. Start counting: one-thousand-one, one-thousand-two, one-thousand-three, and so on. If you begin to pass the object before you reach one-thousand-twelve, you did not correctly guess how far ahead you should look. With practice, you can automatically look ahead 12 to 15 seconds, even when driving your own car.

## What am I looking for?

You are looking for any vehicle that is coming into your road or is stopping or slowing. You are looking for children, other pedestrians, or animals that might walk into your path. You also are looking for hills, curves, intersections, lights, and stop signs. In short, you are trying to plan ahead so you can react to the unexpected.

## Looking to the Sides and Rear

Scan your mirrors often (every 5 to 7 seconds) so that you will know what is behind you and beside you. You may face an emergency situation in which you need to know if you can make a quick lane change. When vehicles move into your blind spots, slow down or speed up so they do not remain there.

Remember: Everything, especially motorcycles, appears smaller and farther away in convex mirrors.

## STOPPING

Push the brake pedal down. Control the pressure so that the bus comes to a smooth, safe stop. The time it takes to stop a school bus is much greater than stopping a car.

The bus stopping time is made up of three or four different segments, depending on the kind of brakes your bus has:

1. perception-the time it takes your eyes to tell your brain that you must stop;
2. reaction-the time it takes your brain to tell your foot to move from the accelerator to the brake pedal;
3. brake lag (air brakes only) - the extra time it takes air brakes to respond after you start pressing the brake pedal; and
4. braking-the time it takes to stop once the brakes are put on.
> perception distance + reaction distance + brake lag distance +
> effective braking distance $=$
> total stopping distance

It takes the average bus driver with good brakes about 6 seconds to stop if the bus is going $\mathbf{5 5} \mathbf{~ m p h}$. The bus will travel about the length of a football field before it can be stopped. If you "cover your brakes" when you see a possible hazard, you will reduce your reaction time and stop faster

- To "cover your brakes," take your foot off the accelerator and hold it lightly over or on the brake pedal.


## Stopping procedure:

1. Anticipate stops by providing brake cover.
2. Allow time to apply your brakes gradually.
3. Make two stops when needed at stop signs.
4. Stop before a pedestrian crosswalk and before a crossing sidewalk area, even if the pedestrian crosswalk is assumed rather than marked.
5. Always stop two times if necessary in order for you to see clearly in all directions.

## CHANGING LANES

Be careful to stay in one lane and to stay off lane markings. Always drive in the lane of traffic that gives you the best defensive position for weather, traffic, and road conditions. Usually that will be the farthest right lane of traffic.

If a lane change is necessary, follow this procedure:

1. Check your mirrors and blind spots.
2. Signal at least 100 to 300 feet before changing lanes.
3. Check your mirrors and blind spots again.
4. Change lanes when the way is clear. (Never cut in on or crowd traffic.)
5. Cancel the turn signal.

## FOLLOWING: KEEP YOUR DISTANCE

A. Leave at least 300 feet - the length of a football field-between you and another bus or any other large vehicle.

FOLLOWING DISTANCES
Never follow a school bus closer than 300 ft . ( 100 yds .) the length of a football field.

B. Leave at least $\mathbf{4}$ seconds between your bus and any other vehicle during ideal weather, road, driver, and bus conditions.
C. It will take more time to stop when conditions are not ideal. If the road conditions are bad, you have someone tailgating you, or you are tired, you should allow more distance between you and the car in front.
D. When stopped behind another vehicle at a stop sign or a light, keep enough distance so that you can see where the rear tires of the vehicle in front of you meet the road.


## INTERSECTIONS

Intersections are deadly. Many school bus accidents occur at intersections. A green light does not mean the way is clear for you to go. Always check the intersection for drivers who did not stop when their light turned red.

As you approach an intersection, be prepared to stop. Take your foot off the accelerator and cover the brake pedal. Be prepared for drivers who do not stop on red.

## Making a Right Turn

1. Check traffic.
2. Check your mirrors and blind spots.
3. Give a right-turn signal at least 100 to 300 feet from the turn.
4. Tap the brakes.
5. Reduce your speed to 10 mph or less.
6. Check for a clear right-of-way (traffic
 signals, signs, pedestrians, and vehicles).
7. Check your mirrors.
8. Turn slowly, checking your mirrors to be sure you have proper clearance. (Use the right side mirror to make sure your tires clear the corner.)
9. Turn wide as you complete the turn, not at the beginning of the turn.
10. Enter the extreme right lane and steer back into position.
11. Check your left outside rearview mirror for lane placement.
12. Check the turn signal cancellation.

## Making a Left Turn

1. Check traffic.
2. Check your mirrors and blind spots.
3. Give a left-turn signal at least 100 to 300 feet before the turn.
4. Tap the brakes.
5. Reduce your speed to 10 mph or less.
6. Check for a clear right-of-way. Yield to all pedestrians and vehicles.
7. Pull forward into the center of the intersection before beginning the turn.
8. If it is necessary to stop for oncoming vehicles or pedestrians, keep the wheels straight and the brake pedal depressed.
9. Turn slowly, checking the mirrors for clearance on all sides. Use the left side mirror to make sure the tires have cleared the corner.
10. If there is only one turning lane, enter the lane on the extreme left. (See figure 2-A below.) When the way is clear, give your signal and move to the right lane.
11. If there are two left-turning lanes, turn from the right-most lane into the right-most lane. (See figure 2-B below.)
12. Check for signal cancellation.


## C. Defensive Driving

## COMMUNICATING WITH OTHER DRIVERS

Drivers of school buses and other large vehicles must let other drivers know ahead of time what they are going to do. Drivers communicate with others by using their horns, brake lights, turn signals, eight-light warning systems for student loading and unloading, headlights, and hazard lights.

## When slowing down:

Tap the brake pedal so the brake lights will warn other drivers that you are slowing and may stop. Use the hazard lights when you must drive very slowly.

When parking on the side of the road:
If you must stop on the side of the road because of discipline problems, mechanical problems, and so on, turn on the four-way hazard lights. This is especially important if you
are driving in fog, twilight, rain, and darkness. If your bus is to be stopped for an extended period of time, put your warning triangles in place.

## Using the horn:

Use the horn only to warn others of danger.

## HAZARDS

To be a safe driver, even if you follow all rules of safe driving, you must prepare for the unsafe driving of others. For example, you may be driving at a safe speed, but if another driver cuts in front of you, you must be prepared to react appropriately. Prepare for a possible hazard by constantly checking your mirrors so that you know if other lanes are occupied. This will help you know if you have the space and time for a lane change.

Look ahead for hazards. Bicycles, pedestrians, and even animals present hazards, as do other motorized vehicles. Be prepared for the unexpected by scanning your surroundings often. Young children, elderly people, bikers, and people on roller blades and skateboards are danger signals that alert you to the need to slow down and prepare for evasive action. Remember that pedestrians always have the right-of-way.

## An Animal in the Road

If an animal suddenly appears in the road, you must fight the impulse to swerve the bus. If you do not have time to take deliberate evasive action (and you usually will not), hit the animal rather than endanger the lives of your riders or riders in other vehicles near your bus.

## An Impaired Driver

If you see another vehicle weaving across the road, drifting from one side to another, or stopping at the wrong time, the driver may be impaired by drugs or alcohol, or he or she may be sick. You must adjust your speed and position so you can distance your bus from such drivers.

## Slow Drivers

Be on the lookout for drivers who drive much slower than the speed limit. Small motorized vehicles such as mopeds, as well as farm machinery and construction equipment, should be considered hazards, and you should prepare to slow
down. Additionally, any vehicle displaying the warning sign for slow vehicle (a red triangle with an orange center) should alert you to slow down.

## Drivers Slowing, Stopping, or Turning

Watch especially for other drivers: they can stop much more quickly than you can. When you see the brake lights of the driver in front, immediately apply your brakes and look for an out.

## Tailgaters

If you are being tailgated, slow down and increase the following distance between you and the car ahead of you. By doing so, you reduce the likelihood that you will have to stop suddenly and get hit by the tailgater.

## Overhanging Cables, Signs, and Tree Limbs

Know the clearance of your bus. Bus accidents frequently occur when the driver runs into overhanging limbs from trees and other obstacles. Watch for overhanging limbs and report them to
your transportation supervisor to have them trimmed. Cables, suspended signs, and trees will not move out of your way just because you are driving a big yellow school bus.

Know the width of your bus too. Do not lose a mirror or worse. Stop, plan, and move only when you know you have enough space to get by.

## Another Vehicle Coming toward You in Your Own Lane

Move to your right. The other driver may realize what is happening and make the natural response of returning to his or her own lane.
$\square$ If another driver is in the lane to your right, turn to the right anyway. You always want to avoid a head-on collision.

## Avoiding a collision:

A. In attempting to avoid a collision, stopping is not always the best thing to do. You may not have enough room to stop. A driver of a bus can almost always steer away to miss an obstacle much quicker than he or she can stop. Of course, you must not steer so quickly as to lose control of the bus and possibly roll over.
B. If you have to steer to avoid a crash, do not brake. Keep both
hands on the steering wheel at all times so that you are prepared to grip the steering wheel if there is an emergency. Be prepared to counter steer immediately.
C. Drive off the road if necessary to avoid a collision. If you must drive onto the shoulder, avoid braking until your speed has dropped below 20 mph . Then brake very gently. If possible keep one set of wheels on the pavement to maintain control.

If the shoulder is clear, stay on the shoulder until your vehicle has come to a stop. Signal and check your mirrors before pulling back onto the road.

If you are forced to return to the road before you can stop, use the following procedure:

1. Hold the wheel firmly and turn immediately back on the roadway. Do not try to edge gradually back to the road. If you do, your tires might grab unexpectedly, and you could lose control.
2. When both front tires are back on the pavement, counter steer immediately.

## BAD WEATHER AND DARKNESS

Rain, sleet, snow, fog, icy pavement, and darkness do not cause accidents: drivers who do not change their driving to meet these conditions cause accidents.

- Reduce your speed, monitor road conditions, and watch out for other drivers.
- Use your headlights in the early mornings and evenings so that other drivers can see you.


## Reduced Visibility

$\square$ When rain, fog, or snow reduces visibility, turn on your headlights on low beam.
$\square \quad$ When visibility is extremely poor, you may even turn on your hazard lights to communicate your presence.
$\square$ If it is necessary for you to stop, pull off the roadway as far as possible, turn on your hazard lights, and set out your reflective triangles as soon as possible.
$\square$ Remember when setting out the triangles, carry them about waist high with the reflective side facing oncoming traffic. This will make you more visible to other drivers.

## Slickness

The road will be slickest immediately after the rain begins to fall. The rain is mixing with oil, asphalt, and grime - all of which lies on the surface and make the roadway slick. It will be less slippery when some of this mixture washes away during continuing rain.

## Wet roads double your stopping distance.

Reduce your speed by at least one-third when the road is wet. For example if the speed limit is 45 mph , reduce your speed to 30 mph during rain.

## Snow-covered or icy roads will make stopping distances even longer.

$\square$ Reduce your speed by at least one half on snow-covered roads.
$\square \quad$ Icy roads are extremely dangerous. You should slow to a crawl and get off the road as soon as you can safely do so.
$\square$ Remember that wet snow or ice is more slippery than dry ice or snow.

## Black ice:

Black ice is a layer of ice so thin that the surface of the road shows through it. The road will look wet. Any time the temperature is below freezing and the road looks wet, watch out for black ice.

## Bridges and overpasses:

Bridges and overpasses will freeze first and remain frozen longer than roadways.

## Skidding or spinning:

$\square$ When driving on slippery roads, use the least amount of power necessary. To stop an acceleration spin, take your foot off the accelerator.
$\square$ When turning on snow or ice, go slowly and turn as gently as possible. Double your following distance, and allow yourself extra time to respond to hazards that may cause you to have to stop or change lanes. Always leave yourself an out.
$\square$ If your bus begins to slide sideways, quickly take your foot off the accelerator and turn the steering wheel in the direction you want the front of the bus to go. This is the same as
steering in the direction the end of your bus is sliding. Then be prepared to quickly counter steer so you will not slide in the opposite direction.

## Driving through Water

- Do not drive through flooded roadways where the water may be deep.
- When you drive through heavy rain or standing water, your brakes will get wet. The brakes may lose some of their stopping ability. Apply very light pressure on the brake pedal now and then as you are driving through water to help keep brakes dry.
- When you have gotten out of the water, maintain light pressure on the brakes for a short distance to dry them out.

On a transit bus, the steering column prevents a driver from applying the brakes and accelerator at the same time.

- When driving through deep puddles, slow to 10 mph or under.
- When you have gotten out of the water, apply light pressure on the brake pedal for a short distance to heat them up and dry them out.


## Hydroplaning:

Hydroplaning is skimming on water. The tires of the vehicle are actually riding on a thin film of water that lies between their surface and the roadway. When hydroplaning occurs, your tires will lose all traction and literally ski along the road. You will lose control of your braking and steering.

- When your bus is hydroplaning, remove your foot from the accelerator. Once your speed is reduced, your wheels will stop spinning and regain traction.
- To reduce your risk of having hydroplaning occur, you can
a. reduce your speed,
b. make sure your tire pressure is not too low,
c. make sure you have adequate tire tread, and
d. avoid making quick turns on wet roads.


## Night Driving

Night driving is much more dangerous than daytime driving. Your visibility is quite limited. Glare from others' lights can cause temporary blindness. This problem with glare worsens as we get older.

- Keep your inside lights at a low level.
- Use your low beams when following another vehicle or when another vehicle is approaching.
- Always use your high beams when it is safe and legal to do so.
- Keep within the limits of your vision. Do not overdrive your headlights. Low beams allow you to see about 250 feet ahead. High beams allow you to see 350 to 500 feet ahead. Be sure you can safely stop your bus within these distances.

If an oncoming vehicle has its bright lights on, do not turn your lights on bright to punish the other driver. To have two drivers blinded by glare is much worse than having only one.

If the other driver does not dim his or her lights, keep your lights on dim and focus your eyes down and on the right side of the road so that the bright lights will not blind you.

## $\square$ Never use your high beams within 500 feet of oncoming traffic or when following another vehicle within 200 feet.

## DRIVING IN THE MOUNTAINS

Driving down mountain roads makes it necessary for you to fight gravity to control the speed of your bus. The steeper and longer the grade, the more you will need to control the speed of your bus. Plan ahead so that you put the bus in low gear before you start down the mountain. The braking effect of the low gear will help you control your speed. Otherwise, your brakes may get too hot and start to fade.

Brake fade is when you have to exert more and more pressure to get the same amount of braking. (Brake fading may also occur because the brakes are out of adjustment.)

After putting the bus in low gear, use the following braking technique when driving down steep grades:

1. Apply the brakes just enough to slow down the bus.
2. When the bus has slowed to about 5 mph below your safe speed, release the brakes.
3. When your speed has increased to your normal safe speed, repeat steps 1 and 2 .

## EMERGENCY VEHICLES

Police cars, fire trucks, and EMS vehicles are considered emergency vehicles when they sound an alarm or have flashing lights.
$\square$ At the approach of an emergency vehicle from any direction, slow down and move to the right, if possible. Proceed only after the emergency vehicle has passed or a police officer has told you to move on.

- If you see or hear an emergency vehicle while you are stopped at a stop sign or traffic light, do NOT proceed through the intersection, even if the light turns green. Open your window on the driver's side so you can clearly hear, and wait until the vehicle has passed or until you no longer see or hear it. Then proceed with care.


## FATIGUE, ILLNESS, ALCOHOL, AND DRUGS

The condition of the driver is more important than any other single factor in bus safety. Studies have shown that about 95 percent of all accidents are caused by driver error. Therefore, the driver must be 100 percent prepared to drive safely every time he or she gets behind the wheel.

Illness, lack of sleep, fatigue, and exhaustion can rob the driver of the extra edge that he or she needs in order to drive safely.

- If you are not prepared to remain alert throughout the trip, you should call your supervisor so that a substitute driver can be provided.
- If you are taking any medication including over-the-counter drugs that might cause drowsiness, do not drive.
- If you have any amount of alcohol or illegal drugs in your bloodstream, you must not operate a bus. You cannot control how quickly your body gets rid of the alcohol or drugs that you have consumed the previous night.

Driving under the influence of alcohol, prescribed or over-the-counter drugs, or illegal drugs can lead to accidents, injuries, and death. It can lead to arrest, fines, and jail sentences. Even one mixed drink, glass of wine, or beer affects your judgment and self-control.

## DISTRACTED DRIVERS

You should remain constantly alert for distracted drivers. Distracted driving is an activity that diverts a person's attention away from the primary task of driving. All distractions endanger drivers, passengers, and bystander safety. The leading types of distractions are texting, using a cell phone, eating, and grooming, but anything which diverts a driver's attention can lead to an accident.

- Five seconds is the average time your eyes are off the road while texting. For a driver traveling at 55 mph , that's enough time to cover the length of a football field blindfolded!
- Talking on a cell phone while driving a school bus is unsafe, and headset cell phone use is no safer than hand-held use.
- Vehicle crashes are the leading cause of death for 15-25 year olds and distracted driving is prevalent among teens.
- Pretty much every driver is guilty of driving distracted at one time or another.


## CELL PHONE USE

Using a cell phone while driving a school bus isn't just unsafe, it is against federal regulations except in limited situations. According to 49 C.F.R. §§392.80-392.82 (2011):

- No driver shall engage in texting while driving.
- No driver shall use a hand-held mobile telephone while driving a commercial motor vehicle (CMV).
- No motor carrier shall allow or require its drivers to engage in texting or to use a handheld mobile telephone while driving a CMV.
- Texting or using a hand-held mobile telephone while driving is permissible by drivers of a CMV when necessary to communicate with law enforcement officials or other emergency services.

According to the regulations driving means operating a commercial motor vehicle on a highway, including while temporarily stationary because of traffic, a traffic control device, or other momentary delays. Driving does not include operating a commercial motor vehicle when the driver has moved the vehicle to the side of, or off, a highway and has halted in a location where the vehicle can safely remain stationary.

Never use your cell phone while you are loading or unloading students.
Because it still diverts your attention away from the road, headset cell phone use is no safer than hand-held use.

If you must make a phone call or send or read a text or e-mail, observe the following procedures:

1. Check your mirrors.
2. Drive the bus to a safe location off of the roadway.
3. Activate the emergency hazard lights.
4. Secure the bus by setting the parking brake and shifting to neutral.

Your district may use radios or other devices to communicate with you while you are on your route. While using these devices may not be prohibited under state or federal regulations, you must always keep the safety of your students as your first priority.

## PROHIBITED PRACTICES

There are many federal, state, and district laws, regulations, policies, and procedures related to school bus transportation, and your district transportation supervisor will help you learn and understand those which apply directly to you. A few things to keep in mind as you prepare to become a school bus driver include:

- You are not allowed to use tobacco products of any kind (including e-cigarettes) on or around a state owned/leased school bus, even if there are no students present.
- You must keep the bus clean and free from clutter, especially in the windshield area and around the door and emergency exits.
- You cannot store or transport aerosol products or hazardous, flammable, or volatile chemicals, materials, or liquids.
- You must make certain that there are no unsecured items such as brooms, handbags, bookbags, etc., which might become a flying object in the event of a sudden stop or accident or which could block an aisle or exit.
- Follow district policy regarding food and drink, but do not eat or drink while the bus is in motion, even if there are no students on board.


## Section III

The Air Brake System

## A. The Air Brake System and Its Components

## THE THREE BRAKING SYSTEMS

The air brake system is made up three different braking systems:

1. The service brake system applies and releases the brake when you use the brake pedal during normal driving.
2. The parking brake system, applies and releases the parking brakes when you use the parking brake control.
3. The emergency brake system uses part of the service and the parking brake systems to stop the vehicle in the event of an overall brake system failure.

## THE MAJOR COMPONENTS OF THE THREE SYSTEMS

## Air Compressor

The air compressor compresses air and pumps it into the air storage tanks, which are also known as the reservoirs. The air tanks hold enough air to allow the brakes to be used several times even if the compressor stops working.

## Air Compressor Governor

The governor controls when the air compressor will pump air into the air storage tanks. The governor cuts in and allows the compressor to pump, when the pressure has fallen below a certain level, around 100 psi , to build the pressure back up. When the air pressure reaches about 125 psi , the cut-out level, the air compressor governor turns the compressor off.

## Safety Relief Valve

The safety relief valve is located in the first tank the air compressor pumps air into. The safety valve protects the tank and the rest of the system from too much pressure. It is usually set to open at 150 psi. If the safety valve releases, something is probably wrong with the air compressor or the valve. You should have it checked by maintenance as soon as possible.

## Service Brake Pedal

When you apply pressure to the service brake pedal, you are forcing the air from the storage tanks through the lines to the brakes. The more you use the brake pedal and the harder you press it, the more pressure and air will be used. The governor cuts in to build the pressure back up when you have used down to 100 psi of pressure.

## Air Tank Drains

All air tanks have drains that must be emptied to get rid of any water or oil that may have collected in the air compressor. You must drain the tank completely whenever the bus is
parked and left unattended. Otherwise, the water can freeze in cold weather and cause brake failure. Furthermore, a bus cannot be accidentally moved when the air tanks are drained.

Regardless of the model or type, drain the air from the braking system until the gauges read zero (0) using the method appropriate for your bus. This may mean pumping the brake pedal, using a dash-mounted air drain, or opening all of the exterior air tank drain valves.

## Alcohol Evaporator

Some vehicles have an alcohol evaporator to put alcohol into the air system. This helps to reduce the risk of ice forming in air brake valves and other parts during cold weather.
Drivers of these vehicles must check the alcohol container every day during cold weather and fill it up as necessary.

## Supply Pressure Gauges

Supply pressure gauges tell the driver how much air pressure is in each tank. All buses have a dual air brake system. But while some buses have two separate gauges with one needle each, others have only one gauge with two separate needles. The bus should not be put in motion until the supply pressure gauge(s) indicate the pressure has reached at least 100 psi pressure.
Even if only one needle or one gauge indicates a loss of air pressure, you must stop the bus right away if the low air pressure warning comes on.

## Application Pressure Gauge

Some vehicles have a gauge to show how much pressure is being applied to the brake pedal. School buses do not have these gauges.

## Low Pressure Warning Signal

All buses with air brakes are required to have a warning signal. The signal must activate before the air pressure falls below 60 psi . Two signals usually will activate: a red light on the dashboard and a loud buzzer. When you see or hear these warnings, you still have time to stop the bus with the service brake. However, you must stop it immediately. Pull off on the right side of the road at a safe place and stop. Call maintenance, and do not drive the bus until the problem is fixed.
If you do not stop the bus, the emergency braking system will activate, and the bus will stop suddenly and automatically once the psi drops to between 20 and 45 . This sudden brake lockup as you are traveling down the road is NOT a stop you want to experience. Respond to the warnings quickly so this does not happen to you.

## S-Cam Brake

Most buses have brakes at each wheel called S-cam brakes.

## Brake Drum

The brake drums are located on each end of the vehicle's axles. The wheels are bolted to the drums. The braking mechanism is inside the drum.

## Brake Chamber

When the brakes are applied, air is pumped into the brake chamber. This pressure then pushes out the push rod that is attached to the slack adjuster.
When the slack adjuster is pushed out, it causes the brake camshaft to twist. This turns the Scam (so called because it is shaped like the letter $S$ ). When the $S$-cam turns, it causes the brake shoes to move away from each other and press against the inside of the brake drum, causing the vehicle to slow down or stop. When you take your foot off the brake pedal, the S - cam rotates back, the return spring pulls the brake shoes away from the drum, and the wheels roll freely again.

The brake shoes and linings are pressed against the drum when the brakes are applied, causing the vehicle to slow down or stop. Over time, the heat and friction created by this contact cause the brake lining and brake shoes to wear down. Too much heat may even cause the brake drum to crack or warp.

## Spring Brakes

The emergency and parking brake systems most commonly used on trucks and buses are spring brakes. These brakes are needed because with air brakes, the air pressure can leak away. Springs use a mechanical force that will not leak away. When you are driving, air pressure holds the springs back.

When you use the parking brakes, the air is released from the brake chamber, causing the springs to expand and the brake shoes to press against the inside of the brake drum. The spring then keeps the parking brake applied.

In an emergency when the air pressure in the system falls to a certain level, usually between 20 and 45 psi, spring brakes will automatically release. Fortunately, this seldom occurs
because the warning signals allow the driver to use the service brake to stop before the emergency brake system activates.

## B. Inspecting the Air Brake System

## Under the Bus

1. Check the slack adjusters on S-cam brakes:
a. Park the bus on level ground.
b. Apply the parking brakes.
c. Chock the wheels.
d. Drain the air tanks.
2. Locate the slack adjusters and pushrods on the front and back wheels of the bus and look for broken, loose, or missing parts. The brake pushrod should not move more than one inch with the brakes released when pulled by hand. Do not drive the bus until maintenance has corrected the problem.
3. Check the brake drums, linings, and hoses. Do not drive the bus if the brake drums have no holes or cracks in them. Linings must not be loose or soaked with oil or grease. They must not be dangerously thin. Look for cracks or worn hoses leading to the brake chamber. The brake chamber should not be leaking, cracked or dented.

## Inside the Bus

Follow the procedure for commercial driver's license pre-trip inspection.

## C. Using Air Brakes

Under normal conditions, you simply apply pressure to the service brake pedal with smooth, steady pressure to stop the bus. If you must stop suddenly, you should keep your vehicle in a straight line so that you can turn if necessary. Either controlled braking or stab braking will allow you to do so.

## Controlled Braking

Controlled braking is applying as much pressure to the brake pedal as possible without locking the wheels. You should keep your steering movements very small or you may lose all steering control. If the wheels do lock, release the brakes and reapply them as soon as possible.

## Stab Braking

Stab braking can be used only if your bus does not have antilock brakes. With stab braking, you apply the brakes all the way. Release them when the wheels lock up. As soon as the wheels start rolling, apply the brakes until they lock up again.

Do not slam on the brakes and hold them. This will cause the wheels to lock up, and you will lose the ability to steer. If you begin skidding, stop braking; turn quickly in the direction you want the front of the bus to go and counter steer.

## Section IV

School Bus Driving Procedures

## A. Loading and Unloading

School bus safety involves much more than the period of time when students are riding on the bus. It entails the entire trip from home to school and back again, including the times when students are walking to and from the bus stop, waiting for the bus, crossing the road to get to and from the bus, and getting on and off the bus.

You face a tremendous responsibility when loading and unloading students on and off the school bus. It is at this time that students are in the greatest danger of being injured or killed.

- You must constantly watch for other motorists, who often ignore the laws.
- You must carefully monitor students as they cross the road and as they are getting on and off the bus.
- You must be especially alert to what is happening in the "danger zones" around the bus.


## THE DANGERS OF LOADING AND UNLOADING

Loading and unloading is the most dangerous time for bus drivers and students:

- An average of thirty school-aged children (age's five through nineteen) dies in school bus-related crashes in the United States each year.
- Nearly three out of every four of those children are killed outside the bus, as pedestrians during loading and unloading.
- Nearly half of all school-aged pedestrians killed in school bus-related crashes are five to seven years old.
- Most are killed during the day and in clear weather. (Source: National Highway Traffic Safety Administration)


## BUS ROUTES AND STOPS

Bus stops are selected by district school officials and are subject to approval by the State Department of Education's Office of Transportation. It is important that you understand the requirements and regulations governing routing and stops.

- If you ever start to feel that a bus stop is unsafe, notify your transportation supervisor in writing as soon as possible.


## Laws and Regulations Governing Routing and Bus Stops

A. Bus drivers must never change their routes or regular stops except in an emergency or detour. Any changes must be reported to school and transportation officials as soon as possible.
B. Bus stops must be at least two-tenths of a mile or more apart.
C. Bus stops should be made where there is an unobstructed view for at least 600 feet in either direction. If a bus stop is necessary on hills or curves where sight distance is less than 600 feet, motorists must be warned of the bus stop. "School Bus Stop Ahead" signs must be located at a point at least 600 feet in each direction of the stop. Bus stops should never be placed on blind curves, steep grades, or near the crest of a hill.
D. In emergency bad weather, the driver can stop at the safest point nearest the house of each passenger on the regular route if he or she has at least 600 feet of visibility in both directions. However, the bus cannot leave the regular route.
E. Bus stops should never be made within $\mathbf{1 0 0}$ feet of an intersection.
F. Buses cannot provide transportation for students living within one and a half miles of the school, except under certain conditions made known to the driver by the school official.
G. Buses shall be routed in the most direct way over publicly maintained highways and streets, to provide service within three-tenths of a mile of each child who qualifies for transportation service.

## Stopping for a School Bus That Is Loading or Unloading

A. When a school bus is stopped and has red lights flashing, all vehicles approaching from either direction must stop if the bus is on a two-lane highway.
B. When a school bus is stopped on any multi-lane highway and has red lights flashing, all vehicles approaching from the rear must stop.
C. When a school bus is stopped and has amber lights flashing, vehicles approaching from the rear cannot pass.

## What to do if a vehicle illegally passes your bus:

1. Record the license plate number, if possible.
2. Write down the date, time, and location of the violation.
3. Obtain a form from your supervisor to report the incident.

## SEATING CHARTS

Establish a student seating chart according to district policy. Your supervisor can provide you with a state-approved seating chart form. Most districts recommend that you set up your seating chart according to your loading and unloading sequence. The center of the bus provides the safest ride. Therefore, most experts recommend that students be taught to fill up the center of the bus first, leaving the front and back part of the bus for students to be loaded last and unloaded first. Seat student helpers near the exits. Principals and teachers can provide help with student names and other pertinent information.

A seating chart is necessary for maintaining order on the bus, reducing vandalism, and assisting substitute drivers. It is also an essential tool for accounting for students in the event of a crash.

You may want to write students' first names on paper or index cards and tape them above the windows above the seats. This helps students locate and remember their assigned seats.

## THE DANGER ZONES

The danger zones are the areas within ten feet of the bus around all sides. This is the area most difficult or impossible for the driver to see from the driver's seat. The most dangerous areas are:
$\square$ across the front of the bus,
$\square$ along the right side of the bus toward the back, and $\square$ any area in the back of the bus.

These areas are so dangerous that they are called the death zones.

## PROCEDURE FOR LOADING PASSENGERS

1. Check all your mirrors and the traffic.

2. Slow down gradually and tap the brakes.
3. Turn on the amber traffic warning lights 100 to 300 feet before the bus stop.
4. Stop in the right lane. Do not stop on the shoulder.
5. Stop $\mathbf{1 0}$ to $\mathbf{1 5}$ feet before you reach the waiting students.
6. Apply parking brake and shift the gear selector to neutral, keeping your foot on the service brake.
7. Hold students at the stop by holding up your hand.
8. Check mirrors for ongoing traffic.
9. Open the door to activate the stop arm, the crossing gate, and the red flashing lights.
10. Check your mirrors for the stop arm and the traffic.
11. Count the students at the bus stop.
12. If you have students who must cross the road to board the bus
A. Load any non-crossing students first. Once they are safely on the bus, give your full attention to the students who are crossing the road.
B. Check your mirrors and the traffic.
C. When it is safe, give the students the signal to cross. This signal must be clear and used consistently so as not to confuse students and motorists. Never stick your arm out the window to signal students.
(1) If it is dark outside, turn on your dome light so that students can see your signal.
(2) While looking at students, make the palm-up "stop" hand-signal with your right hand, extending your right arm fully.
(3) Next, make eye contact with the students, point to them with your right hand, and direct them across the road with a slow sweeping motion of your right arm across the windshield.
D. Students should cross at least 10 feet in front of the bus. If you recognize a dangerous situation and want students to stop and return to the side of the road, tap on your horn.
13. Recount the students as they load the bus.
14. Check to see that all students are seated and accounted for.
15. Check all your mirrors and the blind spots around the front and side of the bus.
16. Close the door.
17. After closing the door of a any type bus
A. Activate the hazard lights and, while you are waiting for the crossing gate and stop arm to come in, check your side mirrors and crossover mirrors.
B. Place the gear selector in drive and release the parking brake, keeping your foot on the service brake.
C. Check your side mirrors and crossover mirrors again.
D. Accelerate carefully and continue your route.
E. Deactivate the hazard lights after you are under way.

## PROCEDURE FOR UNLOADING PASSENGERS

1. Check your mirrors and the traffic.
2. Slow down gradually and tap the brakes.
3. Turn on the amber traffic warning lights from 100 to 300 feet in advance of the bus stop.
4. Stop in the right lane.
5. Apply the parking brake and shift the gear selector to neutral, keeping your foot on the service brake.
6. Hold the students on the bus.
7. Check your mirrors and the traffic again.
8. Open the door to activate the stop arm, the crossing gate, and the red flashing lights.
9. Check the mirrors to see the stop arm and to be sure that the traffic has stopped.
10. Count the students as they unload, and count them again as they move away from the bus.
11. Direct students needing to cross in front of the bus to position themselves. They should
remain on the side of the road positioned 10 feet from front of the bus. They are to wait for your signal before crossing.
A. Check your mirrors and the traffic.
B. Signal students to move across the road if it is safe. Teach students to look to the left, then right, and then left again as they get to the edge of the bus, where they can see in both directions. NEVER LET STUDENTS RUN ACROSS THEROAD.
C. If it is not safe, signal the students to return to the right side of the road and repeat steps A and B.
12. Determine that all students are accounted for and safely away from the bus.
13. Check all your mirrors and then close the door.
14. After closing the door of any type bus
A. Activate the hazard lights and, while you are waiting for crossing gate and stop arm to come in, check your side mirrors and crossover mirrors.
B. Place the gear selector in drive and release the parking brake, keeping your foot on the service brake.
C. Check your side mirrors and crossover mirrors again.
D. Accelerate carefully and continue your route.
E. Deactivate the hazard lights after you are underway.

## SAFE PRACTICES, LOADING AND UNLOADING

- Be on time. Being late or early at a stop can create safety hazards.
- When you are on time at a stop and a student is not in sight, take a good look around to be sure that the student is not approaching the stop. If the student is not in sight, continue on your route.
- Carefully monitor students as they walk down the bus steps and exit the vehicle. Make certain that such things as their backpacks, drawstrings, and loose clothing do not become hooked on the handrail or stuck in the door. Each year students are killed or severely injured because drivers have not noticed that children's clothing is caught on the bus.
- During the loading and unloading procedures, use your turn signals only to indicate a lane change, not to indicate that you are making a stop.
- Use the eight-light warning system for loading and unloading on the road ONLY. These lights are not used while loading and unloading on school grounds or in parking lots during field trips.
- When checking your mirrors for traffic during the loading and unloading procedures, be aware that motorists may not stop. Tap your horn if necessary. Be sure to check vehicles behind the first stopped vehicle, and look out for any hint of movement toward your stopped bus. Pay special attention to your right rearview mirrors, to be sure that no vehicle is trying to pass your stopped bus on the right side.
- Be especially careful to monitor the loading and unloading of preschoolers and other young children. Their small size makes them harder to see, and their young age means they tend to be inexperienced and impulsive. They are, therefore, especially vulnerable to danger around the bus and/or in the roadway. Follow your district policy regarding regulations for authorized persons bringing young children to the bus stop in the morning and meeting the bus in the afternoon.
- Do not allow students or any other passengers to stand in the stairwell or beside the driver's seat.
- Do not allow students to stand up before the bus has been secured and you have signaled them to do so.
- Do not allow students or a bystander to approach the side of the bus within the 10 feet area during loading and unloading.
- Avoid backing at a bus stop. If you pass a student at a stop, let the student come to you. If the route requires you to turn around at a bus stop, the students who get on or off at that stop should be on the bus while you back it. Load students before backing. Back before unloading.
- Drop students off only at designated stops, unless a school official or your supervisor informs you of a change. Parents must submit such requests for changes in writing to school officials. You may not make a change based upon the oral request of a parent.
- Keep in mind that the after-school run is the most dangerous because students who have probably been sitting quietly for much of their day are now ready to move and are less likely to pay attention.
- Do not try to take care of discipline or other problems during loading and unloading. Loading or unloading requires all of your concentration. Do not take your eyes off of what is happening as students get on and off the bus.
- If you are unable to account for a student outside the bus

1. Secure the bus.
2. Activate the hazard lights.
3. Turn engine off, and take the key with you.
4. Check around and underneath the bus.

## EMERGENCY VEHICLES

When an emergency vehicle approaches during loading or unloading, the situation requires special caution. There are two possible scenarios:
A. The bus has students on board and is approaching a bus stop with warning lights flashing or has just stopped in preparation to unload students. No students are outside the bus. An emergency vehicle is approaching from either direction. Use the following procedure:

1. Come to a complete stop.
2. Keep students inside the bus.
3. Deactivate the warning light system.
4. Activate the four-way hazard lights. This indicates to the emergency vehicle driver that there are no students on the ground and that you have yielded the right-of-way.
5. Once the emergency vehicle passes by, resume the unloading process.

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B. The bus is stopped for loading or unloading, with amber or red lights activated, and there are students outside the bus, either on the ground or in the roadway. An emergency vehicle, approaching from either direction, is required to stop. Use the following procedure:

1. Remain stopped with the eight-light warning system in operation and complete the loading or unloading process.
2. As soon as all loading students are on the bus or all unloading students are clear of the bus and the roadway, deactivate the eight-light warning system.
3. Activate the four-way hazard lights.
4. Remain stopped until the emergency vehicle has proceeded by.

## B. Railroad Crossings

School buses are built to protect riders from injury in most crashes. However, there is at least one instance in which the school bus is not a safe place at all: when it is in a collision with a train.

A train cannot stop quickly. A train cannot swerve to avoid a school bus. Because of the potential for massive injuries and deaths, it is up to you to protect students from train collisions. At all railroad crossings you must assume that "ANYTIME IS TRAIN TIME." You must always follow proper procedures.

## PROCEDURES TO FOLLOW AT ALL RAILROAD CROSSINGS

A. You must stop at any railroad grade crossing where signs or road markings remain, even if the crossing is no longer in use. You must stop even if no students are on board. Use the following procedure:

1. Move to the right-most lane in multilane highways well before you get to the crossing.
2. Check your mirrors.
3. Turn on hazard lights at least 100 to 300 feet before the crossing.
4. Stop smoothly at least 15 feet, but not more than 50 feet, from the nearest rail.
5. Turn off all heaters and fans.
6. Require students to be quiet. Use a signal that you reserve only for railroad crossings to remind them.
7. While you are stopped, look and listen for any rail traffic. Open the window to your left and open the service door to look and listen.
8. If you do not hear or see a train, close the service door, and proceed across the track.
9. Deactivate the hazard lights once the bus has cleared the tracks.
B. If the warning lights are flashing at a crossing but you see no indications of a train approaching, DO NOT CROSS. It is illegal to do so. Call the 800 number posted at the crossing, or call your transportation supervisor. You may be rerouted, or the train engineer may be contacted. You may cross the track with warning lights flashing only under the direction of a railroad engineer or traffic enforcement official.
C. At multiple-track crossings, the number under the cross-buck sign shows how many sets of tracks are at that crossing. Make only one stop at such crossings. However, take extra care. Once the train passes, always wait until the tracks become completely clear and visible in both directions before proceeding. A second train could be approaching from the opposite direction.
D. Never drive onto a railroad track until you are sure there is enough room ahead for your entire bus to clear the tracks completely. You must know the length, width, and overall size of your bus in relation to any railroad crossing you meet.
E. If your bus is on the tracks when the gates begin to lower, keep moving. DO NOT STOP. It is safer to move forward, even if it means breaking the guardrails.

## An Approaching Train

Never try to cross a track if you see a train approaching, even if the warning lights and gates have not yet been activated. If there is any indication of an approaching train, use the following procedure:

1. Set the parking brake, move the gear selector to neutral, and keep your right foot on the service brake while you wait for the train to pass. You may cross the track only after the train has passed and you have checked to be certain that no other train is coming.
2. When it is safe to proceed, put the gear selector in drive, release the parking brake, close the service door and look and listen; then proceed across the tracks.
3. Deactivate the hazard lights once the bus has cleared the tracks.

## Stalling on the Track

If your bus stalls on the track, evacuate all students whether or not a train is coming.

- If no train is coming, use the front (service) entrance to evacuate the students. You may try to restart the bus only after all students have been evacuated.
- If a train is coming, use the rear or side and front exits to evacuate the students. Remind the students to leave all belongings on the bus. Direct the students to walk at a 45degree angle away from the tracks in the direction of the approaching train.


## C. Backing

When you think of backing, you should automatically think of DANGER. Many accidents happen while the driver is backing the bus.

## As a bus driver, you must avoid backing if at all possible.

As a trainee, you must demonstrate that you can back the bus in a straight line. You also must back the bus into a given space without allowing any part of the bus, including the mirrors, to scrape or hit stationary objects. Fortunately, during your training, you can be assured that no small child or other large stationary object will be near enough for you to damage. In real life you have no such assurances.

In most cases, your bus route will be designed so you do not have to back to turn around. You will turn around in an area where you can pull in and turn around without backing.

## Making a Turnabout

1. Check your mirrors.
2. Check traffic front and rear.
3. Turn on your hazard lights (four-way flashers) at least 100 to 300 feet before stopping for backing.
4. Tap the brakes.
5. Pull beyond the road into which you will back. Check the road as you go by.
6. Apply the parking brake.
7. Put the gear selector in neutral.

8. Ask a trusted student at the rear of the bus (or a bus attendant, if your district has them) to assist you. Talk to the student to be sure both of you understands the signs you will use.
9. Before and during backing, check all mirrors to see if the way is clear.
10. Ask the student helper "Is it clear?"
11. If so, holding your right foot on service brake put the gear selector in reverse and then release the parking brake.
12. Ask your helper again, "Is it clear?"
13. Back very slowly without using the accelerator unless it is necessary.
14. After backing, set the parking brake. (The bus should be in the right lane of the road and behind crosswalk area.)
15. Put the gear selector in neutral.
16. Check your mirrors again and make sure all passengers are seated.
17. Turn off your hazard lights.
18. Turn on your left-turn signal.
19. Holding your right foot on the brake, move the gear selector to drive.
20. Release the parking brake when clear.
21. Check the mirrors and the traffic.
22. Pull forward, make a complete stop, and check the traffic in both directions.
23. When the traffic is clear, continue making the turn.

Remember: Before backing at a bus stop, always have the students on board.

## Load before backing. Back before unloading.

## PARKING

## Emergency Parking Procedure

1. Check the mirrors.
2. Give the appropriate turn signal.
3. If you are parking by the side of the road, select a safe spot.
4. Set the parking brake.
5. Put the gear selector in neutral.
6. Cancel the turn signal.
7. Turn the ignition off, and take the key with you.
8. Activate the four-way hazard lights.
9. If you have had to make an emergency stop en route, you will be running behind schedule. Be sure to report the incident to your supervisor.


- You must drive within the posted speed limit and within a safe speed, depending upon the conditions.
- You must always drive no faster than 45 mph , with the following exceptions:
a. you may drive up to 55 mph if the posted maximum speed limit is higher than 55
b. you may drive up to 55 mph when you have written authorization from the State Department of Education to exceed 45 mph to travel to special events on interstate or state primary highways.
- On school grounds, you must never drive faster than 10 mph .
- You must never drive over 55 mph under any circumstances.
- You must adjust your speed for the time of day, weather or road conditions, passenger load, and proximity to children. Remember that your braking distance is affected by the size of your vehicle and load. An empty bus can be more difficult to stop quickly than one fully loaded. Remember also that children are unpredictable. Always drive slower when young children are near the road.
- When you are driving in heavy traffic, the safest speed is the speed of the other vehicles. Accidents occur more frequently when one vehicle is moving faster or slower than other vehicles. Vehicles all traveling about the same speed are less likely to run into each other. Go with the flow of traffic while maintaining a safe following distance, not to exceed 55 mph .
- The speed limit signs at exit ramps and around sharp curves are for regular-sized vehicles, not buses. Go slower than the posted speed, or you might lose control of the bus and turn over.
- Whenever you double your speed, it will take you four times longer to stop your bus and the bus will have four times the destructive power.


## PASSING ANOTHER SCHOOL BUS

- The driver of a school bus must never pass another moving school bus.
- The driver of a school bus must never pass another stopped school bus unless the driver of the stopped bus clearly signals the other bus driver to pass.


## D. Field Trips

Field trips are those off-campus events, including athletic events, for which school bus transportation has been approved by the school district.

Accidents are much more likely to occur on field trips than on routine bus routes. A driver may be less familiar with the bus, the riders, and the route. Adverse weather conditions, a road detour, congested areas, and darkness pose extra risks.

These are some of the situations you will have on a field trip that are different from those you encounter in your regular route driving:

- teachers/chaperones who do not know what their responsibilities are while riding on the bus,
- students who are not familiar with rules and procedures for riding the bus,
- students who are excited (and hyperactive) on the way to the field trip or on the way home after a victory or a defeat,
- extra equipment or materials to transport, and
- the possibility of having an accident or a breakdown far from the home district.


## PREPARATIONS BEFORE THE DAY OF THE TRIP

1. As soon as you are notified of the trip, review the route for the trip, even if you will be following another vehicle.
2. If you will be driving a different bus from the one you usually drive, practice behind the wheel prior to the trip.
3. Collect the items you will need to have on board:

- your valid driver's license with proper endorsements;
- a current SCDE school bus certificate;
- a current DOT physical card (if applicable);
- maps, directions, and schedules;
- a state field trip permit form;
- a list of chaperones;
- reflective triangles; and
- your emergency information.

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4. Review and update your emergency information to make sure you have contact numbers for your bus supervisor, maintenance, and the school principal. Even if the trip is expected to be completed during the regular school day, plan for the unexpected. Make sure you have the after-hours telephone numbers of your contacts. This is especially critical if any part of the trip is scheduled to take place beyond the regular school day or during the weekend.
5. Make sure the bus has been fueled. If it has not, notify your supervisor.

## PREPARATIONS ON THE DAY OF THE TRIP

1. If possible, meet with the teachers and chaperones to review their responsibilities in case of an accident or other emergency, if your supervisor has not done so. Emphasize that teachers are responsible for helping students manage their behavior and that you will not drive while noise and disruptions are endangering others' lives.
2. Review the bus-riding rules for all passengers and explain the necessity for following the rules to ensure a safe trip.
3. Review evacuation procedures. Point out the emergency evacuation doors and windows and explain that if an emergency evacuation becomes necessary, the riders will be told which door to exit through. Remind the passengers that they would most likely use the front (service) door.
4. Review the procedures for railroad crossings.
5. See that all equipment is secured away from the front and is not blocking any emergency exits or the aisle.
6. Check that all passengers are authorized to ride the bus.

## RESPONSIBILITIES DURING THE TRIP

- If the students become too loud, get out of their seats, or otherwise make the trip unsafe for you or others, ask the teachers to take charge and bring the students under control. If students continue to misbehave, find a safe place to stop. Inform your passengers that you will not continue to drive until it is safe to do so.
- If possible, park where you will not have to back up.
- Remind students not to leave valuables on the bus.
- Never take the bus to a location other than that listed on the permit.
- Never leave the field trip destination area.
- Make sure all riders know where the bus will be parked, how to identify it, and when they are to return to the bus.


## PROCEDURE AFTER THE TRIP

1. Complete the necessary forms, and turn them in to your transportation supervisor.
2. Submit a report to maintenance of any problem with the bus.

## Section V

## Accidents and Other Emergencies

It is important that you and your riders are prepared for the possibility of an accident and other on-the-road emergencies. As a driver you must know what to do, how to do it, and when to do it. This module will teach you the skills you will need to prepare yourself and your riders for such emergencies.

## A. Procedures for Emergency Evacuation

## PREPARATION FOR EVACUATION DRILLS

Inform all riders during the first days of school that emergency evacuation drills will be held during the school year. Teach them these rules and procedures:
A. The aisles and all exits must be free from book bags and other clutter.
B. You, the bus driver, will tell them how to exit.
C. They are to leave all personal belongings on the bus.
D. They must follow the lead student and stay together, well away from the bus. They must stay away until you give them the all clear.
E. If an accident occurs that makes an evacuation necessary, they are not to leave the scene without your approval, even if a parent should arrive there.
F. If evacuated, they are never to reboard the bus unless you have directed them to do so.
G. In South Carolina, we recommend that students who are evacuating "sit and scoot" rather then "duck and jump."

## Training Student Helpers

At the beginning of the year, select six students (aged nine or older) to help you in emergencies. Ask school personnel to help identify students who are mature and responsible. Obtain written permission from the parents for you to use their children as your assistants.
A. Train two of these students to take charge if you are disabled in the accident. (Point out to the students that this is quite unlikely to happen.) These students should be taught how to do the following:

1. Secure the bus.
2. Call for help, using whatever communication is available. (If you use a two-way radio, teach students how to use it.)
3. Flag down passing motorists for help.
4. Use the emergency information packet.
5. Kick out windshields, pop out windows, and open roof hatches (if those safety features exist) if other exits are blocked.
B. Train two other students to carry out emergency equipment including telephone, reflector triangles, first aid kit, emergency information packet, and fire extinguisher.
C. Train all student helpers to

- assist in helping students to evacuate at your direction,
- monitor other students once they are evacuated,
- know in which direction to lead students if they have had to evacuate on a railroad track with an approaching train,
- know how to estimate a distance of 100 feet away from the bus, and
- in South Carolina we recommend that students who are evacuating "sit and scoot" rather than "duck and jump."


## Positions and Duties of Student Helpers

A. The position and duties of the student helpers for front-only evacuations:

- One front helper should be seated next to the aisle in a seat near the front door. This helper will lead students off the bus to a safe area at least 100 feet away from the bus and keep students together.
- Two other student helpers should take the emergency equipment with them as they leave the bus.
B. The position and duties of the helpers for rear emergency door evacuations (conventional buses only):
- Two helpers should be positioned in the seats nearest the rear door, one on each side of the aisle.
- A third student helper should sit on the next-to-the-last seat nearest the aisle.
- When the driver gives the command to exit, the two helpers nearest the rear door should open the rear emergency door and should exit first.
- The third assistant should be the third student off the bus. This third student helper will lead the other students at least 100 feet away from the bus to a safe place and keep students together.
C. The position and duties of the helpers for front and rear door evacuations (conventional buses only):
- All six assistants should assume their positions (front or rear) and carry out their assigned duties for rear only or front only evacuations. The only difference will be that each group will have fewer students. You will stand slightly in back of the middle of the bus to direct students to the appropriate door for exiting.
D. The position and duties of the helpers for front and side door evacuations (transit buses only):
- Two of the assistants should be seated near each of the side emergency doors.
- The front door assistants should assume their regular positions near the front door.
- The assistant nearest the emergency door should open the door and exit. This assistant should help other students as they exit.
- One assistant for each door should lead the students away from the bus to a safe place and help keep them together.

Remember that you may need to evacuate when none or only some of your trained student helpers are on board. In that case, you must immediately assign certain students to lead the other students away from the bus and to assist in evacuating. You should be prepared to assume most of the evacuation duties yourself.

## EVACUATION DRILLS

At least twice each school year you are required to conduct emergency evacuation drills with all students and teachers. Even those who are not regular bus riders must take part in this practice drill because they may ride the bus on field trips or other school events.

- The first drill should take place during the first two weeks of school, and the second drill should take place in the first two weeks of the second semester.
- All drills should take place on school grounds.
- The school principal should see that classroom teachers conduct lessons on proper evacuation procedures prior to the drills.
- A principal or other authorized administrator should take part in the drill and remain outside the bus. This person should make sure that student horseplay is not allowed.
- The driver should stay on the bus during the drill.
- The driver should make certain that all students are away from the bus loading area before moving the bus. Students have been run over by the driver after evacuation drills. Be aware of this danger.


## Before an Actual Drill

1. Once students and their teachers are on board, secure the bus.
2. Stand and face your passengers and say to them: "During an actual emergency, you will be directed to exit through one of several ways. We will practice some of those ways. If you look around the bus, you will see the various ways we can exit. We will not practice exiting thorough the roof hatches or window exits because those exits would normally never be used. But I will show you how to use them in case you should ever need to get out that way. They are there only in the unlikely event that we turn on our side and the other exits are blocked."
3. If your bus is so equipped, demonstrate how to open the window emergency exits and roof hatches.
4. Then say: "We will practice using the other emergency exits."
5. Remind students that they are to leave all personal belongings on the bus.
6. Remind students to walk, never run, and to use the handrails, touching every step as they exit the bus.
7. Tell students that they are to follow the student leader away from the bus. Stress that once they are away from the bus, they are to remain together as a group away from the bus until you join them.

## Front Door Evacuation

1. See that your student's helpers are in place.
2. Secure the bus.
3. Stand and face your passengers and say to them: "Emergency evacuation. Front door. Remain seated."
4. One student helper should be the assigned leader and be the first one off the bus. He or she can lead the students away from the bus.
5. Two other helpers can exit next, so they can assist other students as they evacuate.
6. You should stand between the first two seats facing the door. Tap the shoulder of the rider on your right, closest to the aisle, and say, "Walk. Don't run. Use the handrails." Continue with the evacuation from right to left until all students are evacuated.
7. Check to make sure those students responsible for removing emergency equipment have done so.
8. Check the bus as you exit to make sure no student is left.
9. Exit through the front door, and join the group.
10. Thank the students and their teachers. Tell them how well they did, or point out areas for improvement.
11. If necessary, ask some or all students to repeat the evacuation drill.

## Front and Rear Door Evacuation (Conventional Buses Only)

1. Ask your student helpers to assume their positions.
2. Secure the bus.
3. Stand and face your passengers and say to them: "Front and rear door evacuation drill. Remain seated."
4. As you walk toward the middle of the bus, direct students to exit through the front service door.

- Walk to the middle of the bus, slightly closer to the back door rather than front. (You may want to place a piece of tape on the roof to indicate this dividing line.) Most of the students will exit through the front service door because this is by far the fastest way to exit.
- Begin with your three front helpers. Then direct the other students to exit, alternating left to right.

5. As students are exiting through the front door, direct student helpers to open the emergency rear door and exit.
6. Direct the students nearest the back door on the left to exit first, followed by those on the right.
7. One of the helpers will lead students away from the bus.
8. Continue to direct both the front and rear exiting until the bus is empty.
9. Walk through the bus and check to make sure all riders have exited.
10. Join the group of students and their teachers. Thank them for their participation. Point out any areas that need improvement.
11. Repeat the drill for some or all riders if necessary.

## Front and Side Door Evacuation (Transit and Some Conventional Buses)

1. Secure the bus.
2. Stand and face your passengers and say to them: "Emergency evacuation drill. Front and side door evacuations. Remain seated."
3. Open the service door. As you walk to the middle of the bus, slightly closer to the back door rather than front, direct students to begin exiting through the front service door, alternating right and left seats.
4. Open the side emergency exit door away from traffic.
5. Direct students nearest the door to exit, beginning with the three student helpers and continuing with other students.
6. Walk backward toward the back of the bus, evacuating students through the side door, alternating right and left seats.
7. Walk through the bus and check to see that all riders have exited.
8. Join the group and thank them for their participation. Point out any areas that need improvement.
9. Repeat the drill for some or all riders if necessary.

Keep in mind that there may be situations in which you can use both side exit doors to evacuate if no dangerous traffic poses a threat to students exciting through the left exit door.

## WHEN TO EVACUATE

Evacuating a school bus is a very rare event. It is usually safer to keep passengers inside the bus. For a routine breakdown or fender bender, the students should be kept inside the bus. They are less likely to get into trouble or be injured if kept inside.

As a check to determine when an evacuation is necessary, ask yourself if the students are in more danger if they stay on the bus. If you think so, then get them off.

An evacuation is necessary if
a. the bus breaks down

- on a railroad track,
- just over the crest of a hill,
- around a blind curve, or
- in heavy fog and
b. the bus is in danger
- from fire,
- from poisonous gas or toxic fumes,
- of being submerged in water, or
- of rolling over.


## B. Accident Procedures

Every year in South Carolina school buses are involved in accidents, many of which are the fault of the driver. Last year, approximately two hundred such accidents occurred. Most of the accidents resulted from the driver's misjudging distances.

Backing is a major problem for drivers. Of the total amount of driving time, very little is spent in backing. Yet many of the driver mistakes last year were made during this maneuver.

In addition, many school bus accidents occur when the bus hits another vehicle or school bus in traffic. A high number of mishaps also occur when a bus hits a fixed object: a tree, a parked vehicle, and even the school building.

The potential for an accident is the greatest during loading and unloading. More injuries and deaths occur as students are leaving or approaching the bus than when they are riding in the bus.

## PREPARING YOURSELF FOR COLLISIONS AND OTHER EMERGENCIES

A. Know what is inside your first aid kit and how to use the items.
B. Know where the triangular reflectors are stored and when and how they should be used.
C. Know the location of and the way to use a seatbelt cutter and blanket for emergency evacuation if you transport students who use seatbelts or other securement devices.
D. Know how to use the fire extinguisher and when not to use it.
E. Know the exact location of all emergency exits and be able to open them in the dark. (On transit buses, you can practice counting the seats until you get to the side exits.)
F. Have on board and within easy access the following emergency information

- your name;
- bus identification number (state bus number)
- the telephone number of your maintenance shop;
- the name and telephone number of your bus supervisor;
- the telephone numbers of the police, sheriff, and/or highway patrol; and
- your student seating chart.

THE THREE SPECIFIC STEPS TO TAKE AFTER AN ACCIDENT HAS OCCURRED
Calm yourself so that you can reassure your passengers. Quickly assess the situation, and then take the necessary steps.

1. Protect the area. Your first concern is to try to keep another accident from happening. Take this step even before you call for help or tend to the injured.

Move the bus only if its location puts it in immediate danger. Such locations include

- just over the crest of a hill,
- on a blind curve,
- on a railroad grade crossing,
- in the roadway if there is heavy fog, and
- in front of a vehicle that has run into the back of your bus and is now on fire.

2. Secure the bus by setting the parking brake, putting the gear selector in neutral.
3. Activate the four-way hazards lights and turn the ignition off, and remove the key.

After you have done these three things, you should then:
(A) Check the injured. If you suspect injuries, put on your disposable gloves before touching students. If an injury is life threatening (heavy bleeding, no pulse or breath, etc.), call 911 immediately or use your radio to report "an extreme emergency."
(B) Notify the appropriate transportation official for assistance before getting out of the bus.

- Be prepared to give information about the extent of any injuries and what equipment will be needed.
- Be prepared to give the number of passengers on board.
- Avoid giving student names or vivid details over the radio. These details might create panic to those who listen to radio broadcasts.
- Do not move the bus unless one of the dangerous conditions exists or if a disabled vehicle or a vehicle involved in an accident resulting only in damage to a vehicle is obstructing traffic, the driver shall make every reasonable effort to move any vehicle that is capable of being driven safely off the roadway.


## OTHER IMPORTANT MEASURES TO TAKE

A. Render aid to the injured. You should provide first aid to anyone injured, up to the level for which you have been trained. If a qualified person is at the scene and is helping the injured, stay out of his or her way unless you are asked to help. Do not move a victim who may have a serious injury unless fire or danger from passing traffic makes it necessary.
B. Check for conditions that could cause a fire-for example,

- a ruptured fuel tank,
- leaking or broken fuel lines,
- other vehicles that are on fire, and hot tires.
C. Keep students on board unless
- there is a condition that could cause a fire (see above) or you smell smoke or notice an unusual fuel or electrical smell,
- the bus may be hit due to its location (e.g., on a railroad track, on a curve, just over the crest of a hill),
- there is the possibility that students may drown,
- poisonous fumes or gases may be present, or
- the bus is in danger of rolling over.
D. Call your supervisor.
E. Get help from onlookers if necessary, but keep others away from the area and away from the students.
F. If other drivers are involved in the collision, do not argue with them or admit guilt.
G. If the emergency has occurred in a remote location and you do not have a radio or phone, stay with the bus and other students and if no house or business is nearby, wait for a passing vehicle.
H. Place your reflective warning triangles within ten minutes after the accident if at all possible. Never allow students to place reflective triangles, and never leave students unattended so you can place thetriangles.


## Put warning triangles in the following locations:

- If you are stopped on a two-lane road carrying traffic in both directions or on an undivided highway,

1. Place one triangle 10 feet from the rear left corner to mark the location of the bus.
2. Place triangles 100 feet behind and ahead of the bus on the shoulder or the lane you are stopped in. See figure A, below.


FIGURE A
Warning device placement: two-lane (traffic in both directions) or undivided highway
3. Place triangles back beyond any hill, curve, or other obstruction that prevents other drivers from seeing the bus within 500 feet. See figures B-1 and B-2, below.

FIGURE B-1
Warning device placement on a hill


FIGURE B-2
Warning device placement on a curve


- If you are stopped on or by a one-way or divided highway, place warning devices 10 feet, 100 feet, and 200 feet to the rear of your bus. See figure C, below.

FIGURE C
Warning device placement: one-way or divided highway


## I. Remain at the scene until law enforcement and district transportation officials arrive.

- Cooperate with law enforcement officers by providing clear, concise answers and details.
- Do not discuss the details of the accident with the media or anyone except law enforcement, transportation, or school district officials.
- Refer questions to your supervisor.
- Do not allow students to be questioned by reporters about the accident.
- Keep students at the scene of the accident until directed to release them by district authorities.
- If parents arrive at the scene, follow district policy as to whether or not to release their children to them before authorities arrive.
J. As soon as possible after the accident, clearly record everything you will need to complete the accident report. Most of this information can be obtained in the official report from the investigating officer. Additionally, you should write down, for your own records, everything you remember about the accident, including the names of all witnesses and identifying information about other drivers and vehicles involved. Keep your own copies of this record and the accident report.
K. Your transportation supervisor must submit the form titled "School Bus Accident/Incident Report" after any accident, no matter how minor. This form must be submitted to the county supervisor of transportation by the end of the school day following the accident.


## C. Procedures for Mechanical Problems and Other Conditions That Disable the Bus

If you develop mechanical problems, the bus runs out of fuel, or you get stuck, use the following procedure:

1. Secure the bus:
A. Set the parking brake.
B. Put the gear selector in neutral.
C. Activate your hazard lights.
D. Turn off the ignition.
E. Remove the key, and keep it with you.

If you develop a serious mechanical problem, stop the bus as quickly and safely as possible. If you have no safe shoulder or other parking area, stop as close to the right side of the road as possible. Then secure the bus.
2. Keep students inside the bus, unless an evacuation is necessary to ensure their safety.
3. Use your telephone to call the maintenance office or use your radio to call your supervisor. Give him or her your name, the bus identification number, your exact location, and the nature of the problem.
If you have no radio or phone, flag down a passing motorist. Give him or her your emergency information as well as a written description of your exact location and the nature of the problem.

If no communication devices are available stay with the bus and students and wait for a passing vehicle.
4. Set out reflective triangles if needed.
5. Finish your route as soon as the bus is ready to be driven.
6. Call transportation personnel if the problem is solved before help arrives.

## Procedure for the Relief Bus

If another bus is sent to pick up your riders, this relief bus should stop in line with and as close as possible to the rear of the disabled bus.

1. Both drivers should activate the red loading/unloading lights before moving students from one bus to the other.
2. The driver of the disabled bus should get out of the bus and stand to the left of the door.
3. The driver of the relief bus should stand to the right of the door of the relief bus.
4. After all students have been loaded, the driver of the relief bus should stay with the disabled bus while the regular driver completes the bus route.

## D. Procedures in Critical Situations

You should think about and rehearse what you should do if a critical situation develops. This way, you will reduce fear and prepare to react correctly if you must handle a dangerous situation.

## LOSS OF TRACTION

Traction loss occurs when the tires lose their rolling grip on the road surface. The most common reasons for traction loss are

- overbraking-when the driver brakes too hard and causes the wheels to lock;
- turning and speed-when the driver tries to slow down in the middle of a curve rather than before it;
- unequal traction-when one wheel drops off the pavement onto the shoulder;
- hydroplaning - when the tires skim on water that is on the road and lose contact with the road surface;
- rain mixed with surface oil-when it starts to rain and the water on the road mixes with oil left on the surface by vehicles; and
- ice and snow.

You can reduce your risk of skidding by taking these precautions:
A. Inspect your brakes and tires and promptly report any problems. Low air pressure or worn tread contributes greatly to loss of traction.
B. Increase your sight distance when driving so that you can react to hazards well in advance.
C. Match your speed to road and weather conditions.
D. Avoid overbraking, overaccelerating, and oversteering. Gently brake to check the "feel" of a surface to determine if it is slippery.

## BRAKE FAILURE

## Air brakes:

When the air pressure drops to below 60 psi , a warning buzzer will sound, and a light indicator will come on. This indicates a dangerous loss of air pressure. You must do the following:

1. Immediately find a safe place to stop.
2. Use your service brakes to stop the bus. When the buzzer sounds, you should have enough pressure left to stop the bus.
3. If you fail to stop the bus, the emergency brakes will automatically activate when the pressure drops to a range of 20 to 45 psi . This will cause an immediate and sudden stop.

## Hydraulic brakes:

A. Pump the brakes to see if you can generate enough pressure to stop the bus. (Do not pump the brakes if you have antilock brakes.)
B. Downshift to a lower gear.
C. Use the emergency brake gradually.
D. Look for an escape route: an open field, a side street, or something similar.

If your brakes get wet because of heavy rain or because you have driven through deep water, you may lose braking power or experience uneven braking. Pumping the brakes lightly may help dry them out.

## STEERING FAILURE

A. If you have a power steering failure, grip the wheel firmly; get off the roadway; and stop as quickly as possible.
B. If you experience complete steering failure, grip the wheel firmly and stop the bus as quickly as possible.

## TIRE BLOWOUT

A. If a front tire blows out, the bus will pull in the direction of the flat tire. This could cause the bus to go into the oncoming lane or onto the shoulder, depending upon which side the flat is on.
B. When a rear tire blows, the rear of the bus can sway drastically, causing you great difficulty in controlling the bus.

In either of these two circumstances, you should follow this procedure:

1. Grip the steering wheel firmly to keep the bus in the proper lane and to keep the steering wheel from twisting out of your hands.
2. Press the accelerator (YES, the accelerator) to give the bus a burst of power to make it possible for you to regain control quickly.
3. Stay off the brake.
4. Once you have the bus under control, release the accelerator so the bus will slow down.
5. Brake gradually.
6. Move off the roadway.
7. Secure the vehicle.

## HEADLIGHT FAILURE

If you experience headlight failure, follow this procedure:

1. Slow down as quickly and safely as possible.
2. Look for anything that will help you maintain your lane position, such as pavement markings and guard rails.
3. Try to find a safe place to pull off the road.
4. Turn on your turn signal and flash brake lights before you leave the road.
5. Turn on your hazard lights.
6. Turn on your parking lights.
7. Set out your triangle reflectors.

## STUCK ACCELERATOR

When the accelerator sticks, you should "tap" the accelerator to try to free it. If this does not work, you must cut the power to the wheels by this procedure:

1. Shift into neutral.
2. Gently apply the service brake.
3. Get off the roadway and stop.
4. Turn off the ignition.

## OVERHEATED ENGINE

The temperature gauge or warning light will indicate when the engine is too hot. In such a situation,

1. Pull off the road as quickly and safely as possible.
2. Turn off the engine.
3. NEVER remove the radiator cap while the engine is hot.

## BUS OFF THE ROAD

Use the following procedure if your bus runs off the road onto the shoulder:

1. Grip the steering wheel firmly.
2. Take your foot off the accelerator.
3. Slow down gradually.
4. Steer back onto pavement.
5. Be prepared to counter steer.

## DOWNED WIRES

If electrical wires are touching your bus after a crash or because of ice or wind, stay inside the bus and keep all your passengers inside. Passengers or bystanders can be electrocuted if they are touching the bus and ground at the same time.

Do not assume a wire touching your bus is not electrical or not high voltage. Even a cable TV wire can be draped over a high-voltage line and be extremely dangerous. You CAN use your phone or radio to call for help.

## FIRE

If another vehicle hits the back of your bus and the other vehicle catches fire, you may be able to drive your bus away from the fire. Act at once, and drive your bus far enough away so that an explosion will not harm the students.
$\square$ In most cases the typical fire extinguisher is not big enough to extinguish bus fires. But regardless of the cause or the type of fire, you must never use the fire extinguisher if students are on board the bus. Make sure all students are evacuated as quickly as possible and are safely away from the bus.

- Never put yourself in danger when using a fire extinguisher. If-after students are evacuated-you decide to use the fire extinguisher, follow this procedure:

1. If the wind is blowing, do not allow the wind to blow the fire toward you.
2. Pull the pin to break the tamper-proof seal. The wire will break more easily if it is twisted.
3. Hold the extinguisher in an upright position.
4. Squeeze the trigger lever in short bursts.
5. Direct the chemical at the base of the fire rather than at the flame.
6. Use a gradual side-to-side motion to cover the burning area.

## BUS STALLED IN ROADWAY

If your bus has stalled in the road, follow this procedure:

1. Secure your bus and turn on the hazard lights.
2. Use your radio or telephone to notify maintenance and your supervisor.
3. If you have no radio or telephone, try to flag down a passing motorist. Give the motorist your emergency information, describe your exact location, and explain what the problem seems to be. Ask that maintenance and your supervisor be called.
4. Keep all passengers on the bus, unless a fire is a possible threat.
5. Place reflective warning triangles on the roadway on the traffic side of the bus. Put one triangle within 10 feet of the rear of the bus and put two triangles about 100 feet behind and in front of your bus.
6. Stay with your passengers.

Remember: If any of these critical situations develop, contact the proper transportation official as soon as possible.

## Section VI

## The People Factor

## A. Communicating

You will be required to communicate with parents, school officials, transportation officials, and your riders. A few basic skills will allow you to communicate with others successfully.

## COMMUNICATING WITH PRINCIPALS, TEACHERS, AND TRANSPORTATION PERSONNEL

The best way to ensure effective communication with other professionals is to do your job well. Others will both respect and support you if you know what is expected of you and you perform all of your duties to the best of your ability:

- Take part in all scheduled or informal training sessions.
- Complete required reports and provide feedback:
a. discipline reports,
b. reports on hazardous conditions or situations,
c. routine records, including maintenance write-ups, and
d. route descriptions.
- Be a careful and courteous driver
- Be on time and dependable.
- Keep all information about students confidential, including information about the student's family.
- Maintain a professional relationship with other drivers, maintenance personnel, supervisors, and school personnel.
- Be supportive of others: avoid criticizing other drivers, school officials, or your supervisors to students, parents, or the public.


## COMMUNICATING WITH PARENTS

You are the daily visual link between the school and the students' homes. Therefore, parents are likely to unleash frustration about their children's school on you. You have the ability to build good relations between home and school by your response to parental concerns. Parents want and expect a safe trip for their children to and from school each day. They expect the bus to follow a predictable schedule.

To promote good relations with parents, follow these guidelines:

- Introduce yourself to parents at the beginning of the year (or whenever you get a new student) by sending them a list of the bus rules and consequences. On this sheet, provide your name and your bus identification information.
- Be on time each morning and afternoon.
- Control school bus discipline so that students will have a safe and comfortable ride.
- Never argue with a parent. Refer the parent to school authorities or transportation personnel. In your own words, repeat to the parent his or her concern. This will demonstrate to both of you that you understand it.
- Never allow a parent to board the bus for any reason. Report to the principal and bus supervisor if a parent illegally boards the bus.
- Never lose your temper, even if the parent has lost control of his or her own.
- Always remain calm and positive. Be genuinely interested in the parent's comments and suggestions.
- Always require the parent to send special instructions for the teacher or principal in writing. Do not deliver oral messages.


## How to respond to another's anger:

Even if someone is angry or criticizing you in some way, respond positively to that person. Agree with him or her if you can honestly agree with any part of what the person is saying.

## Examples:

- "I can see that you are angry about someone taking your child's lunch money."
- "I understand why you would be concerned about a parent saying I had treated her son unfairly."
- "I know it must be inconvenient for you when the bus is late."


## COMMUNICATING BY CELL PHONE OR TWO-WAY RADIO

Using a cell phone while driving a school bus isn't just unsafe, it is against federal regulations except in limited situations. According to 49 C.F.R. §§392.80 - 392.82 (2011):

- No driver shall engage in texting while driving.
- No driver shall use a hand-held mobile telephone while driving a commercial motor vehicle (CMV).
- No motor carrier shall allow or require its drivers to engage in texting or to use a hand-held mobile telephone while driving a CMV.
- Texting or using a hand-held mobile telephone while driving is permissible by drivers of a CMV when necessary to communicate with law enforcement officials or other emergency services.

According to the regulations driving means operating a commercial motor vehicle on a highway, including while temporarily stationary because of traffic, a traffic control device, or other momentary delays. Driving does not include operating a commercial motor vehicle when the driver has moved the vehicle to the side of, or off, a highway and has halted in a location where the vehicle can safely remain stationary.

## Never use your cell phone while you are loading or unloading students.

Because it still diverts your attention away from the road, headset cell phone use is no safer than hand-held use.

If you must make a phone call or send or read a text or e-mail, observe the following procedures:

- Check your mirrors.
- Drive the bus to a safe location off of the roadway.
- Activate the emergency hazard lights.
- Secure the bus by setting the parking brake and shifting to neutral.

Your district may use radios or other devices to communicate with you while you are on your route. While using these devices may not be prohibited under state or federal regulations, you must always keep the safety of your students as your first priority.

## B. Managing Student Behavior

## Part 1: Communicating with Students

## GENERAL GUIDELINES

Managing student behavior on the bus is a crucial part of your job. Getting students to school safely depends on it.

In the past many parents, principals, teachers, students, and even bus drivers viewed behavior on the school bus as a problem only for bus drivers to deal with. We know now that it takes parents, principals, teachers, transportation staff, and the bus driver working as a team to effectively manage student bus behavior.

If riders board the bus in the mornings sleep deprived, sugar filled, angry, or upset about something that happened at home, it will likely affect their willingness to abide by safety rules. If the riders get "hyped up" or upset on the bus, it will affect not only your job but also the job of the school personnel or parents. Likewise, if students have trouble during or after class, your job is likely to be more difficult on the ride home. If team members do not communicate and if they do not work together, they will find it very difficult to help the student assume responsibility.

Your state and district have joined together to support a plan that makes student responsibility on the bus a goal for all team members. Each team member knows his or her role in assuring that all work together so that students experience the ride to and from home as an extension of the school day. We will be learning about your role in managing this plan.

During your first days as a bus driver, it will probably seem an overwhelming task to keep as many as seventy-eight children in control while driving a bus with your back toward them! In this section of your training, you will learn the skills you need to communicate effectively with children and adolescents and to manage their behavior on your bus.

Once you have developed these skills for communication and behavior management and begin to use them on the job, you will experience the many rewards that come from working with students and relating to them in a positive way.

## ESTABLISHING A RAPPORT

Establishing a good rapport with students from the get-go is the most important thing you can do to encourage students' good behavior and ensure a safe and comfortable ride to school for all. The way you treat students serves as a model for the way students will treat you and each other. If you exercise self-control and show respect and kindness toward others, students will learn to develop these positive behaviors as well.

## How to Establish a Rapport with Students

A. Make a seating chart with the help of an administrator or teacher who knows most of the students' names. Use the chart to learn students' names.
B. Be positive and professional. Greet students as they load the bus. Make eye contact and smile. Wish them a good school day or a good evening as they leave the bus.
C. Use students' names when greeting them.
D. Keep rules to a minimum.
E. Monitor students when they load and unload and during the ride, as best you can, through your rearview mirror. Anticipate problems and try to prevent them by setting up conditions on the bus that make it easy for students to behave well.
F. Keep students' confidences.
(EXCEPTION: If a student tells you about an instance of abuse or other criminal activity, you are required to report this information in a confidential manner to the principal.)
G. Tell the truth.
H. Treat all children fairly and consistently.
I. Tell children specifically what you want them to DO instead of telling them what NOT to do. For example, say "The rule is keep your hands inside the bus at all times" instead of "Don't stick your hands out the window!"
J. Set a good example through your own behavior.
K. Listen to children's suggestions or complaints. They may be aware of problems that you do not see. They may also come up with a solution to a problem that you have not thought of.
L. Stay calm during stressful moments.
M. Avoid needing to have the "last word." Struggling with adolescents over the last word can worsen an already intense situation.
N. Take charge of yourself. Prepare yourself mentally and physically to drive every day.
O. Be able to laugh at yourself and to stay in control of your own emotions. Students win when they can set you off. If you are angry, take time to cool off and collect your thoughts before taking action. Do not yell.
P. Apologize when you make a mistake.
Q. Acknowledge responsible behavior in students. Be generous with your praise but also be specific in your acknowledgements of good behavior. For example, say "You did a good job picking up those papers on the floor. Thank you for helping me to keep the bus clean" instead of "You sure are a good kid!"
R. Be aware of differences in maturity levels.
S. Be especially careful with young children:

- They often act before thinking.
- They assume that if they see the driver, the driver sees them.
- They cannot judge speed, and they think that cars and other vehicles can stop immediately.
T. Get to know the students individually. Speak to them in a calm voice. Smile often.
U. At the beginning of the school year and whenever you get a new student, demonstrate the correct procedures and allow the students to practice them. Do not simply tell students the rules.


## THE "DO NOTS" IN MANAGING STUDENT BEHAVIOR

A. Do not give orders or make threats that you do not intend to enforce.
B. Avoid touching students, even in a friendly manner. Touch a student only if he or she is in need of emergency care. NEVER touch a child when you or the child is angry.
C. Do not ever strike a student.
D. Do not punish the group for the actions of an individual.
E. Do not judge the severity of misconduct by how greatly it annoys you.
F. Do not take your personal feelings and prejudices out on students.
G. Do not use inappropriate language.
H. Never humiliate a student with sarcasm, criticism, blaming, or name-calling.
I. Do not ignore misbehavior in the hopes that it will just go away. It will get worse if you do not take control. Building good conduct must start from the first day of school.
J. Be friendly, but do not try to be friends.
K. Do not nitpick. Do not expect any student to be perfect.
L. Do not apply consequences when the student is in a power struggle or trying to get revenge. Give the student a chance to cool off Avoid displaying your anger. Cool off; then act.
M. Never say anything to students that you would not say in front of their parents and your supervisors.

## Students tend to misbehave for one of four reasons:

- the need for attention,
- the need for control over people and situations,
- the need to get even, or
- the need to withdraw.


## You can prevent some misbehavior if you

- provide positive attention,
- give students choices and help them take control of their behavior,
- take appropriate action to prevent teasing and bullying, and
- show kindness, even when it is not returned or acknowledged.


## Part 2: The Discipline Plan

## Every discipline plan must include these three elements:

1. A short set of safety rules. Your rules should be brief, clearly and simply worded, and consistent with state laws and regulations as well as your district policy. District transportation officials must approve your rules.
2. Positive recognition of students' good behavior.
3. A clearly defined set of negative consequences for students who break the rules.

## SAFETY RULES FOR BUS RIDERS

## At the bus stop:

A. Be on time.
B. Stay off the road while you are waiting for the bus.
C. Do not move toward the bus door until the bus has come to a complete stop and the driver has signaled you to approach the bus.

## On the bus:

A. Follow school rules of behavior.
B. Follow your bus driver's directions, and never distract the driver from performing his or her duties.
C. Keep your hands, feet, arms, legs, and all objects to yourself and inside the bus.
D. Keep aisles clear at all times.
E. Stay in your seat while you are on the bus.
F. Do not eat or drink on the bus.
G. Keep the bus clean and undamaged.
H. Do not tamper with emergency exits or any other bus equipment.
I. Do not wave or make rude gestures to pedestrians or occupants of other vehicles.
J. Exit only at your own bus stop unless you have written permission approved by the principal to get off at another bus stop.

## After leaving the bus:

A. Stay at least 10 feet from the bus at all times.
B. When crossing in front of the bus follow these precautions:

- wait 10 feet from the bus at the side of the road,
- wait for the bus driver's signal,
- check the traffic, and
- then cross the road.
C. Go home immediately, staying clear of traffic.
D. Help look after the safety of small children.


## POSITIVE RECOGNITION

Students are much more likely to behave appropriately if recognized for their good behavior. Praise is an easy and effective way to reward appropriate behavior.

## Praise should be specific:

- "You kept the bus clean yesterday. I hardly had any trash to remove. Thank you for helping keep the bus clean."
- "Thanks for keeping the noise level down today. It made the trip more pleasant for everyone."
- "You talked quietly in your seats this morning. We had a great trip to school."
- "Joe and Daniel, you got along well today. Good job!"
- "Caitlin, I'm glad you were on time today. It helped all of us be on time for school."


## Praise should be age-appropriate:

- Older students might be embarrassed if they are singled out for praise in front of others. Take time to speak individually and quietly to them.


## Praise should not be mixed with sarcasm:

- "You actually behaved like humans today, not wild animals" is not the same as "Thanks for following the rules today."


## Other Positive Rewards

Positive rewards for individual students in elementary school might include

- a note to the parent about the student's good behavior,
- an "award" certificate,
- being first off the bus and first in line, or
- a pencil, eraser and sticker.


## NEGATIVE CONSEQUENCES

Students must know that if they misbehave, they will receive negative consequences. Therefore, your discipline plan must include a list of these consequences. This list, like the list of rules, must be given to students and their parents and must be posted on the bus.

## The important points to remember about negative consequences:

- You should let students and their parents know what will happen if students misbehave.
- You must enforce these consequences every time a student misbehaves. (Never say, "If I have to tell you one more time. . . .")
- Negative consequences must be something that students do not like. Many children are actually rewarded by the extra attention they get when they are "called down" in public. For them, a public reprimand is a positive reward rather than a negative consequence.
- Negative consequences must be neither physically nor psychologically damaging.

Physical contact should never be used. Consequences should not humiliate the student.

## Types of negative consequences:

- giving the student a warning
- moving the student to another seat
- having a conference with the student
- writing a disciplinary referral


## Part 3: Implementing the Discipline Plan

## WHEN STUDENTS MISBEHAVE

## Giving Warnings

1. State the rule.
2. Tell the student what you want him or her to do.
3. Inform the student that he or she has been warned.
4. Keep a record of the warning.

## Avoiding Arguments

Often when you try to tell students what you want them to do or when you apply consequences, they respond by arguing with you. Never argue with students.

The way to handle arguers assertively is to hit the "replay button." Here is how to do that:

1. Tell the student what you want him or her to do.
2. If the student argues with you, repeat what you want up to three times.
3. If the student still does not follow your directions, use a consequence.

When you repeat your instructions rather than arguing,
you stop arguments,
you remain calm, and
students are more likely to take you seriously and follow your directions.

## Conferring with an Individual Student

Talking individually with one student about a discipline problem can be a very useful technique.

## Follow these guidelines when you hold these driver-to-student meetings:

1. Have another bus driver or other school professional be a witness to the conversation, particularly with older students. (You may be able to record this conversation if your bus is equipped with a video camera.)
2. Approach the discussion as a way to help the student take responsibility for the problem and help to define a solution and consequence.
3. Express concern that the student is choosing to break a rule. For example, "I am afraid I might have an accident when you. . . ." Or "I am offended when I hear you use bad language. Also I am afraid that younger students will copy your example." Do not show anger.
4. Ask the student why he or she is having the problem: "What happened here to cause you to. . .?"
5. Ask the student what he or she can do to solve the problem.
6. Try to agree on a solution.
7. Summarize.

Such meetings do take extra time, but they allow the student and the driver to better understand why the misbehavior occurred and how to correct it. In the long run individual "discussions" will reduce time spent in conferring with the principal and writing referrals.

## Student Referral Procedures

You will handle serious problems by writing a disciplinary referral, using the form that your district has provided. This form may become a legal document, so you must treat it as such:

- Fill the form out completely and carefully.
- Describe the incident completely, including the exact language that was used.
- Check your spelling.

Do not submit a form that has words marked out. If need be, rewrite the form so that the document you submit is professional, legible, and accurate.

Make two copies of this report: one for your own records and one for your bus supervisor. In most districts, your principal (or person designated at each school to handle school bus discipline problems) will receive the original referral form that has multiple copies. In some districts, a transportation official handles all discipline referrals. As soon as the principal or other official has taken action on the referral, he or she will provide a copy for you and for the parent, telling both of you what action was taken.

Therefore, your records will include two copies of the incident: the one copy you made prior to submitting the referral form and the copy showing what action the administrator took. Save these copies. If a serious problem continues and further action is warranted, you will have these records to support any recommendations you make.

## INTRODUCING THE DISCIPLINE PLAN

Before your first day of driving, submit a written copy of your rules and consequences to your transportation officials. After the officials approve your plan, provide a copy of it to your principal. He or she will read your plan and discuss any needed changes with you. Make sure both of you understand what consequences will be applied once a disciplinary referral has been submitted to the principal or other appropriate official.

- On the first day of school, tell students that your goal is to have a year free of accidents and injuries. Ask for their cooperation in reaching that goal. Tell them that in order to reach your goal of safety, the students and you must follow certain safety procedures.
- Give students a copy of the safety rules and the consequences for breaking these rules.
- Discuss, demonstrate, and review the rules and consequences according to the maturity of the students. Point out that all riders are responsible for their own safety and that of other riders.
- Ask the student to take a copy of these two lists home for their parents to sign and return them to you.
- Post the lists of rules and consequences in a prominent place in the bus.


## CONFERRING WITH OTHER DRIVERS AND ADMINISTRATORS

Talk with veteran drivers who have positive attitudes and get their ideas on discipline. Periodically your principals and transportation supervisor should meet with you and other bus drivers to discuss the effectiveness of your discipline plans.

Principals should be invited to safety meetings to discuss any problems with the discipline plans. At that time, you can enlist the help of others in modifying your own plan, if needed, or in changing how your plan is being enforced. If during the school year you find that the principal is not following the plan you have agreed on or that his or her response to referrals does not help to improve the students' behavior, ask your bus supervisor to help find a solution.

Always make copies of every discipline action you take, including referrals. If principals or bus supervisors have not maintained or organized these records, you will have copies to provide.

## PREPARING SUBSTITUTE DRIVERS

To assist drivers who substitute for you when you are absent, be sure to keep this information on the bus at all times:
$\square$ a seating chart,
$\square$ a copy of your discipline plan,
$\square$ the bus route, and
$\square$ emergency information that includes your bus identification, emergency phone numbers, and VIP (Vital Information on Pupils) form.

## Part 4: Serious and Potentially Serious Misbehavior

## BULLYING AND TEASING

Routine teasing among students is common, especially on the bus. Students can be tired, wound up, hungry, and eager to release energy during the unstructured, under-supervised rides between home and school. Furthermore, riders are confined in a tight space for long periods of time with others of varying ages, personalities, and mental and physical capabilities. In short, school buses provide the ideal setting for students to tease and bully.
Persistent bullying and teasing require your intervention, even if the person who is the object of the behavior shows no distress.

- You should never tolerate teasing aimed at making fun of someone's appearance (shape, size, etc.), race, ethnicity, gender, religion, sexual orientation, or disability.
- Be especially protective of younger students, smaller students, or students with disabilities.
- As with other forms of misbehavior, administer consequences according to the severity or frequency of the teasing. You would not allow physical assault to continue. Do not allow bullying or teasing to continue.
- It is easy to cross the line between teasing or bullying and harassment. Students who are harassed are protected under state and federal laws and local policies.


## SEXUAL HARASSMENT

Charges of sexual harassment are increasingly being brought in response to student behavior in schools and on school buses. Sexual harassment is being defined by more and more state legislatures and local school districts, as well as other government agencies and business and industry. The courts also are expanding and clarifying the meaning of sexual harassment as more cases of harassment are made.

Generally, sexual harassment consists of unwelcome

- sexual advances,
- requests for sexual favors,
- sexually motivated contact,
- communication of a sexual nature, and/or
- other verbal or physical conduct of a sexual nature.


## Types of acts that may constitute sexual harassment:

## Physical

- touching a person's breasts, buttocks, and so on
- touching or rubbing oneself sexually in someone's presence
- cornering
- grabbing
- making sexual gestures
- carrying out other forms of physical advances

Verbal

- telling sexual jokes
- asking personal questions about someone's sex life
- telling lies or spreading rumors about someone's sex life
- commenting about another person's body
- discussing sexual acts
- suggesting sex
- making demeaning comments about a woman's pregnancy
- using crudely sexual language


## Visual

- writing and/or displaying letters and notes
- displaying cartoons and drawings
- displaying sexual objects

The courts generally have found behavior that is only occasional (offhand comments or isolated incidents) as not constituting sexual harassment. If the offensive behavior is physical, however, only one incident may be found to be sexual harassment.

The courts look at
a. how frequent the offensive conduct is,
b. how severe the conduct is,
c. whether it is physically damaging or threatening,
d. to what extent it is humiliating or disturbing to the victim, and
e. whether it interferes with the victim's ability to concentrate on schoolwork.

Someone who is offended by sexual behavior may bring harassment charges even if that person is not the object of the behavior. In other words, a bystander who finds the behavior offensive can bring charges of harassment.

It is the responsibility of the home and the school, not the bus driver, to teach students what constitutes sexual harassment. It is your responsibility to monitor students, observe as best you can, and document what you see and hear as well as any action you take to alleviate the problem.
A. If you observe what you believe is improper conduct that could give rise to an allegation of harassment, you are to administer consequences and carefully document your observations. Of course, you also should separate the victim from the alleged harasser.
B. If a student complains to you of unwanted touching, requests for sexual favors, or other conduct of a sexual nature, follow this procedure:

1. Listen carefully and write down the student's description of the conduct.
2. Read it back to the student to make sure you have accurately recorded what he or she has said.
3. Tell the student that you will discuss the matter with the principal and with your transportation supervisor.
4. If possible, separate the student from the alleged harasser.
5. Follow through by discussing the allegation with the principal and with your transportation supervisor immediately.
6. Unless you saw or heard the actual conduct that gave rise to the complaint, do not write a referral on the student who has been accused. It is up to school officials to investigate and determine what should be done.
7. Save your documentation of this complaint.

## OTHER FORMS OF SERIOUS MISBEHAVIOR

Serious misbehavior must be dealt with firmly and as soon as possible. Examples of serious problems are

- fighting,
- threatening the driver or another student,
- carrying a weapon,
- using or possessing illegal drugs or alcohol,
- smoking or lighting a fire or fireworks on the bus,
- carrying out a physical sexual assault or another act of serious sexual misconduct, and
- destroying property.


## You must always write a referral when you witness any of these forms of misbehavior.

## Responding to Accusations of Serious Misbehavior

If a student comes to you with the accusation that one or more students have committed any of these acts of serious misbehavior-behavior that you did not witness-follow this procedure:

1. Listen carefully and write down the student's description of the conduct.
2. Read it back to the student to make sure you have accurately recorded what he or she has said.
3. Tell the student that you will discuss the matter with the principal and with your transportation supervisor.
4. Report the accusation to the principal and to your transportation supervisor as soon as possible.
5. Do not write a referral unless the principal instructs you to do so after he or she has investigated the incident.

## Procedures for Handling Serious Misbehavior

Any procedures for handling serious problems are dependent upon good judgment and common sense and factors such as the age and maturity level of the students, location of the bus, the severity of the disruption, and the communication options available to you.

Your first concern in dealing with a serious behavior problem is the safety of those on the bus. You also must be concerned about the safety of nearby motorists and pedestrians.
A. Never attempt to handle a serious behavior problem while the bus is in motion.
B. Do not use warnings for severe behavior problems.
C. Do not immediately apply consequences for severe behavior problems. It is up to the principal in charge of discipline to do so.
D. In all cases of severe behavior problems, you must fully document the incident and submit a disciplinary referral form at your earliest opportunity. Make a copy of the form for your records before submitting it to school officials. If possible, discuss the incident with these officials.
E. Use extreme caution in attempting to stop fights:

- Do not place yourself in a position to be injured or subject to liability by harming or inappropriately touching students.
- Do direct other students to move away from the fight so that they will not be injured.
F. For fighting or other serious disruptions that you cannot stop immediately by command, follow the guidelines your instructor provides for your district. Your instructor will review district policy concerning such procedures with specific examples.


## REPEAT OFFENDERS

Some students soon master the system and repeat the same minor misbehavior. Treat this kind of student as you would treat the student who commits serious misbehavior.

- Move to the more severe consequence: submit a disciplinary referral form to the principal.


## A ROWDY BUSLOAD

What if the entire busload of students seems to be disruptive?
Sometimes students become overly excited and seem out of control. Special events at school or the day before a holiday are likely to cause great excitement. At those times

1. stop the bus,
2. secure the bus, activate the hazards light, and remove the key,
3. stand up and face the riders, and
4. say in a loud, firm voice, "Stop right now!"

Tell your riders firmly and clearly (but do not shout) to settle down. Tell them that you will not put your life and their lives in jeopardy by driving with that much noise and distraction. If you do not regain order, do not drive. Call for assistance.

## STUDENTS WITH DISABILITIES

Every driver must know what strategies to use with a student with a disability if a student's misbehavior is related to that disability.

If the misbehavior of a student with a disability continues and threatens the safety of the rider or others, you must report this behavior to your supervisor and principal immediately. No student should be permitted to cause the bus ride to be unsafe for him- or herself or to others.
A. Write a referral describing the misbehavior and your attempts to help the student with his or her behavior.
B. Give a copy to your bus supervisor.
C. Request that your supervisor meet with school officials immediately to find a solution to the problem.
D. Do not continue to transport a student whose behavior poses a threat to his or her own safety or to that of others.

## Section VII <br> Transporting Students with Specialized Transportation Needs

## A. General Guidelines

## WHO ARE STUDENTS WITH SPECIALIZED TRANSPORTATION NEEDS?

Students with specialized transportation needs have a disability that interferes with their ability to be transported with the general population of students. A student with a disability is often referred to as "special needs." We are working to get away from that language just as the term "handicapped" should not be used to describe such students.

## Federal and state laws require

a. that all students, regardless of their disabilities, be given access to a free, appropriate public education;
b. that students with disabilities be educated alongside their nondisabled peers whenever possible; and
c. that school districts offer related educational services, including transportation, to students with disabilities.

## HOW TO TALK ABOUT OR WITH STUDENTS WHO HAVE SPECIALIZED TRANSPORTATION NEEDS

A. Speak of the student first, then the disability.
B. Emphasize abilities, not the disability.
C. Do not give excessive praise or attention.
D. Do not label students. Instead of saying "the disabled," say "students with disabilities."
E. Use the same tone of voice you would with students who do not have disabilities. Do not talk down to them.
F. Avoid excessive body contact.
G. Use the correct language.

Remember that students with disabilities are like everyone else except that they happen to have a disability. No one characteristic completely describes who an individual is.

On the next page is a list of some examples of correct language to use when talking to or about students with disabilities.

## When talking to or about students with disabilities,

## instead of saying this:

- "disabled" or "handicapped '
- "a victim of . . ." or "suffers from . . ."
- "slow"
- "crazy" or "insane"
- "confined to a wheelchair"
- "retard"
- "has fits"


## say this:

- "a student with a disability"
- "a student who has . . ."
- "developmentally delayed"
- "has an emotional disability"
- "uses a wheelchair"
- "a student with an intellectual disability"
- "has seizures"


## THE INDIVIDUALIZED EDUCATION PROGRAM (IEP)

An IEP is a legal document that is developed for every student with a disability. It outlines the goals to be accomplished by the student during the school year. It also specifies what special services, including transportation, will be provided for the student.

All of the people who are involved in the education of the child-teachers, principals, guidance counselors, psychologists, therapists, transportation officials, and the parents- develop the IEP.

## THE BEHAVIORAL INTERVENTION PLAN (BIP)

A BIP is required for all students with an emotional disability (ED). It is also required for some students with other disabilities who also have serious problems with their behavior.

The plan tells the driver and or aide what to do if the student misbehaves. It also gives suggestions for preventing the misbehavior.

## THE VITAL INFORMATION ON PUPILS (VIP) FORM

The VIP form is in your workbook. It must be completed by school personnel for any student with a special health or behavior problem who may need special assistance during his or her transportation to and from school. This means you will have this form not only for students with disabilities but also for students who may need emergency care en route because of a special health problem (a seizure disorder, severe allergies, diabetes, etc.).

This VIP form provides the contact telephone numbers of the parents and the school and gives specific instructions for dealing with problems and emergencies likely to develop because of the student's special needs.

## DRIVER INFORMATION AND RESPONSIBILITIES

## What information will I be provided as the school bus driver?

- You will be provided information from the IEP that deals with transportation if special equipment or modifications are to be used. This must be done before the student can be transported. This information will appear on the VIP form.
- You will be provided a copy of the VIP form for each student with a special health or behavioral problem.
- You will be provided a copy of the behavioral intervention plan (BIP) if the student has a behavior problem that is likely to affect the student's behavior on the bus.


## What are my responsibilities as the school bus driver?

- You and any school bus aide must be trained in any special procedures required in the IEP. This training must take place and be must documented before the student can be transported.
- You will provide transportation services for the student as specified on the IEP, BIP, or VIP.
- You or your supervisor may be requested to participate in the IEP meetings.
- You should recommend to your transportation supervisor that a BIP is needed to deal with a student's misbehavior, even if it means changing that student's IEP.


## B. Disabilities and Behavior Management Strategies

Most students who are disabled have mild disabilities. These disabilities are evident in classrooms but not necessarily in other settings, such as on the school bus. Therefore, these students require no special transportation services. Even students with obvious disabilities may ride standard buses on regular bus routes if these buses meet their transportation needs. Specialized bus transportation is provided to students because their needs cannot be met adequately if they ride a regular bus. Students with specialized transportation needs may go to a school located outside their normal attendance area. Some may require an aide to attend to their needs; some may require curb-to-curb service because of the severity of their disability.

## CATEGORIES OF DISABILITIES

The disabilities of most of your riders with specialized transportation needs will fall into categories 1 through 5, listed below. There are few students in the remaining categories, 6 through 13, so few drivers are required for their transportation.

1. Specific Learning Disability
2. Other Health Impairment
3. Autism Spectrum Disorder
4. Emotional Disturbance
5. Speech or Language Impairment
6. Visual Impairment, includingblindness
7. Deafness
8. Hearing Impairment
9. Deaf-blindness
10. Orthopedic Impairment
11. Intellectual Disability
12. Traumatic Brain Injury
13. Multiple Disabilities

Remember that these disability categories represent averages. Many variations and degrees should be expected.

1. Students with Specific Learning Disabilities (LD)

## Characteristics

A student with a specific learning disability has difficulty in writing, reading, spelling, and/or mathematics. Nevertheless, he or she is likely to have normal or above average intelligence. This group is by far the largest group of students with disabilities.
Most of these students look and act like the other students on the bus.
Some students with LDs may be hyperactive or have an attention disorder. Only those students with the more severe LDs will require specialized transportation services.

These students generally display the following characteristics:

- difficulty with organization,
- difficulty focusing their attention,
- difficulty making decisions,
- inability to understand directions or to follow them, and/or
- impulsive behavior-the student with a learning disability may act or speak before thinking and may have difficulty connecting his or her behavior to its outcome.


## Strategies

A. Check to see if the student has a BIP and learn how the plan applies to you.
B. Have simple rules that you repeat often.
C. Ask students to repeat instructions back to you to make sure they understand them.
D. Be consistent.
E. Assign seats.
F. Remind students to prepare for arriving at school and arriving at home so that they are less likely to forget items and leave them on the bus.
G. Practice procedures with the student until he or she gets them right.

## 2. Students with Intellectual Disabilities

Characteristics
Students with intellectual disabilities have below-average mental cognitive abilities. The old term was "mentally retarded," but most people now use the term "mentally disabled." and should no longer be used. It is considered offensive.

Students with mild intellectual disabilities will ride the regular bus as a general rule, although they are eligible for specialized transportation if the IEP committee agrees.

Students with moderate to severe intellectual disabilities may be provided specialized transportation. They may have coordination and speech difficulties. They may require close supervision because they may have difficulty making their needs understood. Any change in seat assignment, driver, pickup site, route, and so forth may upset them.

## Strategies

A. Speak clearly and simply.
B. Repeat instructions, but do not shout.
C. Establish a simple daily routine and stick to it. For example, put the student in the same seat each day.
D. If possible, position such students one to a seat.
E. Get to know each individual student. Find out from parents and teachers how best to communicate with each person.
F. Explain your daily routine clearly to any substitute driver.

## 3. Students Who Are Emotionally Disturbed (ED)

## Characteristics

ED students have behavior problems that interfere with their ability to learn. They often have difficulty getting along with other students and adults. They may be restless, defiant, and verbally and physically aggressive. Often they do not think they have done anything wrong when they misbehave, and so they blame others. Some students who are ED are depressed and withdrawn.

Students who are ED must have a behavioral intervention plan (BIP). This plan is a part of the IEP, which tell adults how to manage the student's behavior. You should be provided a copy of the BIP. If a behavior occurs that you are unable to handle, you should request a meeting with school officials or your transportation supervisor to get assistance.

## Strategies

A. Obtain a copy of the BIP before transporting an ED student. Make sure the plan includes strategies for managing the student on the bus.
B. Be fair but firm and consistent.
C. State expectations clearly, then follow through.
D. Try to catch the student being good so that you can positively recognize this behavior.
E. Be friendly. Remember that these students are children too.
F. Students who are ED must be expected to follow the same bus rules that other passengers must follow. If their behavior threatens their own safety or that of others, ED students can be suspended from riding the bus.

## 4. Students with Other Health Impairments (OHI)

## Characteristics

"Other health impairments" means that students have limited strength, vitality, or alertness due to chronic or acute health problems. Examples are asthma, sickle cell anemia, arthritis, heart conditions, epilepsy, leukemia, and diabetes. Students who have attention deficit disorders and/or are hyperactive may be included in this category.

## Strategies

A. Read the information you receive from the school about the student's condition and your role in providing safe transportation for him or her.
B. Keep a copy of this information on the bus at all times.
C. Establish clear communication with the student so that he or she will tell you if your help is needed.

## 5. Students with Speech or Language Impairment (SP)

## Characteristics

SP students may stutter, or they may have difficulty making certain sounds. Their speech may be very difficult for you to understand. Students with speech or language impairment may be unable to express themselves well or understand what you say to them.

## Strategies

A. Listen to the student with speech difficulty, rather than trying to correct his or her speech.
B. Be patient while you listen, rather than trying to complete the word or sentence.
C. If you are not sure what the student has said, repeat back to the student what you think he or she has said. Keep trying until the meaning is clear to you. Do not bluff.
D. Ask questions that need only short answers.
E. For students who have little or no language ability, find out from the teachers and/or parents how to communicate with him or her. Demonstrations, signing, and gesturing may be much more useful than words.

## C. General Responsibilities of Drivers

## THE SCHOOL BUS DRIVER'S DUTIES

A. If possible, meet the parents during the first days of transporting a student. At this meeting, you should verify the information on the VIP form.
B. Evaluate the pickup area to determine the safest and most reasonable pickup/drop-off site and procedure.
C. Maintain confidentiality by discussing a specific student and his or her needs, conditions, and behaviors only with that child's parents and those school officials who are entitled to have such information.
D. Monitor first aid and body fluid cleanup kit supplies. Notify your bus supervisor when extra supplies are needed.
E. Help students board and depart, if needed.
F. Instruct students about safety rules.
G. Monitor students throughout the ride.
H. If an authorized person is not at home to receive the student, keep the student on board. Notify school officials and follow district policy.

## D. Communicating Needed Information

Students with disabilities, even more than other students, need consistency. Therefore, all people who work with such students should communicate frequently about these students' needs. Some students must endure long bus rides to reach their special education programs, so the role of the driver (and aide) is especially important in helping such students manage their own behavior and connect the school to the home. You are often the source of information that is vitally important to the parents, the principal, and the teachers

## GUIDELINES FOR MAINTAINING AND REPORTING INFORMATION

A. Keep basic records on your bus at all times: they provide crucial information not only for you but also for substitute drivers and emergency medical personnel. These documents also contain information that the school provides about students' special transportation needs. Such documents include the following:

- The Vital Information on Pupils (VIP) form. You must verify information on this form with parents at least once a month because phone numbers and emergency contact numbers may change frequently.
- The behavioral intervention (BIP) form. This form should be attached to the VIP form. It will include strategies you can use to help the student control his or her behavior.
- Your student-seating chart. This chart must be kept up to date.
B. Report to the school bus supervisor/school disciplinarian in writing any incidence of serious misconduct that you witness. Keep a copy for your file.
C. Report to the nurse and to the bus supervisor any student's injury or illness that occurs on the bus en route to school. Keep your own record of what you report.
D. Report to the parents any student's illness, injury, or significant behavior change that occurs on the bus during the afternoon route. Report this information to school officials the next school day. Keep your own record of what you report.
E. Write things down. If anything causes you concern, write it down in your personal notebook and date it.
F. Keep copies. Maintain copies of all forms and reports you submit to parents, teachers, principals, and transportation personnel concerning student behaviors, injuries, and illnesses.


## Vital Information on Pupils (VIP) Form

Student: $\qquad$ Date: $\qquad$
Age: $\qquad$ School: $\qquad$ Grade: $\qquad$ Teacher: $\qquad$
Special transportation needs (e.g., wheelchair, braces):

Does the student have a behavioral intervention plan (BIP)? $\square$ Yes $\quad \square$ No If yes, please attach a copy of objectives for school bus transportation.

School contact phone number: $\qquad$
EMERGENCY CARE PLAN

| If you see this: | Do this: |
| :--- | :--- |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |

## EMERGENCY INFORMATION

Student's home address: $\qquad$ Phone: $\qquad$
Mother (name): $\qquad$
Phone (work): $\qquad$ (home) $\qquad$
Father (name): $\qquad$
Phone (work): $\qquad$ (home) $\qquad$
Other contact (name): $\qquad$
Phone (work): $\qquad$ (home) $\qquad$
Primary physician (name): $\qquad$ Phone: $\qquad$
Preferred hospital: $\qquad$
Persons authorized to receive child:
(name) $\qquad$ (name) $\qquad$

## AUTHORIZATION

## Section VIII <br> In-Service Unit 1: Universal Precautions

## Introduction

Anyone involved in the care of children can be at risk of acquiring an infectious disease such as HIV or certain kinds of hepatitis. It is difficult or impossible for you to tell if a student has one of these diseases. Therefore, it is essential that you always take protective measures to avoid coming into contact with a student's body fluids. You must, of course, be especially careful when providing care to a sick or injured student during a medical emergency.

In this section of your training, you will learn what you need to do to reduce your risk of contracting an infectious contagious disease.

## A. Infectious Diseases

## HIV

The human immunodeficiency virus (HIV) attacks the body's immune system, causing the disease known as AIDS. It is transmitted primarily through sexual contact, but it also may be transmitted through contact with blood and other body fluids. Currently, there is no vaccine to prevent HIV infection, and there is no cure.

A person infected with HIV

- may carry the virus for several years without developing symptoms;
- may suffer from flu-like symptoms, diarrhea, and fatigue;
- will eventually develop AIDS; and
- may develop AIDS-related illnesses, including neurological problems, cancer, and other infections.


## HEPATITIS A

Hepatitis means "inflammation of the liver." Hepatitis A (also called infectious hepatitis) is transmitted by the ingestion of food or water that is contaminated with the feces of infected people.

It can cause

- fatigue,
- low-grade fever,
- headache,
- sore muscles,
- vomiting,
- abdominal pain, and
- jaundice.


## HEPATITIS B

Hepatitis B is transmitted through contact with blood or other body fluids. The hepatitis B virus (HBV) is the major infectious blood-borne hazard you face on the job as a school bus driver. HBV—which infects an individual's blood, saliva, and other body fluids-can cause that person to

- suffer from severe flu-like symptoms;
- experience no symptoms so that the individual is unaware he or she is infected; and/or
- spread the virus to sexual partners, family members, and unborn infants.

HBV can severely damage the liver and lead to cirrhosis, a disease that can be fatal.

## HEPATITIS C

The hepatitis C virus (HCV) is usually spread through contact with blood and blood products such as transfusions and needles. Although most people who are infected with the virus show no signs or symptoms for years, the virus will stay in their livers and they will eventually develop a chronic liver inflammation that can lead to cirrhosis and liver cancer. There is no vaccination for HCV.

## CMV

CMV (cytomegalovirus) is transmitted through contact with infected urine, saliva, sputum, tears, and blood.

It can cause

- pneumonia,
- mononucleosis-like symptoms,
- lung congestion and cough, and
- jaundice.


## B. The Transmission of Infectious Diseases

The infectious diseases that put you at greatest risk are HIV, the hepatitis B virus (HBV), and the hepatitis C virus (HCV). These diseases are caused by pathogens that can be present in body fluids.

These body fluids include

- blood,
- semen and vaginal secretions,
- feces and urine (only if visible blood is present), and
- vomit or saliva (only if visible blood is present).
To infect you, these body fluids from an infected person must get inside your body and your bloodstream.

They can enter your body through

- open cuts,
- nicks,
- skin abrasions,
- chapped hands,
- acne, and
- the mucous membrane of your mouth, eyes, or nose.

You can become infected if you injure yourself accidentally with a sharp object that is contaminated. Such objects include

- broken glass,
- metal implements,
- pencils and pens,
- needles,
- knives, and
- exposed ends of orthodontic wires.

You also can become infected if you touch an object or surface contaminated with infectious materials and then touch your

- mouth,
- eyes,
- nose, or
- open skin.

Contaminated surfaces are a major cause of the spread of hepatitis. HBV can survive on dry surfaces and at room temperature for at least one week. However, you cannot get HIV, HBV, or HCV from

- touching someone who has it;
- someone's coughing or sneezing;
- someone's sweat, tears, nasal discharge, or saliva unless they contain visible blood;
- sharing bathrooms, eating utensils, or drinking fountains; or
- scratches and bites that do not break your skin.


## PROTECTING YOURSELF AGAINST INFECTIOUS DISEASES

To protect yourself against infectious diseases, you must practice the universal precautions. What this means is that you must think of every person, all blood, and most body fluids as possible carriers of disease. And you must always follow the procedures described in this document.

## Wearing Disposable Gloves

A. Whenever you come into contact with body fluids or torn or loose skin, you must wear disposable gloves:

- Gloves should fit snugly over your fingers.
- Gloves should be pulled as far back over your wrists as possible.
- You must cover any cuts you may have with a bandage because gloves can tear.
- You must immediately replace your gloves if you find a tear or a hole in them.
- You must never reuse gloves.
B. You must remove your gloves properly:

1. Peel one glove off from the top, pulling it inside out, and then hold it with the fingertips of the hand that is still gloved.
2. With the exposed hand, reach two fingers inside the second glove, being careful not to touch any part of the outside.
3. Then pull down, turning this glove inside out and over the first glove as you remove it.
4. You should now be holding one glove from its clean inner side, and the other glove should be inside of it.
5. Never allow the outside of the gloves to touch your bare skin.
6. Dispose of the gloves in the plastic bag along with other cleaning waste.

## Protecting Yourself against HBV

One of the best ways to protect yourself against HBV is to receive a vaccination. You must complete a series of three shots over three months. The first shot should be given within twentyfour hours of an actual exposure.

If you are at risk of exposure to blood or other potentially infectious materials on your job, the school district will provide you with more in-depth training in this area. Upon completion of this training, you will receive this vaccination free.
$\square$ The HBV vaccine is given to bus drivers who drive special needs buses.
$\square$ The HBV vaccine is given to any driver who provides first aid involving blood or other potentially infectious materials.

- The HBV vaccine is given to any driver who is exposed to another person's body fluids.


## Other Infectious Diseases

Other infectious diseases are tuberculosis, mononucleosis, the common cold, and influenza. These can be transmitted through contact with secretions from the respiratory system and the coughing and sneezing of an infected person.

## To protect yourself from these viruses, observe the following precautions:

1. Avoid face-to-face contact with students who are coughing and sneezing.
2. Wear gloves when wiping the noses and mouths of students.
3. Be sure to throw dirty tissues in a disposable plastic bag.
4. Keep your hands away from your eyes, nose, and mouth until you wash your hands.
5. Do not handle food.
6. Establish a routine of washing your hands as soon as possible after every run.

## Accidental Exposure

Despite your best efforts, there may be a time when you are accidentally exposed to a student's body fluids. If exposure occurs, follow this procedure:

1. Immediately clean your hands with antiseptic hand wipes.
2. As soon as possible, wash your hands and any other affected areas with soap and running warm water for 10 minutes.
3. Immediately report the incident to your school or district nurse. With your consent, your employer will provide you with (a) a confidential medical exam, (b) blood tests, (c) afterexposure preventative treatment if indicated, and/or (d) follow-up counseling.

## C. Body Fluid Spills

## THE BODY FLUIDS CLEANUP KIT

In many buses the body fluid cleanup kit is located inside the first aid kit. Items in the body fluids cleanup kit are

- disposable gloves,
- an absorbent material to soak up body fluid spills (such as gauze, cat litter),
- a scraper,
- large disinfectant wipes to clean the spill area,
- disinfectant hand wipes, and
- plastic bags.

You must be sure your kit is stocked at all times. Follow your district's policy for replacing items in the kit.

## CLEANING UP BODY FLUIDS

Whenever any kind of body fluid is spilled, you must follow this procedure:
A. Wearing your disposable gloves, clean and disinfect all washable surfaces immediately.

For small spills:

1. Use paper towels or tissues to wipe up the contaminated area.
2. Use clean paper towels, soap, water, and disinfectant spray; or wipe to clean and disinfect the area.
3. Dispose of the paper towels in a plastic bag.

For large spills:

1. Apply a sanitary absorbent agent (like cat litter) to the affected area.
2. After the fluid is absorbed, scrape all material into a plastic bag.
3. Disinfect the area.
4. Dispose of the cleaning materials in a plastic bag.
5. Block off any area that you cannot clean right away so that students will not be exposed.
B. Remove your gloves properly.
C. Clean your hands as soon as possible.

Wash your hands thoroughly (for at least 15 seconds) with soap and running warm water. Be sure to get under and around fingernails, between your fingers, and around your wrists.
D. Upon returning to the school, remove the plastic bag and dispose of it according to your district's policy.
E. Alert your supervisor to the need to thoroughly clean and disinfect the bus.
F. Disinfect mops and other cleaning equipment after each use.

## In-Service Unit 2: First Aid

## Introduction

As the driver of a school bus, you are likely to encounter situations in which students require emergency medical care. Most injuries and illnesses on your bus will be minor. However, in a serious medical emergency, the steps you take during the first few minutes can mean the difference between a temporary and a permanent disability or between life and death. It is your responsibility to handle all kinds of medical emergencies effectively. To do so, you must have a knowledge of first aid.

First aid is the immediate and temporary care given to a sick or injured person until a trained medical person takes over. You will learn some basic procedures for assisting a student who is sick or injured while on your bus. The material presented here is not intended to prepare you for complete first aid proficiency. For example, you will receive no instruction in rescue breathing and CPR techniques. It is, therefore, strongly recommended that you complete the American Red Cross course in first aid.

One of the best ways to prepare for a medical emergency is to know your riders. Review their Vital Information on Pupils (VIP) forms. These forms should tell you which students are known to be diabetic, to have seizures, to be allergic to bee stings, and to have other special health needs. If you have a rider with a special condition, know what to do if you must respond to his or her needs. If you are prepared, you can react calmly and correctly.

## A. The Contents of the First Aid Kit

Your first aid kit should contain the following items:

- 2 rolls of 1 -inch adhesive tape, $2^{1 ⁄ 2}$ yards long
$\square 6$ sterile gauze pads, $3^{\prime \prime} \times 3$ "
- 50 adhesive bandages, $3 / 4^{\prime \prime} \times 3$ "
$\square 1$ sterile gauze roller bandage, $2^{\prime \prime}$ wide and 6 ' long
- 1 pair of latex gloves
- 13 -oz or $4-\mathrm{oz}$ bottle of saline


## B. The Basic Rules of First Aid

1. Always practice the universal precautions.
2. Check the victim's ABCs-airway, breathing, and circulation-to determine if the medical emergency is life-threatening, and immediately call EMS if it is.
3. Keep the injured person lying in a comfortable position.
4. Never attempt to give liquids to an unconscious person.
5. Never move a victim unless he or she is in immediate danger in the present location.
6. Never attempt to give any aid for which you have not been trained. If you do not know what to do, call EMS.
7. If at any time your intervention causes pain to the victim, stop.
8. Report all injuries and illnesses to the parents and/or proper school and transportation authorities. Fill out the proper report.

Your attitude and demeanor when responding to any medical emergency are very important. Students who are sick or injured are likely to be afraid and in pain. Onlookers may also be afraid and confused.

It is your responsibility to keep students calm and as comfortable as possible. You must try your best to

- stay calm and self-composed,
- be confident and decisive,
- use simple language and soft speech when giving directions,
- reassure students in a caring manner, and
- prioritize and focus your attention on what you are doing.


## C. Life-Threatening Medical Emergencies

## EMERGENCY ACTION STEPS: THE THREE CS

It is your responsibility to handle emergencies on your bus calmly and decisively. To prevent confusion, always follow these three steps in planning your response to a medical emergency:

1. Check the scene.
2. Call EMS.
3. Care for the victims.

## 1. Check the Scene

A. If students are injured, put on gloves to avoid coming into contact with a victim's body fluids.
B. Check the scene to get some information about the nature, severity, and number of medical emergencies with which you are dealing. If more than one student is sick or injured, you need to set priorities quickly.
C. Direct your immediate attention toward these life-threatening concerns:

- breathing problems,
- circulation problems,
- severe bleeding, and
- shock.
D. Find out whether the victim is conscious or unconscious by tapping the person lightly on the shoulder and saying, "Are you OK?" If the victim is unconscious, call EMS immediately.
E. Check the injured person's ABCs:
- airway,
- breathing, and
- circulation.


## To check for a blocked airway and breathing problems:

1. Watch the chest to see if it rises and falls.
2. Listen and feel for breathing by placing your ear and cheek over the victim's nose and mouth.
3. Listen for gasping, noisy, slow, or squeaky breath.
4. Look for bluish discoloration of the skin, especially around the lips and fingernails.

## To check for circulation and bleeding problems:

1. Check the victim's pulse:
a. place two fingers on the person's Adam's apple,
b. slide your fingers to the side and direct them into the groove between the windpipe and the muscle at the side of the neck, and
c. gently feel for a pulse for at least 5 seconds and no longer than 10 seconds.
2. Check the victim's body and clothing for any bleeding.
3. Determine if the bleeding is severe. Severe bleeding spurts from a wound with every beat of the heart.
F. Check the injured person for shock.

Shock is the failure of the cardiovascular system to keep enough blood flowing to the vital organs. Bleeding, poisoning, insect bites and stings, burns, severe injuries, psychological trauma, heart attack, and other medical conditions can cause it. It can occur suddenly or gradually.

Remember: every injured person is a potential shock patient. However, shock is not limited to a physically injured victim. After an accident, it is important that you check for shock in all of your passengers.

The signs of shock:

- weak and/or rapid pulse
- blue lips
- nausea and vomiting
- cold and clammy skin
- pale nail beds
- fainting
- profuse sweating
- dilated pupils
- rapid, shallow
- pale skin
- severe thirst breathing


## 2. Call EMS

Calling for help can be the most important action you can take to care for a person in need of aid. Call EMS immediately if any of your riders manifest any of these lifethreatening conditions:

- unconsciousness,
- difficulty breathing,
- no pulse,
- the signs of shock, or
- severe bleeding.


## Procedure for Calling EMS

A. Use your radio or telephone to call EMS.
B. If you are unable to make the call to EMS yourself, get adult onlookers and/or drivers of other vehicles to call EMS. Shout "Help!" to get their attention. Flag down a passing motorist.
C. If all else fails, send two students to a nearby phone, house, or business to find someone to make the call.
D. Make sure that whoever is calling EMS has the following information:

1. your name;
2. the location of the emergency, including exact address, nearby intersections, landmarks, and so on;
3. the telephone number of the phone being used;
4. the exact nature of the emergency that has occurred;
5. the number of victims;
6. the victims' conditions and any information you have about these students' special health problems; and
7. the kind of help that is being given.

If you are not making the call to EMS yourself, you will need to write down the above information.
E. Instruct the caller to be sure to remain on the line until the EMS dispatcher says it is OK to hang up. It is very important that the caller stay on the line after providing this information in case the EMS dispatcher has any questions.
F. Instruct the caller to report back to you and tell you what the dispatcher said.

## 3. Care for the Victims

Most injuries and illnesses that may occur on your bus will not require your calling EMS. They can be treated effectively on the scene, sometimes with no further medical attention. In the case of any medical emergency, however, caring for the victims means that you provide first aid according to your training, call EMS if necessary, and report the injury or illness to the proper authorities (parents, transportation officials, school personnel).

## BLOCKED AIRWAY

## Care (victim unconscious):

A. Place the student on his or her back. Be careful to not twist the body, neck, or head.
B. Use the head tilt/chin lift maneuver:

1. Place one hand on the victim's forehead.
2. Place two fingers of your other hand under the bony part of the lower jaw, near the chin.
3. Tilt the head by applying a firm backward pressure on the forehead and lifting the chin.
4. Do not press deeply into the soft tissue under the chin.
5. Do not use the thumb for lifting the chin.
6. Do not close the victim's mouth.
C. Look for obstructions. The most common cause of airway obstruction is the tongue. If foreign matter is visible, remove it with your hooked index finger. (Never place your fingers in the mouth of a conscious or semiconscious victim.)
D. Check for breathing by placing your ear above the victim's mouth and nose. Listen and feel for air. Watch for the victim's chest to rise and fall for 3 to 5 seconds.
E. If the victim is still not breathing, provide rescue breathing according to your Red Cross training.

## CHOKING

## Signs (victim conscious):

- clutching the throat with one or both hands
- inability to speak
- coughing forcefully
- breathing as a high-pitched wheezing


## Care:

A. If the choking person is or becomes unconscious, call EMS immediately. Follow your Red Cross training to unblock the airway and provide rescue breathing.
B. If the choking person is conscious and able to speak or cough, have him or her cough forcefully to try to dislodge the obstruction. Do not leave the student alone. If the choking persists, call EMS.
C. If the student becomes unable to speak or cough, call EMS and perform abdominal thrusts:

1. Stand behind the student and wrap your arms around his or her waist.
2. Make a fist with one hand. Place the thumb side of your fist against the middle of the student's abdomen just above the navel.
3. Grab your fist with your other hand.
4. Press your fist into the student's abdomen with a quick upward thrust (the Heimlich maneuver).
5. Repeat this process until the object is coughed up and the student breathes on his or her own.
D. Always seek medical attention for the student after the object has been dislodged.

## BLEEDING

## Care for minor cuts and scrapes:

A. Pick out any visible and easily removable objects from the cut. DO NOT probe for anything embedded in the wound.
B. Use the disinfectant in your first aid kit to clean the wound, wiping from the edge of the wound outward and using a clean gauze with each stroke.
C. Bandage the wound with a sterile gauze pad.

## Care for more serious bleeding:

A. Cover the wound with a sterile gauze pad and press firmly for about 5 minutes. If there is something in the wound, apply pressure around it, not over it.
B. Do not remove the initial sterile gauze. If the pad becomes soaked with blood, apply additional dressings on top of it.
C. Elevate the injured area above the level of the heart if that is possible and you do not suspect broken bones.
D. Cover the gauze dressings with a roller bandage to maintain pressure.
E. If the bleeding does not stop, squeeze the nearby artery against the bone underneath.

## HEAD WOUNDS

Care for a superficial cut on the head:
Apply a clean gauze pad with steady pressure.

## Care for a serious head wound:

A. Call EMS immediately.
B. Bind the wound lightly with a clean pad. DO NOT press on the wounded area to stop the blood.
C. If clear fluid comes out of the ear, place a clean gauze pad loosely over the ear. DO NOT prevent the fluid from draining.

## PUNCTURE WOUNDS

## Care:

Treat a puncture wound as you would a minor cut, cleaning the wound and covering with sterile gauze.
These types of wounds tend not to bleed a lot, but they are more likely to become infected than other wounds. Be sure to notify school personnel and/or parents of the injury.

## NOSEBLEED

## Care:

A. If the student is lying down, elevate the head and shoulders.
B. If the student is seated or standing, tilt the head slightly forward.
C. Use a clean gauze pad to cover the lower part of the nose on the side that is bleeding.
D. Pinch the nostrils together for 5 to 10 minutes.
E. DO NOT allow the student to blow his or her nose.
F. If the bleeding does not stop, apply pressure on the upper lip, just below the nose, and call EMS.

## SHOCK

Care:
A. Maintain the airway (according to your Red Cross training).
B. Control any bleeding.
C. Elevate the student's feet and legs 8 to 12 inches, using available objects such as books or boxes (unless spinal or leg injury is suspected). Avoid rough and excessive handling.
D. Maintain normal body temperature. Use jackets, blankets, papers, and other materials available to keep the student warm. Place material under and over the student. Do not allow the student to become overheated. If the student is outside on a hot day, provide shade from the sun and loosen clothing.
E. Keep the student lying down. Do not put a pillow under his or her head.
F. If the student is having trouble breathing, place him or her in a semi-reclining position, with boxes, pillows, or blankets raising the head and back.

## G. Do not give the student any food or drink.

## VOMITING

Care:
A. Comfort and help a vomiting student by supporting the head with one hand pressed against the forehead and the other hand pressed firmly on the stomach to support it.
B. If an unconscious student begins to vomit, place him or her on one side to allow the fluids to drain from the mouth.

## FAINTING

## Care:

A. Position the student on his or her back. If possible, elevate the feet and legs slightly (8 to 12 inches).
B. Loosen any tight clothing around the neck.
C. Check to be sure student is still breathing.
D. Usually a student who faints will recover quickly. However, since you will not be able to tell if the fainting was harmless or a signal of a serious illness, be certain to report the fainting incident to the parents or to school officials.

## SEIZURES

Seizures can range from mild to severe. They may entail brief blackouts, involuntary movements, sudden falls, periods of confused behavior, convulsions, loss of consciousness, loss of bladder control, and a temporary inability to breathe.

Seizures may be caused by a temporary problem, such as insulin shock, high fever, head injury, or drug reactions. They also are associated with conditions such as epilepsy.

The main concern with seizures and convulsions is the actions associated with them can cause injury. Know which ones of your riders are susceptible to seizures. This information should be on your VIP forms.

## Care:

A. Protect the student from physical and emotional injury by

- remaining calm,
- removing nearby objects,
- placing something soft (like a folded piece of clothing) under his or her head,
- reassuring other students,
- not attracting unnecessary attention to the student who is having the seizure,
- timing the seizure and noting its characteristics,
- loosening the student's clothing, especially around the neck, and
- turning the student on his or her side if vomiting occurs.


## B. DO NOT

- hold or restrain the student or
- place anything between his or her teeth.
C. Stay with the student until you are sure the seizure has ended.
D. Check the breathing.
E. Check for injuries.
F. Reassure and calm the student.
G. Notify parents and/or appropriate school and transportation authorities.
H. Call EMS if
- the student is not known to have seizures,
- the seizure lasts more than 3 minutes,
- another seizure follows soon after the first,
- the student does not regain consciousness,
- the student is pregnant,
- the student is a diabetic, or
- the student is injured.


## EYE INJURIES

## Signs:

- pain
- excess blinking
- tearing
- redness
- visual problems
- sensitivity to light


## Care when something is stuck in the eye:

A. Call EMS immediately.
B. DO NOT attempt to remove the embedded object.
C. Wrap or place gauze around the object.
D. Cover the injured eye with a sterile gauze pad.
E. Cover the other eye to avoid movement of the injured eye.
F. Keep the student's head still.

## Care when foreign matter has blown into the eye:

A. Do not let the student rub the eye.
B. If you decide to try to remove the foreign matter before you get the student home or to school, follow these steps:

1. Seat the student in good light.
2. Instruct the student to look up while you pull the lower lid down gently.
3. If you can see the object, pick it off with the corner of a clean cloth.
4. If you cannot see the object, pull the upper lid down and out over the lower lid and let if slide back. If you can now see the object, pick it off with the corner of a clean cloth.
5. If you still cannot see the object, cover the eye with a sterile gauze pad and report the injury to the parents or school authorities.

## POISONING AND ALLERGIC REACTIONS (INCLUDING DRUG OVERDOSE)

## Signs:

$\square$ nausea, vomiting, diarrheaconvulsions, seizures
slow pulsesweating
$\square$ unconsciousness$\square$ breathing difficulty
abdominal pain
drowsiness
$\square$ difficulty in speech and/or body movement

## Care:

A Call EMS.
B. Monitor the student's ABCs.
C. Treat the student for shock.
D. Keep the student quiet until help arrives.
E. DO NOT give liquids to a victim who is not totally conscious.
F. DO NOT force vomiting unless instructed to do so by medical personnel.

## INSECT BITES AND BEE STINGS

## Signs:

pain $\quad \square$ hives
$\square$ swelling of the throat
redness or discoloration at the site
decreased consciousness
$\square$ itching
breathing difficulty

## Care:

A. Ask the student if he or she is allergic to insect bites and/or bee stings, and check on the VIP form.
B. If the student is known to be allergic, treat him or her for shock and call EMS at once.
C. If the student is not known to be allergic, do the following:

1. Remove the stinger with tweezers or scratch it out with a credit card or your fingernail. Do not squeeze the stinger.
2. Keep the bitten area below the heart if possible.
3. If you see signs of allergic reaction, treat the victim for shock and call EMS at once.

## DIABETIC EMERGENCIES

Diabetes is a chronic disorder of glucose (sugar) metabolism caused by the inadequate production or utilization of insulin, the hormone that allows the body to use and store glucose.

## Signs:

- fast breathing
- vision difficulties
- fast pulse
- sweating
- dizziness
- headache
- weakness
- numb hands or feet
- change in consciousness
- hunger


## Care:

A. Know which of your riders are diabetics.
B. If a student is a known diabetic and is fully conscious, give him or her sugar, such as fruit juices, candy, a soft drink (not the sugar-free kind), or table sugar.
C. If the student is not feeling better in 5 minutes, call EMS.
D. If the student is unconscious, check his or her ABCs and call EMS.

## FRACTURES, DISLOCATIONS, SPRAINS, AND STRAINS

Your primary responsibility in treating a student with a fracture, dislocation, sprain, or strain is to prevent further injury.

## Signs:

- pain
- bruising
- swelling
- loss of use


## Care:

A. Control any bleeding.
B. Treat the victim for shock if necessary.
C. Rest the injured part. Prevent movement.
D. Apply a splint if necessary:

- Use any firm material, such as a board, workbook, or rolled magazine.
- Tie a bandage above and below the break.
- DO NOT try to straighten an arm or leg.
- DO NOT try to replace bone fragments.
E. Get medical attention as soon as possible.


## D. Moving an Accident Victim

Moving an accident victim may make an injury worse. You should move a victim only if there is an immediate danger to him or her, or you, in the present location-fire, the possibility of explosion, a lack of oxygen, serious traffic hazards, the risk of drowning, exposure to severe weather, electrical hazards, and so on.

## How to Move a Victim

A. If you are the only adult-sized person and the victim is able to walk, allow him or her to do so with your assistance, grasping the victim firmly by the arm.
B. If you are the only adult-sized person and moving the victim is necessary but you think that he or she may have a spinal injury, drag the victim by firmly grasping his or her clothing.

- Lay the victim on his or her back and grab the clothing behind the neck.
- Be careful not to cause an airway obstruction by pulling the shirt too tightly.
- Support the victim's head, keeping the head as close to the floor as possible.
- Be sure to keep the victim's body straight when dragging. Never move it sideways.
C. If the victim is very large, it may be necessary to grasp a foot or leg to drag the person, as long as his or her head will not be harmed. This is commonly referred to as the foot drag.
D. If you have another person to assist you and the victim is able to walk, use the two-person walking assistance method by positioning yourself and the other person on opposite sides of the victim, each of you firmly grasping the victim's arm.
E. If you have another person to assist you and you do not suspect a spinal injury, then use the two-handed seat carry. You and the other person position yourselves on opposite sides of the victim (across from each other). Each of you then puts one of your arms behind the back of the victim, with the person on the victim's right side firmly grasping the other person's wrist. Next, each of you places the hand of your free arm under the legs of victim, between the knees and the hips. Then you can gently lift the victim up.


## Remember to

- provide support for the victim's neck and spine,
- avoid bending or twisting the victim, and
- lift with your knees and not with your back.


## Appendix A

## South Carolina Department of Education Pre-and post-trip inspection policy for school buses

In order to provide for the welfare and safety of children who are transported on school buses throughout the State of South Carolina, the safety of the general motoring public sharing the roadways, and the operating integrity of the school bus fleet, each school district shall have in place a policy to ensure that the school bus driver conducts a pre-trip and post-trip inspection of his/her school bus. The driver must be the last person leaving the bus, ensuring that no passenger is left behind or remains on the vehicle at the end of a route, a work shift, or the work day. This policy and procedure shall, at a minimum, require the school bus driver, before operating the bus each time the bus has been parked for more than one hour, to test the available communication system installed on the bus and ensure that it is functioning properly. The driver must complete a pre-trip walk-around inspection as prescribed by the South Carolina Department of Education (SCDE) before leaving the bus at the end of each route serving students, walk to the rear of the bus and check the bus for children or other passengers in the bus, and conduct a post-trip walkaround inspection.

If a school district has a contract with a private sector school bus company for the transportation of the district's students, the school district shall require in the contract with the private sector company that the company comply with the pre- and post-trip inspection requirements stated above.

Before conducting the pre- and post-trip inspections, the school bus driver shall activate the interior lights of the bus to assist the driver in seeing in and under the seats during a visual sweep of the bus. This policy may include, at the discretion of the school district, the installation of a mechanical or electronic post-trip inspection reminder system which requires the school bus driver to walk to the rear of the bus to deactivate the system before the driver leaves the bus. The system shall require that when the driver turns off the vehicle's ignition system, the vehicle's interior lights must illuminate to assist the driver in seeing in and under the seats during a visual sweep of the bus.

Failure to comply with this policy shall result in the ignition of the process to suspend the bus driver's South Carolina School Bus Driver's Certification and may lead to the SCDE taking possession of the school bus.

## Appendix $B$

## Checklist for the School Bus Pre-Trip Inspection

The order of the pre-trip inspection and the equipment inspected may vary depending on the type of bus

## Front of the Bus

1. Check the lenses. Make certain that they are clean and are not broken or missing.2. Check the windshield. Make certain that it is clean and that are no obstructions, no clutter in dash area.3. Check the mirrors. Make certain that they are clean, not cracked, and securely attached.4. Check the crossing gate. Check the cable to be sure it is not frayed.5. Check on the ground underneath the front of the bus for any excessive leaks.
## Driver's Side of the Bus

1. Check the stop arm.- Make certain that the lenses (front and back) are clean and are not broken or missing.
- Make certain that the cable is not frayed.
- Make certain that the diaphragm is not damaged or cracked.2. If equipped, close all four air valves (horizontal position) if they are open.
$\square$ 3. Check the front tires.
- Check the inflation of both tires.
- Check the lug nuts for rust (an indication that they are loose). Be sure no lug nuts are missing.
- Check the hub seal for any excessive leakage ofoil.4. Check the lenses and reflectors. Make certain they are clean and are not broken or missing.5. Check the side emergency door. Open and close it on every pre-trip inspection to keep handle moving freely and the door from sealing shut.6. Check for any general damage to the side of the bus. Before leaving on a trip, report any damage that you find.

7. Check the rear tires.

- Check the inflation of both tires.
- Check the lug nuts for rust (an indication that they are loose). Be sure no lug nuts are missing.
- Check the axle seal for any excessive leakage of oil.8. Make certain that the battery box door is closed securely.


## Rear of the Bus

1. Check the lenses and reflectors. Make certain they are clean and are not broken or missing.2. Make certain that the back glass is clean.3. Check on the ground for any excessive leaks.
## Passenger Side of the Bus

1. Check the rear tires.- Check the inflation of both tires.
- Check the lug nuts for rust (an indication that they are loose). Be sure no lug nuts are missing.
- Check the axle seal for any excessive leakage of oil.2. Check the side emergency door. Open and close it on every pre-trip inspection to keep handle moving freely and the door from sealing shut.3. Check the lenses and reflectors. Make certain they are clean and are not broken or missing.4. Check for any general damage to the side of the bus. Before leaving on a trip, report any damage that you find.5. Check the fuel area for any excessive leakage.6. Check the front tires.
- Check the inflation of both tires.
- Check the lug nuts for rust (an indication that they are loose). Be sure no lug nuts are missing.
- Check the hub seal to make certain there is no excessive leakage of oil.

NOTE: Always keep a broom on your bus to sweep dirt off of high lenses, mirrors, reflectors and the back of bus. Always keep a clean towel or rag on your bus to wipe clean low lenses, mirrors, and reflectors.

## Inside the Bus

1. Put key into ignition and turn it one notch to left (to turn on the accessories). Walk toward the back of the bus. As you go, check for people or animals that should not be on the bus. In addition, check for new damage or vandalism to the bus.2. Returning to front of bus, open all emergency exits to check for the sound of the buzzer and to examine the working condition of the handles.NOTE: Do not check the rear emergency exit window. It is checked on a regular basis by maintenance.

Now you are ready to perform the "getting ready to drive" procedure, which also appears in section 2 of this handbook.

## Getting Ready to Drive

1. Adjust your seat and adjust your steering wheel, if that is possible.
2. Check to see that the mirrors are adjusted correctly. Adjust if necessary.
3. Fasten and adjust your seat belt.
4. Check that the parking brake is set.
5. Check to see that the gear selector is in " N " for neutral. (The bus has no " P " for park.) The bus will not start if the gear selector is not in neutral.
6. Start the engine:
A. Turn on the ignition. (Do not engage the starter.)
B. When the glow-plug indicator light goes off, engage the starter.
C. Do not race the engine. Idle just above the stalling point.

## Begin checking all the gauges.

1. Immediately check oil pressure gauge and battery gauge to be sure pressure is in normal operating range. If it is not, turn engine off and place a maintenance call to the bus shop.2. Next, check air pressure gauge to be sure the air pressure is building. If it is not, turn engine off and check air valves to be sure they are closed completely. If valves are closed completely and air pressure is still not building, place a maintenance call to the bus shop.$\square$ 3. Now, check the fuel gauge for a sufficient amount.4. The transmission and water gauges will not rise to normal operating range until you begin driving. While you are waiting for the air pressure to build, continue to check all gauges for normal operating ranges.
7. When air pressure builds to around 70 to 90 psi (your door will begin slowly to close), initiate eight-light warning system to be sure that the stop arm and crossing gate are working properly. If you have a teammate, have him or her check to see if the warning lights and the stop lights are operating correctly. Remember that you should not leave the driver's seat if the engine is on.
8. Close the door to deactivate the warning light system.
9. Activate the override switch. Then follow the procedure explained in item 8 , above. When you have completed the procedure, deactivate the override switch.
10. Continue to monitor your gauges. When the air pressure gauge registers at least 100 psi, you are ready to begin your trip.

## Appendix C <br> Gauges and Indicators

FUEL GAUGE. Always check the fuel gauge before each run. If in doubt, call the shop and report the level.

MANIFOLD HEATER INDICATOR LIGHT. This light will usually come on when you first crank the bus. The voltmeter (battery) will register low until this light goes out.

STOP ENGINE INDICATOR LIGHT. If this light comes on, immediately stop the bus, turn the engine off, and place a service call to the shop.

AIR PRESSURE GAUGE. This gauge should read a minimum of 100 psi before you attempt to move the bus. The normal operating range of this gauge is 100 psi to 125 psi . A dash indicator light will come on and a buzzer will sound if the air pressure drops to 60 psi . If this happens, immediately pull over to a safe location and stop the bus while you still have some braking power.

WATER TEMPERATURE GAUGE. This gauge should remain around 185 degrees. If it rises above 185, stop the bus in a safe location and place a service call to the shop.

VOLTMETER (BATTERY) GAUGE. This gauge should remain between 12 and 14 amps . Place a service call to the shop if it is not within this range. Remember, the voltmeter will not register correctly until the manifold heater light goes off.

OIL PRESSURE GAUGE. This gauge must register at least 25. If it is lower than 25, place a service call to the shop and do not continue to drive the bus.

TRANSMISSION TEMPERATURE GAUGE. This gauge should register no more than 200 at any time. If it does, pull over to a safe location, turn the engine off, and place a service call to the shop.

PALL FILTER MONITOR. This indicator light should remain green. If it registers red and stays red through your entire trip, fill out a mechanical defect write-up sheet so that the technician can replace the filter.

# South Carolina School Bus Driver Training Workbook Section 



Issued by the South Carolina Department of Education

Molly M. Spearman
State Superintendent of Education

## Module 1, Practice Test

1. Name three characteristics of a professional school bus driver:
$\qquad$ , and

## Circle the letter that goes with the best answer:

2. Which of these groups is responsible for funding most of the costs of transporting students?
A. General Assembly
B. Department of Public Safety
C. local school districts
D. transportation departments
3. Which of these groups is responsible for the safe transportation of students?
A. lawmakers
B. school districts
C. Department of Education
D. Department of Public Safety
E. all of the above
4. Which of these groups is most responsible for ensuring a safe loading and unloading area for students at school?
A. transportation directors
B. principals
C. bus drivers
D. Department of Public Safety
5. Which of these groups is responsible for mapping bus routes and hiring and training bus drivers?
A. Department of Public Safety
B. school principals
C. district transportation personnel
D. General Assembly
6. Which of these groups is responsible for reporting overgrowth of trees along the bus route during the school year?
A. bus drivers
B. highway patrol officers
C. local transportation officials
D. parents
7. Which of the following is NOT a requirement to drive a school bus in this state?
A. be at least eighteen years old
B. meet height and weight requirements
C. pass tests to show you know the laws and can drive a bus
D. have a valid driver's license which meets the requirements in state and federal law to operate a school bus-type vehicle.
8. Which of the following is NOT a requirement to keep your school bus driving privileges?
A. keep a valid driver's license which meets the requirements in state and federal law to operate a school bus-type vehicle.
B. report any conviction of traffic violation to the Department of Public Safety and your school bus supervisor
C. pass random tests for drug and alcohol use
D. pass an annual physical examination

## Module 2, Practice Test 1: School Bus Inspections

1. List three reasons why it is important to keep the bus clean and neat:
$\qquad$
$\qquad$
$\qquad$
2. List three reasons why you must inspect the bus before, during, and after operation:
$\qquad$
$\qquad$
$\qquad$
3. What should you listen, look, feel, and smell for while driving the bus? List two items for each:
A. Listen for:
B. Look for:
C. Feel for:
$\qquad$
D. Smell for:
4. Number these steps 1 through 5 for the order of the actions you should take in securing the bus to leave it unattended:
$\qquad$ Take the key with you.
___ Set the parking brake.
___ Turn the ignition off.
___ Put the bus in neutral.
$\qquad$ Drain the air tank.
5. If during the pre-trip, during-trip, or post-trip inspection you discover a problem that makes the bus unsafe to drive, what should you do?
$\qquad$
6. If you discover a minor problem while conducting your inspections, what should you do?
$\qquad$

## Module 2, Practice Test 2: Driving Fundamentals

## Write " $T$ " if the statement is true. Write " $F$ " if the statement is false.

$\qquad$ 1. If your mirrors are properly adjusted, you will be able to see directly in front of the front bumper.
$\qquad$ 2. If your mirrors are properly adjusted, you will be able to see objects 200 feet behind the bus.
$\qquad$ 3. Studies have shown that most mirrors are adjusted by the factory to meet the federal standard and should not be changed.
$\qquad$ 4. The crossover convex mirrors should be adjusted so that the driver can see that the eight-light warning system is working properly.
$\qquad$ 5. Young children who wear neutral colors present a special danger to bus drivers.

## Circle the letter that goes with the best answer:

6. Poor depth perception
A. gets worse with age.
B. can cause you to misjudge the speed of another vehicle.
C. causes problems at intersections and railroad crossings.
D. requires drivers to use reference points.
E. all of the above
7. What is the one action the driver must always repeat at least twice before putting the bus in motion?
A. check emergency brakes
B. check hazard lights
C. check student-loading signals
D. check mirrors
8. Joan is going 45 mph when she sees a car stop in front of her. It takes her several seconds to stop her bus. Most likely the delay in stopping is caused by
A. the time it takes Joan to see, react, and apply the brakes.
B. Joan's lack of training to stop quickly.
C. Joan's speeding in a school zone.
D. brakes that need to be adjusted.
9. The driver should be able to estimate a length of 100 feet because
A. the bus needs 100 feet to stop if it is going 55 mph .
B. the four-way hazard lights should be applied at least 100 to 300 feet before stopping for a railroad crossing or before stopping to back.
C. turn signals should be applied at least 100 to 300 feet before the turn.
D. both B and C
10. The brakes should be lightly tapped to
A. warn other drivers that you are planning to slow down or stop.
B. test the brakes to see if the air pressure is at the appropriate level.
C. warn other drivers that students are boarding the bus.
D. all of the above.
11. When making a left turn with two lanes for vehicles turning left, you should turn from the
A. left-most turning lane.
B. right-most turning lane.
12. When making a right turn you must avoid
A. turning wide as you go into the turn.
B. using the right side mirror.
C. pulling into the right-most lane.
D. turning wide as you complete the turn.
13. When following another vehicle on the open road, your following distance should be
A. at least 100 feet behind a bus and 300 feet behind a car.
B. so that you can see where the rear tires of the other vehicle meet the road.
C. 100 feet.
D. at least 300 feet behind a bus and at least 4 seconds between your bus and a car.
14. How far should you look ahead when driving on the open road?
A. 12 to 15 seconds
B. about a quarter of a mile
C. 6 to 9 seconds
D. both A and B

## Module 2, Practice Test 3: Defensive Driving

## Circle the letter that goes with the best answer:

1. Which of the following statements is true about drinking alcohol?
A. Younger men and women are less affected by alcohol than people in their 50s and 60s.
B. A cup of coffee after late-night drinking will help sober up a person for driving.
C. A couple of beers have about the same effect as a couple of shots of whiskey.
D. all of the above
2. What is the best way to handle tailgaters?
A. Tap lightly on your brake pedal to warn them.
B. Speed up slightly so you can put distance between you and the other vehicle.
C. Slow down so you can increase your following distance.
D. Pull off the road and let faster vehicles pass you.
3. Which of the following statements is true about driving and weather?
A. On a wet road, you should reduce your speed by one-third.
B. On a snow-filled road, you should reduce your speed by half.
C. When the road is icy, you will likely have difficulty taking off, steering, and stopping.
D. all of the above
4. When driving down a long, steep road you should always
A. reduce your speed by half.
B. use the braking effect of the engine.
C. shift to a low gear if you are going too fast.
D. use steady pressure on the brake pedal.
5. When driving at night you should
A. drive with your headlights on low beam to reduce the glare.
B. keep your eyes focused on the right edge of the road.
C. drive with high beam headlights anytime it is legal and safe.
D. keep your dashboard lights as bright as you can.
6. Which of the following might cause your bus to hydroplane?
A. driving too fast for conditions
B. underinflated tires
C. tires that have very little tread
D. all of the above
E. none of the above
7. You are driving at night with your headlights on low beam. You can see about 200 feet ahead. You should drive no faster than
A. the speed that will allow you to stop within 200 feet.
B. the speed limit.
C. ten miles under the speed limit.
D. the speed that will allow you to stop within 100 feet.
8. Brake fade is
A. the time between when you decide to stop and the actual stop.
B. when you have to apply more and more pressure to the pedal to get the same braking power.
C. lack of braking power due to loss of brake compressor.
D. brakes losing their ability to stop because the brake drum needs tightening.
9. You are crossing an overpass, hit ice, and the rear end of your bus starts skidding toward the left lane. What should you do?
A. Lightly apply brakes and hold the steering wheel tightly.
B. Take your foot off the accelerator and turn the steering wheel clockwise.
C. Turn the steering wheel left, counter steer, and keep your foot off the accelerator and brake.
D. Turn your steering wheel left and speed up slightly.
10. Which is the slickest road surface?
A. a surface with wet ice or wet snow
B. a paved surface with heavy rainfall
C. a surface with dry, packed snow
D. a surface with dry ice
11. Your bus is stopped at a red light when you hear an EMS siren. The light turns green. You may proceed through the intersection
A. immediately, as long as you do not see the EMS vehicle.
B. if a police officer signals you to do so.
C. once the EMS vehicle has passed through the intersection and you see that the way is clear.
D. both B and C

## Module 2, Intersections: Choosing the Correct Turns

Choose the correct path of travel for the turn described under each picture. Draw a line with an arrow from the circled number to the location where you would finish the turn.


## Module 3, Practice Test

## Circle the letter that goes with the best answer:

1. The low air pressure warning system (red light and buzzer) will activate when the psi drops below
A. 60 psi .
B. 100 psi .
C. 40 psi .
D. 20 psi .
2. If the low air pressure warning should come on, you
A. can proceed with your run because the second system will operate until the brakes are serviced.
B. should use your parking brake to stop immediately.
C. should allow the emergency braking system to stop the bus for you.
D. none of the above
E. only B and C
3. During normal driving conditions the parking brakes are held away from the drum by
A. the $S$-cam.
B. air pressure.
C. your brake pedal.
D. the emergency braking system.
4. Proper brake adjustment is necessary for
A. the low pressure warning light system to activate.
B. the service brakes to work properly.
C. the parking and emergency brake systems to work properly.
D. all of the above
E. only B and C
5. Emergency brakes on a bus with air brakes are activated by the
A. loss of air pressure.
B. driver's pushing a knob.
C. service brake pedal.
D. hydraulic pressure.
6. The service brakes are activated by the
A. emergency braking system.
B. driver's pushing a knob on the dashboard.
C. driver's pressing on the brake pedal with his or her foot.
D. parking brake lever.
7. The emergency braking system will stop the bus when the air pressure
A. drops below 60 psi .
B. builds past 125 psi .
C. warning light comes on.
D. drops between 20 and 45 psi .
8. For proper brake adjustment, the driver must
A. consult the air pressure supply gauge(s) often.
B. drain the air brakes at least every week.
C. be sure to use controlled or stab braking on hills.
D. see that the play in the slack adjuster is within limits.
9. Controlled braking means that the driver
A. uses low gears to control the speed of the bus going down steep hills.
B. applies the brakes all the way without locking the wheels, if the wheels lock, then reapplies the brakes as soon as possible.
C. controls both the speed and direction of the bus by using strong pressure on the pedal.
D. applies the brakes all the way and releases them when the wheels lock up.
10. All vehicles with air brakes have these three systems:
A. emergency brakes, parking brakes, and service brakes.
B. S-cam brakes, spring brakes, and emergency brakes.
C. parking brakes, brake pedal, and service brakes.
D. brake pedal, dual emergency brakes, and alcohol evaporators.
11. When the air pressure warning light comes on, the driver should
A. deploy the emergency brake system and find a safe place to stop.
B. use the service brakes to stop immediately in a safe area.
C. use the parking brake and brake pedal to stop the bus in a safe place.
D. use a low gear, pump the brakes to increase pressure, and turn on the four-way flashers.
12. Joan is driving her bus on a city street when the air pressure warning system activates. She is only a few minutes from the school, so she continues driving. As the air pressure continues to drop, Joan knows that
A. the bus will stop immediately and suddenly, even if she does not want it to stop.
B. she must call maintenance before starting a new run, to have them pump in more air pressure.
C. she will have to use her parking brakes to stop if the service brakes stop working.
D. she will have enough pressure to make it to the school, but she must have the brakes repaired then.
13. Ralph's school bus has air brakes. According to state policy, how often will Ralph need to drain the air tanks?
A. whenever the alcohol level gets too low
B. only when the temperature might drop to freezing or below
C. whenever his bus is parked and left unattended
D. Under normal driving conditions in moderate weather, the maintenance department will drain the tanks.
14. At what amounts of air pressure does the air compressor go on and off if the governor is working correctly?
A. between 60 and 100 psi
B. between 20 and 40 psi
C. between 100 and 125 psi
D. between 150 and 160 psi
15. In an emergency, stab braking is used when the driver
A. must swerve to avoid an accident.
B. applies the brakes firmly, then releases, then reapplies so that the wheels will not lock.
C. applies firm, steady pressure on the service brakes.
D. applies the brakes all the way until the wheels lock, releases the brake, lets the wheels start rolling, then repeats as needed.
16. What is the purpose of alcohol evaporators?
A. to allow the alcohol in your compressor to evaporate quickly
B. to help keep ice from forming in air brake valves
C. to keep the driver from having to drain the air tanks
D. to get better fuel mileage

Module 3, Parts of the S-Cam Brake

Label each part.


## Module 4, Practice Test 1: Loading and Unloading

## Write " $T$ " if the statement is true. Write " $F$ " if the statement is false.

$\qquad$ 1. Loading and unloading present the most dangerous safety hazards to students.
$\qquad$ 2. If you are aware that there is some construction going on that will slow down the ride to school, you should reroute the bus for a few days to avoid the construction.
$\qquad$ 3. When pulling over to the right side of the road to load students, you should try to get as close to waiting students as possible.
$\qquad$ 4. To signal students to cross the road, stick your left arm out the window, make eye contact with the students, point to them, and wave them across.
$\qquad$ 5. If a student who usually rides the bus is not at the bus stop, you should wait up to two minutes to see if the student arrives.
$\qquad$ 6. If a mother tells you that she wants her daughter dropped off at her cousin's stop today, it is OK for you to do that.
7. Students must remain at least 10 feet from the side, front, and back of the bus at all times.

## Circle the letter that goes with the best answer:

8. Bus stops must be
A. one and a half miles apart.
B. 600 feet apart.
C. two-tenths of a mile or more apart.
D. 100 feet apart.
9. When you are approaching a bus stop to load or unload, you must turn on your amber warning lights
A. 100 feet in advance.
B. 500 feet in advance.
C. 100 to 300 feet in advance, depending on conditions.
D. from 15 to 50 feet in advance.
10. Once you have stopped at a bus stop to load or unload students, you should FIRST
A. apply the parking brake.
B. shift the gear selector to neutral.
C. open the door.
D. give students the signal to cross the road.
11. If your route requires you to back at a bus stop, you must [pick two]
A. load before backing.
B. load after backing.
C. back before unloading.
D. back after unloading.
12. An EMS vehicle is approaching your bus just as you are stopping to unload students. You should
A. unload students quickly and tell them to stay on the side of the road.
B. keep the students on the bus and keep your warning lights activated.
C. keep students on the bus, keep the warning lights activated, and wave the EMS vehicle to pass.
D. keep the students on the bus, deactivate the warning light system, and activate the hazard lights.
13. Cars traveling in the opposite direction may pass a school bus that has stopped to load or unload passengers
A. on any highway with six or more lanes.
B. on a four-lane highway with a grassy median.
C. on a four-lane highway where the opposing highway is separated by painted lines at least four feet apart.
D. all of the above

## Module 4, Practice Test 2: Railroad Crossings/Backing

## Write " $T$ " if the statement is true. Write " $F$ " if the statement is false.

$\qquad$ 1. You should activate the eight-light warning system at least 100 to 300 feet before a railroad crossing.
2. You should apply the parking brake at every stop for railroad crossings.
$\qquad$ 3. It is important to stop within 15 feet of the track.
$\qquad$ 4. At multiple-track crossings, the cross-buck sign will display the number of tracks.
$\qquad$ 5. At multiple-track crossings, the driver should stop before each track.
$\qquad$ 6. If your bus is on the track when the warning lights come on and the gates begin to lower, you should continue even if you must drive through the gates and harm the bus.
$\qquad$ 7. You must evacuate all students if the bus stalls on the track even if you do not see or hear a train.

## Circle the letter that goes with the best answer:

8. If the warning lights are on, no train is approaching, and traffic is backed up behind you, you should
A. proceed carefully across track.
B. back up, if possible, and get out of the way of other vehicles.
C. not move the bus and call your supervisor to report the problem.
D. evacuate your students.
9. The best procedure for avoiding a backing accident is to
A. practice in a safe area with a helper.
B. always have a helper when you are backing.
C. avoid backing.
D. back only very short distances.
10. If you double your speed, how will it affect your stopping distance?
A. It will double the stopping distance.
B. It will increase the stopping distance by four times.
C. It will increase it by the stopping distance about 300 feet.
D. If the bus is loaded, it will have no effect when you are driving on dry roads.
11. Which of the following statements is NOT true about laws dealing with school bus speed?
A. In heavy traffic, it is generally safest to adjust your speed to that of other vehicles.
B. In driving in urban, rural, or suburban areas, your speed should not exceed 45 mph .
C. You should always adjust your speed to conditions.
D. To travel faster than 55 mph , you must have written authorization from the State Department of Education
12. It is OK to pass another school bus
A. when the other driver signals that it is OK to pass.
B. when the center line is broken and the way is clear.
C. if the driver of the stopped school bus signals that it is OK to pass.
D. never

## Module 4, Practice Test 3: Field Trip Procedures

1. You have been informed that you are to drive a group of students on a trip that will last an entire weekend. List three things you can do in preparation prior to the day of the trip.
$\qquad$
$\qquad$
$\qquad$
2. It is the day of the trip. List three things you can do to prepare your riders for the trip.
$\qquad$
$\qquad$
$\qquad$
3. Where can personal items and equipment be stored?
$\qquad$
4. List at least four things that will increase the chance of an accident on this trip.
$\qquad$
$\qquad$
$\qquad$
$\qquad$

## Module 5, Practice Test 1: Emergency Evacuations

## Circle the letter that goes with the best answer:

1. In the most common type of school bus emergency evacuations, students exit by the
A. front (service) door.
B. rear emergency door.
C. front and rear doors.
D. side and front doors.
2. To prepare your riders, you should do all the following EXCEPT
A. train some students to help evacuate all students.
B. train some students to secure the bus and take the key in case you are injured in a crash.
C. train some students to use the fire extinguisher and place the triangles appropriately if you are disabled.
D. practice emergency evacuation procedures with students.
3. If you smell smoke or see or smell leaking fuel, you should first:
A. Call 911.
B. Use your fire extinguisher to prevent a fire.
C. Get all students and yourself off and away from the bus.
D. Call transportation officials and ask for advice.
4. During front door evacuations, the best position for the driver to stand is
A. inside the bus near the front door and facing the riders.
B. in the aisle near the center of the bus and facing the back of the bus.
C. in the aisle in back of the bus and facing the front door.
D. in the aisle behind the row of students being evacuated and facing the front.
5. List four situations in which you would evacuate all students on board:

## Module 5, Practice Test 2: Accident Procedures

## Circle the letter that goes with the best answer:

1. The primary mistake made by school bus drivers in South Carolina that results in a collision is
A. misjudging distance.
B. the failure to inspect vehicle.
C. the driver becomes distracted.
D. improper turning.
2. To prepare yourself for responding correctly should a collision occur, you should do all of the following EXCEPT
A. prepare and record emergency information.
B. know how to stop all fires with the fire extinguisher.
C. know how to use all the emergency supplies and equipment on board.
D. be able to quickly open all emergency exits, even in the dark.
3. If you have an accident, you should first
A. take steps to prevent another accident from happening.
B. call 911 .
C. evacuate students.
D. give aid to the injured.
4. After securing the bus and turning on your hazard lights, your next step should be to
A. see if anyone is injured.
B. call transportation officials.
C. call the local law enforcement agency.
D. place emergency triangles appropriately.
5. Your bus collides with another vehicle. The other driver tells you that you were going too fast and caused the crash. You believe the driver may be right. Your best response is to
A. tell the other driver calmly that he or she is mistaken.
B. tell the other driver that you will let the law officer determine the cause of the crash.
C. admit that you may have been speeding and provide insurance information.
D. tell the other driver that you do not know how fast you were going or what caused the accident.
6. The School Bus Accident/Incident Report must be submitted to the county supervisor of transportation
A. by the end of the day in which the accident occurred.
B. no later than thirty days after the accident occurred.
C. no later than the end of the next school day following the accident.
7. On the afternoon route, your bus collides with another vehicle. A parent stops at the scene and tells you that she will take her daughter home. Your best response is to
A. thank the parent and make a note that the child has left.
B. ask the parent to take to their homes a few of the other children who live near her.
C. ask the parent to wait until law enforcement officers have investigated the accident.
D. call the child's school to get permission from school officials to release the child to her mother.
8. The reflective triangles should be used only
A. at night or during foggy, snowy, or rainy weather.
B. if the bus must stop on a hill or curve.
C. when the bus must stop on the roadway.
D. whenever your stopped bus is likely to cause another accident due to limited visibility.
9. Beginning with " 1 " for the first thing you should do, number these statements to show the order in which you should perform the actions in the event of a mechanical breakdown on the way home from school:
$\qquad$ Place reflective triangles to warn other motorists.
$\qquad$ Secure the bus.
$\qquad$ Finish your route as soon as the bus is replaced or repaired.
$\qquad$ Call or radio the appropriate transportation official to report the breakdown and your location.
10. You run into the back of another vehicle on your way to school. You are afraid some of your students are injured; perhaps passengers in the car you hit are injured also. Beginning with " 1 " for the first thing you should do, number these statements to show the order in which you should perform the actions:
$\qquad$ Call the appropriate transportation official.
$\qquad$ Secure the bus.
$\qquad$ Protect the area.
___ Check on the condition of your passengers and the passengers in the car you hit.
11. You should move the bus from the scene of the accident only if
A. told to do so by a state maintenance employee.
B. no other vehicle is involved in the accident.
C. the bus is likely to cause another accident because of its location.

## Module 5, Practice Test3: Critical Situations

## Circle the letter that goes with the best answer:

1. Your air brakes warning alarm sounds. You should
A. apply the service brakes and find a place to stop immediately.
B. downshift to low gear, pump the brakes, and apply the emergency brakes.
C. grip the steering wheel, apply the emergency brakes, and try to get off the road.
D. give your emergency signal, try to find something soft to run into, and get off the road quickly.
2. Your accelerator sticks even after you tap it with your foot. You must next
A. pump your brakes, turn off your ignition, and find a safe place to stop.
B. apply your hazard lights, turn on the right turn signal, and grip the steering wheel.
C. apply your service brakes, then your emergency brakes, and switch to neutral.
D. shift to neutral, apply your brakes, and find a safe place to stop.
3. A rear tire blows out, causing the bus to sway. You must
A. apply your brakes firmly, give your turn signal, and find a safe place to stop.
B. grip the steering wheel firmly and stop immediately, using your service brakes.
C. turn on your hazard lights, give your right turn signal, and use the emergency brake to stop.
D. grip the steering wheel, step on the accelerator until you get the bus under control, and stop.
4. If the front of the bus under the hood appears to be on fire, you must stop, secure the bus, and
A. evacuate all students, using the side or rear emergency doors.
B. evacuate all students, using all emergency exits.
C. first wait to see if the fire goes out when you cut the engine off; if not, evacuate students as quickly as possible.
D. use the fire extinguisher as the students are evacuating the bus.
5. Which of the following is NOT a way to reduce your risk of skidding?
A. Using stab braking.
B. Making sure your tires are inflated to the recommended level.
C. Matching your speed to conditions.
D. Avoiding quick turns, stops, or starts.

## Module 5, Triangle Placement Worksheet

Draw triangles where they would be correctly placed.


Divided Highway


Traffic in Both Directions


Around a Curve

## Module 6, Practice Test 1: Communicating

## Write " $T$ " if the statement is true. Write " $F$ " if the statement is false.

$\qquad$ 1. If you repeat an angry parent's concern to him or her in your own words, you are likely to make that parent more upset.
$\qquad$ 2. It is OK to let a parent board the bus to discuss a problem with you on the afternoon route.
$\qquad$ 3. If a parent would like you to deliver a message to his or her child's teacher, the parent must always put it in writing.

## Circle the letter that goes with the best answer:

4. The best way to get along with supervisors and school personnel is to
A. like the students you transport and have them like you.
B. be on time and control student behavior.
C. smile, be courteous, and never disagree with policy.
5. At a bus stop midway through your morning route, a parent approaches the door of the bus to talk with you about her child's catching lice from someone on the bus. You
A. remain on the bus and talk with the parent through the open door of the bus.
B. invite the parent on the bus to discuss the situation.
C. provide telephone numbers of your supervisor or the school's principal and ask the parent to call one of them to set up an appointment to discuss the problem with you and the administrators.
D. tell the parent that you do not have time to talk at the bus stop and that if she wants to communicate with you, she needs to do so in writing.

## Module 6, Practice Test 2: Managing Student Behavior

## Write " $T$ " if the statement is true. Write " $F$ " if the statement is false.

$\qquad$ 1. If a student gives you reason to believe a neighbor is abusing him or her, you are required to report this information to the student's parents.
$\qquad$ 2. If a student is always sullen and unfriendly, it is best to ignore him or her.
3. Saying "Good morning, Chris" is one way a bus driver can show Chris that he is important.
$\qquad$ 4. It is important to always have the last word when dealing with young people.
$\qquad$ 5. A good way to warn Bill about changing seats is to say, "Bill, if I have to tell you to stay in your own seat one more time, I will see that you are suspended from this bus."
$\qquad$ 6. A good way to handle a student who has put his book bag in the aisle is to say, "Jay, please pick up your book bag. You cannot block the aisle."
$\qquad$ 7. The bus driver can make Taylor, a high school student, walk home after he slugs one student and throws another student's books out the window.
$\qquad$ 8. Your discipline plan must be approved by your transportation director and principal.
9. You must always have a principal present when holding a student conference.
$\qquad$ 10. A boy's teasing a girl about her breast size is normal behavior and should be ignored.

## Circle the letter that goes with the best answer:

11. Some students are quite loud and unruly during your afternoon route. Your best response is to pull over to the side of the road and
A. warn all riders that you will write a disciplinary referral on all students who are breaking the rules.
B. stay parked until all students are quiet.
C. radio or call the school for help.
D. warn those students who are misbehaving that you will write a referral if the behavior continues; then do so.
12. A student hits you in the back of your head with a tennis ball. You do not know who has thrown the ball, and you are quite angry. What should be your next step?
A. Stop the bus until you calm down.
B. Pull off the side of the road and tell the students you will not move until the person who threw the ball comes forward.
C. Continue driving until you calm down or until you reach the school; then try to find the guilty one.
D. Immediately find the guilty one and write a disciplinary referral.
13. Mario is gesturing to cars following the bus. You tell him to stop. He replies, "Stop what? I was waving to a friend." You should
A. ignore Mario.
B. repeat your request by saying, "No waving or gesturing of any kind is allowed. Period."
C. say, "You were not waving to a friend. I saw what you were doing."
D. discuss the situation with the principal.
14. The best set of rules for your bus is one in which
A. the riders know what you want them to do and what will happen if they break a rule.
B. the rules agree with district and state policies and regulations.
C. you, the schools' administrators, and the transportation supervisor agree are important to enforce.
D. all of the above
15. John, a fourth-grade student, normally talks in a shout. Today, however, he has kept his voice to a comfortable level. Your best response is
A. "John, you behaved well today."
B. "John, you kept your voice level down today. It made the ride very pleasant for all of us."
C. "John, don't you feel well today? You were so quiet."
D. Do not call attention to his behavior since he finally is doing what you expect from all students.
16. Layla tells you that Juan has been "talking dirty" to her. You respond by
A. telling Layla to ignore Juan's language and he will stop teasing her.
B. writing and turning in a disciplinary referral form describing the incident as sexual harassment.
C. writing down what she told you, moving Juan near you, and discussing the matter with your supervisor and principal.
D. moving Layla near you and telling her you will call Juan's parents about the incident.
17. The courts generally consider which of the following factors when a charge of sexual harassment is made?
A. whether the accused is male or female
B. whether the victim is male or female
C. the amount of damage caused by the behavior
D. all of the above
18. Michele, who is fourteen years old, tells you that she will have her older brother come to your house and "fix you good." Your best response is to
A. write a disciplinary referral on Michele and give it to the administrator in charge of bus discipline.
B. talk to Michele privately at your first opportunity.
C. ignore her while she is angry but discuss the situation with her later when she has calmed down.
D. give her a warning and have her sit in the front of the bus for a few days.

## Module 6, Disruptive Behavior Worksheet

DIRECTIONS: Working in your group, decide the best way to handle each of the forms of disruptive behavior described below. Hint: there is no one correct answer.
A. You are driving your afternoon route when several students start tossing a tennis ball. They do not stop when you yell "stop!"
B. You are looking in your inside rearview mirror and notice that many of the students near the back are looking back toward one seat and laughing. You cannot see what is going on in that seat.
C. You see two middle school girls fighting in near the center of the bus.
D. You overhear one of your riders calling another rider a "fag." All indications are that the name-caller is not just teasing.
E. A student tells you that another rider on the bus has been teasing her friend Margaret about her dad, who is in prison.
F. Several of your male high school riders have "nicknames" for some of the high school girls. You have overhead some of these names, and they refer to body parts or animals.
G. You strongly suspect that George is high on some type of drug. It is the afternoon route, and he is acting quite strangely. The other students are laughing at him.
H. Hubert has very bad body odor, and the other students object to sitting near him. They are not shy in voicing their objections.
I. Kay is in the class for students with emotional disabilities. Her behavioral intervention plan (BIP) says that you should allow her to sit on the front seat and that you should allow her to wear earphones and listen to her radio. She is having a really bad day, and when you remind her to keep her feet out of the aisle, she curses you.
J. Lonnie, who has a learning disability, was sitting with Louise. You check the bus after the students leave, and you find that the back of the seat, in front of where Lonnie was sitting, has been cut.

## Module 7, Practice Test 1: General Guidelines

## Circle the letter that goes with the best answer:

1. The term to be used to talk about students who have a limitation in mobility, hearing, vision, speech, or intellectual functioning is
A. handicapped students.
B. students with disabilities.
C. disabled students.
D. special education students.
2. All students with disabilities have
A. specialized transportation needs.
B. below average learning ability.
C. a need for special education or related services.
D. all of the above
3. The IEP is a plan that
A. the State requires for every public school student.
B. specifies what students with disabilities will be taught and what services will be provided.
C. tells the public about students with special needs.
D. is mainly concerned with specifying the special transportation services to students with disabilities.

## Write " $T$ " if the statement is true. Write " $F$ " if the statement is false.

$\qquad$ 4. Federal and state laws require that students with a disability be educated in special classes or special schools whenever possible.
$\qquad$ 5. Whenever possible, students with specialized transportation needs should be treated the same way you treat other students.
$\qquad$ 6. If a student requires specialized transportation services, the bus driver must be trained to give that service.
$\qquad$ 7. "IEP" stands for "individualized education program."

## Module 7, Practice Test 2: Driver Strategies and Responsibilities

## Circle the letter that goes with the best answer:

1. A good procedure to use with all students with disabilities is for the driver to be
A. relaxed about rules of conduct.
B. friends of the students.
C. really tolerant of misbehavior.
D. consistent.
2. The behavioral intervention plan (BIP) is written by
A. drivers and aides to help students behave on the bus.
B. transportation personnel to help students cope with school and bus riding.
C. parents and educators to help manage students' behavior at school and on the bus.
D. principals to punish misbehavior on the bus and at school.
3. Kaylan, a child with an orthopedic disability, complains of a bad pain in her tummy. You are on your way to her school. This is the first time she has complained. What is the best action?
A. Call her parents on the way to school to get their advice.
B. Call her parents after you get to school.
C. Tell her teacher, the school nurse, and your supervisor after you get to school.
4. It is legal to discuss a student and his or her disability with all persons listed below EXCEPT
A. the student's parents.
B. the student's teacher.
C. anyone employed by the school district.
D. your school bus aide.
5. The Vital Information on Pupils (VIP) form is important because it
A. gives the driver information he or she needs to provide safe transportation for the student.
B. documents the behavior of students on the bus.
C. gives the driver permission to transport and discipline students with special needs.
D. all of the above
6. Two records that must be kept on the bus are
A. the current IEP of all students and a copy of each child's behavior history.
B. the current IEP and the seating chart.
C. a current seating chart and the VIP form.
D. copies of all students' discipline referral forms and a seating chart.
7. The VIP form should include
A. the work and home phone numbers of parents.
B. the names of persons who are authorized to receive the child at the end of the day.
C. information about what to do if the child has a serious health emergency.
D. suggestions for managing students with serious behavior problems.
E. all of the above

## In-Service Unit 1, Practice Test: Universal Precautions

 Write " $T$ " if the statement is true. Write " $F$ " if the statement is false.$\qquad$ 1. The bus driver should read the Vital Information for Pupils form to learn which students are infected with HIV or HBV.
$\qquad$ 2. If you are exposed to blood or other potentially infectious materials on the job, your school district will provide you with an HBV vaccine for free.
$\qquad$ 3. When taking off gloves after cleaning up a body fluid spill, remove one glove and throw it away. Then remove the other glove.
$\qquad$ 4. To lessen your chances of getting an infectious disease, you should wash your hands often and well and keep them away from your face.

## Circle the letter that goes with the best answer:

5. Body fluids that carry blood-borne pathogens include all of the following EXCEPT
A. blood.
B. semen and vaginal secretions.
C. tears.
D. vomit where visible blood is present.
6. You can acquire an infectious disease when you
A. clean up infected blood with ungloved chapped hands.
B. injure yourself with broken glass that has been contaminated.
C. rub your eyes after touching a surface that was contaminated one week earlier.
D. all of the above
7. Practicing universal precautions means that you
A. always wear gloves when working with students with special needs.
B. avoid giving first aid to a student who is bleeding and may have an infectious disease.
C. think of all body fluids as dangerous and follow set procedures for cleaning up body fluids spills.
8. If you are accidentally exposed to a student's body fluids,
A. you should notify your supervisor and a school or district nurse immediately.
B. you should wash your hands as soon as possible.
C. your employer will provide you with a confidential medical exam.
D. all of the above
9. The best way to protect yourself and your riders against the spread of infectious disease is to
A. always wear disposable gloves when driving.
B. make sure your hands and the inside bus surfaces do not carry harmful pathogens.
C. be vaccinated for hepatitis B.
D. know which students are carriers and wear disposable gloves if you must touch them.

## In-Service Unit 2, Practice Test: First Aid

## Circle the letter that goes with the best answer:

1. The most important thing you can do to prepare yourself to handle medical emergencies on your bus is to
A. always be sure your hands are clean.
B. practice the universal precautions.
C. become Red Cross certified in CPR and first aid.
D. call EMS.
2. Before you begin to provide first aid to injured students on your bus, you must first
A. set priorities as to which injuries to care for first.
B. put on disposable gloves if there is any chance you will come in contact with a student's body fluids.
C. evacuate uninjured students.
D. stop heavy bleeding.
3. All of the following indicate a life-threatening illness or injury EXCEPT which one?
A. A student has no pulse.
B. Blood is spurting from a wound with every beat of the student's heart.
C. An unconscious student's skin is bluish around the lips.
D. A student has a seizure that lasts for 2 minutes.
4. In the case of a medical emergency, whoever is calling EMS should be able to tell the dispatcher
A. the phone number of the phone being used.
B. the number of victims.
C. the bus identification information.
D. the location of the emergency.
E. all of the above
5. If, after you have been applying pressure with a gauze pad to a bleeding wound for 5 minutes, the bleeding does not stop, which of the following should you NOT do?
A. remove the soaked pad and apply another one
B. elevate the injured area above the level of the heart, as long as there are no broken bones
C. apply a new sterile gauze pad on top of the original and maintain pressure
D. squeeze the nearby artery against the bone underneath
6. It is a good idea to give a student a soft drink if he or she is
A. showing signs of shock.
B. unconscious.
C. a known diabetic and tells you that he or she is feeling dizzy.
D. having a seizure.
7. You can protect from physical harm a student who is having a seizure by
A. placing something soft beneath his head.
B. holding the student in one position until the seizure is over.
C. timing the seizure and noting its characteristics.
D. all of the above
E. both A and C
8. A bee has stung a six-year-old boy. To find out if he is allergic, you should
A. check for this information on his Vital Information on Pupils form.
B. call his parents.
C. ask him.
D. wait five minutes to see if he becomes unconscious.
E. all of the above
9. A student on your morning route has accidentally punctured her hand with her pencil.

You should
A. call EMS.
B. do nothing until you get the student to school.
C. clean the wound and cover it with a sterile gauze pad.
D. notify school officials.
E. both B and D
F. both C and D

## Write " $T$ " if the statement is true. Write " $F$ " if the statement is false.

___10. A student does not have to be physically injured to suffer from shock.
11. The best way to check a student's pulse is to place two fingers on his or her wrist.
$\qquad$ 12. If pinching a student's nostrils does not stop a nosebleed, have him or her lie down.
$\qquad$ 13. If a student is choking and is coughing, it is best to have him or her stop coughing while you perform chest compressions.
$\qquad$ 14. If a student having a seizure is not known to have seizures, you should call EMS immediately.
$\qquad$ 15. A person's tongue is the most common cause of airway obstruction during a seizure.
$\qquad$ 16. If you suspect that a student is experiencing a drug overdose, you should try to get the student to vomit.
17. In the case of an accident in which you do not need to evacuate the bus, you should move the injured students to the front of the bus, away from the others.
18. If the first aid treatment you are using is causing the student pain, it should be a signal for you to stop.

## Answer Keys

## Module 1, Practice Test

1. Any of these are correct answers:

- has the knowledge and skill to drive the bus safely
- is dependable
- cares about children
- practices good judgment
- has a positive attitude
- stays calm
- is firm, fair, and consistent
- communicates clearly
- is free from the effects of alcohol, illegal and prescription drugs
- is clean, neat, and dressed appropriately

2. A. The S.C. Legislature - or the General Assembly, as the combined House and Senate is called in South Carolina-must approve the funding. The State Department of Education and the State Board of Education recommend the funding level, but the General Assembly actually determines how much money will be spent and allocates the money. Local school districts also contribute some of the costs of transporting students, including supplementing bus drivers' salaries, in most districts.
3. E.
4. B. The principal is responsible for his or her school grounds and for ensuring a safe loading and unloading area.
5. C. The school districts, through their transportation offices, must plan bus routes and hire and train bus drivers. The State Department of Education must approve the bus routes and assist in the training of bus drivers.
6. A. After the school year begins, the bus driver must report problems on the route. Before the start of a new school year, the local transportation office is responsible for inspecting the route and making sure it is safe.
7. B. Currently, South Carolina has no specific height and weight requirements. Districts may have specific requirements, however.
8. D. You do not have to pass a physical each year.

## Module 2, Practice Test 1: School Bus Inspections

1. All of these are correct answers:

- to protect students' health
- to reduce the possibility of accidents inside the bus
- to make it easier for students to follow the cleanliness rule
- to help students have a positive attitude about keeping the bus clean
- to project a favorable image of the school system to the community
- to prolong the life of the bus
- to make the bus and its warning lights and reflectors easier for others to see
- to make it easier for you to see through the mirrors and windows

2. All of these are correct answers:

- to comply with state regulations
- to keep the bus in a safe operating condition
- to prevent breakdowns
- to maintain the bus in an efficient operating condition
- to lower maintenance costs to preserve bus components
- to prolong the life of the bus
- to eliminate delays, inconveniences, frustrations for the driver

3. All of these are correct answers:
A. Listen for: engine knocking, clicking, or tapping; squeals or squeaks; loud exhaust; engine backfiring, missing, or popping
B. Look for: gauges, excessive smoke from exhaust, smoke from hood, smoke from dash, smoke or fire from tires
C. Feel for: excessive vibrations, shimmy, hard steering or steering wander, change in pedal tension
D. Smell for: fuel, burning rubber, burning oil, exhaust fumes
4. 4 Take the key with you.

1 S Set the parking brake.
3 Turn the ignition off.
2 Put the bus in neutral.
5 Drain the air tank.
5. Notify the maintenance shop and your supervisor immediately. Do not drive the bus.
6. If the problem does not require a service call, you should fill out the proper form and submit it to your supervisor and/or maintenance shop (according to district policy). Once the problem has been fixed, maintenance personnel will sign the form and return a copy to your bus center. You should check for this copy to be sure that the problem has been addressed.

## Module 2, Practice Test 2: Driving Fundamentals

## 1. True.

2. True.
3. False. Factories make no attempt to properly adjust the mirrors because the mirrors must be adjusted to fit each particular driver.
4. False. The crossover convex mirrors should never point upward but should be adjusted so that the drive can see part of the front bumper and the road in front of the bus.
5. True.
6. E. all of the above
7. D. Check mirrors at least twice before starting out.
8. A. The time it takes Joan to see, react, and apply the brakes.
9. D. both B and C
10. A. Tap brakes to warn other drivers you are planning to slow or stop.
11. B. right-most turning lane
12. A. turning wide as you go into the turn
13. D. at least 300 feet behind a bus and 4 seconds between your bus and a car
14. D. both A and B

## Module 2, Practice Test 3: Defensive Driving

1. C. A couple of beers have about the same effect as a couple of shots of whiskey.
2. C. Slow down so that you can increase your following distance. Option A might work, or it might simply confuse other vehicles. Option D is the last resort.
3. D. All of the statements are true.
4. B. You should use the braking effect of your engine by placing the bus in low gear before starting down the hill or mountain.
5. C. Drive with your lights on dim when you need to reduce the glare for drivers in other vehicles.
6. D. All three (A, B, and C) might cause a bus to hydroplane.
7. A. You should drive no faster than the speed that will allow you to stop within 200 feet.
8. B. Brake fade is when you have to apply more and more pressure to the pedal to get the same braking power
9. C. You should turn the steering wheel left, counter steer, and keep your foot off the accelerator and brake.
10. A. A road surface with wet ice or wet snow is the slickest.
11. D. both B and C

Module 2, Intersections: Choosing the Correct Turns


## Module 3, Practice Test

1. A.
2. D. None of the above. When the air pressure warning light comes on, you should immediately find a safe place and stop the bus by using your service brake.
3. B.
4. E. The brakes must be in adjustment for the service, parking, and emergency brakes to work properly
5. A. They are automatically activated by the loss of air pressure.
6. C.
7. D.
8. A.
9. D.
10. C.
11. B.
12. C.
13. A.
14. D.
15. B.
16. B.

## Module 3, Parts of the S-Cam Brake



## Module 4, Practice Test 1: Loading and Unloading

1. True.
2. False. A driver may make a change to a route only in the case of an emergency.
3. False. You should stop 10 to 15 feet before reaching the waiting students.
4. False. Never stick your arm out the window or wave to students. Use your right arm. Make eye contact with the students, point to them with an open hand, and direct them across the across the road with a slow sweeping motion of your right arm across the windshield
5. False. You should take a good look around; if the student is not in sight, continue on your route.
6. False. You may let a student off at another stop only if your supervisor or a school official informs you of the change. Parents must make such requests to school officials in writing.
7. True. Students must remain 10 feet from the front and sides of the bus. Students must never go behind the bus.
8. C.
9. C.
10. A.
11. A. and C.
12. D.
13. D.

## Module 4, Practice Test 2: Railroad Crossings/Backing

1. False. The driver should activate the amber hazard lights 100 to 300 feet before the stop.
2. False. The service brakes should be applied if a train is not approaching. If a train is approaching, the driver should apply the parking brakes.
3. False. It is important to stop more than 15 feet from the track.
4. True.
5. False. The drivers should stop only once before multiple tracks.
6. True.
7. True. Then the driver may attempt to restart the bus after all students are safely off.
8. C .
9. C. avoid backing
10. B. It will increase the stopping distance by four times.
11. D. You can never legally drive a school bus faster than 55 mph .
12. C. If the driver of the stopped school bus signals that it is OK to pass.

## Module 4, Practice Test 3: Field Trip Procedures

1. All of the following and other reasonable answers are correct:

- get and review maps of the route
- practice driving the bus you will use for the trip if it is not your usual one
- get a credit card
- give a copy of your bus rules to the teachers and ask them to teach the rules to students
- review and update your emergency information packet
- ask teachers to choose three or four students to help in case of an emergency
- make sure you know exactly where you are to park

2. All of the following and other reasonable answers are correct:

- review procedures with your student helpers
- review procedures with the adults
- store equipment properly
- check to make sure all the riders are authorized to ride the bus
- review rules with all riders
- point out emergency exits to all riders.

3. Luggage and equipment must be secured and cannot interfere with any exit or block the aisle or your view from the rearview mirror. Normally these items will be stored in the rear seats.
4. All of the following, as well as other things, can increase the chance of an accident:

- The area is congested, the streets are extremely narrow, and many of them are quite rough.
- Many streets in the area are one-way.
- Parking in the area is extremely scarce.
- Students are likely to be excited during the trip and to be either elated or disappointed on the way home, making behavior a problem.
- Because of the number of hours students will spend on the bus, the chance of a student's becoming ill increases.
- You may be transporting equipment.
- Your passengers may be teachers and students who are not accustomed to riding the bus.


## Module 5, Practice Test 1: Emergency Evacuations

1. A. Front door exits are most common in emergency evacuations.
2. C. Students are never to place emergency triangles nor use the fire extinguisher.
3. C. When the threat of fire exists, always evacuate students first before taking any other action.
4. D.
5. Any four of these can be listed as reasons to evacuate:

- The threat of fire exists.
- The bus has broken down on a railroad track.
- The bus has broken on a blind curve or over the crest of a hill.
- A danger from toxic fumes or gas exists.
- The bus might roll over or run down a steep incline or be submerged.


## Module 5, Practice Test 2: Accident Procedures

1. A. Improper turning and the driver's being distracted are problems reportedly contributing to crashes; however, the single most frequently reported error resulting in a collision was misjudging distance.
2. B. The fire extinguisher is seldom used by drivers who, correctly, are more concerned with seeing that students are safely evacuated. The extinguisher is certainly not sufficient to stop all bus fires.
3. A. The first consideration after an accident is to try to keep another accident from happening.
4. A. After turning on your hazard lights to warn others, your next step should be to see if anyone is injured.
5. B. It is best to avoid discussing the cause of the collision, even if you believe you may have contributed to the cause of the collision. Do not discuss the causes of the crash until you have talked with the trained professionals who have much more experience at determining causes of crashes.
6. C. The School Bus Accident/Incident Report must be submitted to the county supervisor of transportation no later than the end of the next school day following the accident.
7. C. Ask the parent to wait until the accident is investigated. If the parent insists on taking her child home, be sure to record this information.
8. D. Emergency triangles should be used any time passing motorists need to be warned of potential danger from your stopped bus.
9. 3 Place reflective triangles to warn the motorists.

1 Secure the bus.
4 Finish your route as soon as the bus is replaced or repaired.
2 Call maintenance and tell them your location.
10. 4 Call the appropriate transportation official.

2 Secure the Bus.

1 Protect the area.
3 Check on the condition of your passengers and the passengers in the car you hit.
11. C. In all other cases, you should wait until the investigating officers arrive before moving the bus.

## Module 5, Practice Test 3: Critical Situations

1. A. Apply your service brakes and look for a place to stop.
2. D. Shift to neutral, apply your brakes, and find a safe place to stop. By shifting to neutral, you will disengage the accelerator.
3. D. When a tire blows out, step on the accelerator so you can regain control of the bus.
4. A. Evacuate students, using the exits away from the smoke and fire.
5. A. Controlled braking is to be used when you must stop quickly on roads that are not slick.

## Module 6, Practice Test 1: Communicating

1. False. When you repeat a person's concern, the person is calmed by knowing that you listened.
2. False. No persons other than students and authorized personnel are allowed to board the bus. Never allow an angry parent to do so.
3. True. It is easy to forget or to give the wrong information.
4. B. Supervisors, school personnel, and parents are much more likely to want to please you if you do your job well.
5. C. You should arrange for her to meet with you either at the school's office or the bus supervisor's office.

## Module 6, Practice Test 2: Managing Student Behavior

1. False. The driver is required to report any suspected abuse to appropriate school authorities.
2. False. Students who need kindness the most are generally the least able to return the kindness.
3. True. We all like to be greeted by name.
4. False.
5. False. Tell Bill what you want him to do rather than threaten him.

## 6. True.

7. False. The driver should never put a student off the bus en route.
8. True.
9. False. You should have another adult as witness, but the other adult can be an aide or another bus driver.
10. False. This is a type of sexual harassment and should be dealt with immediately. You should issue a warning to the student, record the incident, and discuss it with your principal and supervisor.
11. D.
12. A. Stop the bus until you calm down. You should not punish all the students by holding them until you get someone to confess or identify the culprit. You should never continue driving while you are angry. Of course, you would never ignore such behavior. Note: Find the ball and keep it. Remind all students how dangerous a ball on a bus is because it can get lodged beneath the brake pedal.
13. B. Repeat your request. Do not argue with him. Use the instant replay. 1
14. D. All the above are needed for an effective set of rules.
15. B. This choice is best because you are specific about the behavior that you are recognizing.
16. C. Because you did not actually witness the incident, you cannot write a disciplinary referral. You can only document the incident.
17. C. The courts consider how much harm the incident has caused. They do not consider the gender of the victim or the accused.
18. A. All threats of bodily harm should be treated seriously, with a referral to proper authorities.

## Module 7, Practice Test 1: General Guidelines

## 1. B.

2. C.
3. B. An IEP specifies what a student with a disability will be taught and what related services will be provided to him or her.
4. False. Federal and state laws require that students with a disability be educated with nondisabled students whenever possible.

## 5. True.

6. True. The bus driver must be trained to provide specialized services, and the fact that he or she has had this training must be documented.

## 7. True.

## Module 7, Practice Test 2: Driver Strategies and Responsibilities

1. D.
2. C. A behavioral intervention plan (BIP) is required for ALL students with serious emotional disabilities and for some other students with disabilities. The students' teachers and bus drivers use it. It is written by the same committee of educators and parents who write the IEP because it is part of the IEP.
3. C. Choice A is not appropriate because to make this call would require that you find a safe place to stop and that you obtain by phone quick advice before you get to school (highly unlikely). Choice $\mathbf{B}$ is not correct because it is not your responsibility to decide if Kaylan's parents are called. It is your responsibility, once you get to school, to take her to the nurse or her teacher for help.
4. C. Only those school district employees who are entitled to such personal information can legally have it.
5. A. The purpose of the form is to provide information to the driver about the special transportation needs of the students. It serves no other purpose.
6. C. The VIP form must be provided each driver who transports a student requiring extra help or having a special health need. This form and the current seating chart should always be kept on the bus. The IEPs are lengthy documents, the contents of which are confidential. Only the information from the IEP that deals with transportation should be given to the bus driver, never the entire document.
7. E. All the information listed and more.

## In-Service Unit 1, Practice Test: Universal Precautions

1. False. You will not be told if a student is infected with HIV or HBV.

## 2. True.

3. False. Peel one glove off from top to bottom and hold it in the gloved hand. With the exposed hand, peel the second glove from the inside, tucking the first glove inside the second. Dispose of the gloves in a plastic bag.

## 4. True.

5. C.
6. D.
7. C.
8. D.
9. B.

## In-Service Unit 2, Practice Test: First Aid

1. C. This is the best preparation a driver can have for handling medical emergencies on the bus.
2. B. The first thing the driver should do is to practice the universal precautions by putting on disposable gloves. Checking the scene to find out about the extent and nature of the injuries may put the driver in contact with body fluids.
3. D. A seizure does not usually indicate a life-threatening condition. If the student does not regain consciousness within a few minutes, the situation could be lifethreatening, however.
4. E. both A and C
5. A. You should never remove a blood-soaked bandage from a wound.
6. C. You can give a known diabetic who is conscious (the student tells you he or she is feeling dizzy) fruit juice or a soft drink that contains sugar to protect against diabetic shock. In none of the other cases should a student be given something to drink.
7. E. You should not restrain a student who is having a seizure.
8. A. The best way to find out is to check for the information on the Vital Information on Pupils form. Asking a student is also a good idea. But especially with young children, you will want to verify that they are not allergic by checking the form.
9. F. You should clean the wound and cover it with a sterile gauze pad, even if the wound does not seem serious. You also need to notify school officials.
10. True. People suffering from psychological trauma can also go into shock.
11. False. Check the pulse by placing fingers on the neck, near the Adam's apple.
12. False. A student with a nosebleed should have his or her head and shoulders elevated.
13. False. If a conscious student is choking and is able to cough, have him or her continue to cough until the object is dislodged.

## 14. True.

15. True.
16. False. You should not induce vomiting unless instructed to do so by medical personnel.
17. False. You should not move any injured victims except in cases of extreme emergency, similar to those that would require you to evacuate the bus.
18. True. If the treatment you are using on a student is painful, stop the treatment.

## NOTES:

NOTES:

# South Carolina Department of Education School Bus Driver Training Assessment Test Score Sheet 

Name $\qquad$ School District

Date $\qquad$ Class Location $\qquad$ Test $\qquad$

Fill in the correct answer as in the example.
$\begin{array}{ccccc} & A & B & C & D \\ \text { Example } & 0 & O & 0 & \bullet\end{array}$

|  | A | B | C | D |  | A | B | C | D |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 0 | 0 | 0 | 0 | 26 | 0 | 0 | 0 | 0 |
| 2 | 0 | 0 | 0 | 0 | 27 | 0 | 0 | 0 | 0 |
| 3 | 0 | 0 | 0 | 0 | 28 | 0 | 0 | 0 | 0 |
| 4 | 0 | 0 | 0 | 0 | 29 | 0 | 0 | 0 | 0 |
| 5 | 0 | 0 | 0 | 0 | 30 | 0 | 0 | 0 | 0 |
| 6 | 0 | 0 | 0 | 0 | 31 | 0 | 0 | 0 | 0 |
| 7 | 0 | 0 | 0 | 0 | 32 | 0 | 0 | 0 | 0 |
| 8 | 0 | 0 | 0 | 0 | 33 | 0 | 0 | 0 | 0 |
| 9 | 0 | 0 | 0 | 0 | 34 | 0 | 0 | 0 | 0 |
| 10 | 0 | 0 | 0 | 0 | 35 | 0 | 0 | 0 | 0 |
| 11 | 0 | 0 | 0 | 0 | 36 | 0 | 0 | 0 | 0 |
| 12 | 0 | 0 | 0 | 0 | 37 | 0 | 0 | 0 | 0 |
| 13 | 0 | 0 | 0 | 0 | 38 | 0 | 0 | 0 | 0 |
| 14 | 0 | 0 | 0 | 0 | 39 | 0 | 0 | 0 | 0 |
| 15 | 0 | 0 | 0 | 0 | 40 | 0 | 0 | 0 | 0 |
| 16 | 0 | 0 | 0 | 0 | 41 | 0 | 0 | 0 | 0 |
| 17 | 0 | 0 | 0 | 0 | 42 | 0 | 0 | 0 | 0 |
| 18 | 0 | 0 | 0 | 0 | 43 | 0 | 0 | 0 | 0 |
| 19 | 0 | 0 | 0 | 0 | 44 | 0 | 0 | 0 | 0 |
| 20 | 0 | 0 | 0 | 0 | 45 | 0 | 0 | 0 | 0 |
| 21 | 0 | 0 | 0 | 0 | 46 | 0 | 0 | 0 | 0 |
| 22 | 0 | 0 | 0 | 0 | 47 | 0 | 0 | 0 | 0 |
| 23 | 0 | 0 | 0 | 0 | 48 | 0 | 0 | 0 | 0 |
| 24 | 0 | 0 | 0 | 0 | 49 | 0 | 0 | 0 | 0 |
| 25 | 0 | 0 | 0 | 0 | 50 | 0 | 0 | 0 | 0 |

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